



*Prayer During the Day on Wednesday*

Wednesday, 2 October 2024

### **Preparation**

O God, make speed to save us.

*All*

**O Lord, make haste to help us.**

Make me to know your ways, O Lord,

*All*

**and teach me your paths.**

*Psalm 25.3*

### **Praise**

*A hymn, song, canticle, extempore praise, or*

You, Christ, are the King of glory,

the eternal Son of the Father.

When you took our flesh to set us free

you humbly chose the Virgin's womb.

You overcame the sting of death

and opened the kingdom of heaven to all believers.

You are seated at God's right hand in glory.

*from Te Deum Laudamus*

### **The Word of God**

*Psalmody*

Either, on any Wednesday Psalm 48

Or, Week 3 Psalm 45

Alternatively, when Morning and Evening Prayer are also celebrated, [one of these cycles](#) may be followed.

# Psalm 48

Refrain: We have waited on your loving-kindness, O God.

- 1 Great is the Lord and highly to be praised, □  
in the city of our God.
- 2 His holy mountain is fair and lifted high, □  
the joy of all the earth.
- 3 On Mount Zion, the divine dwelling place, □  
stands the city of the great king.
- 4 In her palaces God has shown himself □  
to be a sure refuge.
- 5 For behold, the kings of the earth assembled □  
and swept forward together.
- 6 They saw, and were dumbfounded; □  
dismayed, they fled in terror.
- 7 Trembling seized them there;  
they writhed like a woman in labour, □  
as when the east wind shatters the ships of Tarshish.
- 8 As we had heard, so have we seen  
in the city of the Lord of hosts, the city of our God: □  
God has established her for ever.
- 9 We have waited on your loving-kindness, O God, □  
in the midst of your temple.
- 10 As with your name, O God,  
so your praise reaches to the ends of the earth; □  
your right hand is full of justice.
- 11 Let Mount Zion rejoice and the daughters of Judah be glad, □  
because of your judgements, O Lord.
- 12 Walk about Zion and go round about her;  
count all her towers; □  
consider well her bulwarks; pass through her citadels,
- 13 That you may tell those who come after  
that such is our God for ever and ever. □

(or)

## Psalm 45

- 1 My heart is astir with gracious words; □  
as I make my song for the king,  
my tongue is the pen of a ready writer.
- 2 You are the fairest of men; □  
full of grace are your lips,  
for God has blest you for ever.
- 3 Gird your sword upon your thigh, O mighty one; □  
gird on your majesty and glory.
- 4 Ride on and prosper in the cause of truth □  
and for the sake of humility and righteousness.
- 5 Your right hand will teach you terrible things; □  
your arrows will be sharp in the heart of the king's enemies,  
so that peoples fall beneath you.
- 6 Your throne is God's throne, for ever; □  
the sceptre of your kingdom is the sceptre of righteousness.
- 7 You love righteousness and hate iniquity; □  
therefore God, your God, has anointed you  
with the oil of gladness above your fellows.
- 8 All your garments are fragrant with myrrh, aloes and cassia; □  
from ivory palaces the music of strings makes you glad.
- 9 Kings' daughters are among your honourable women; □  
at your right hand stands the queen in gold of Ophir.
- 10 Hear, O daughter; consider and incline your ear; □  
forget your own people and your father's house.
- 11 So shall the king have pleasure in your beauty; □  
he is your lord, so do him honour.
- 12 The people of Tyre shall bring you gifts; □  
the richest of the people shall seek your favour.
- 13 The king's daughter is all glorious within; □  
her clothing is embroidered cloth of gold.
- 14 She shall be brought to the king in raiment of needlework; □

Each psalm or group of psalms may end with

All

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

*Short readings*

*Week Three*

Jesus went about all the cities and villages, teaching in their synagogues, and proclaiming the good news of the kingdom, and curing every disease and every sickness. When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, 'The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest.'

*Matthew 9.35-end*

*Or, on any Wednesday*

The earth will be filled with the knowledge of the glory of the Lord, as the waters cover the sea.

*Habakkuk 2.14*

## **Response**

*Silence, study, song, or words from Scripture, such as*

Jesus said, I am the way, and the truth, and the life.

All

**No one comes to the Father except through me.**

*John 14.6*

## **Prayers**

*Prayers may include these concerns:*

- ¶ *The social services*
- ¶ *All who work in the criminal justice system*
- ¶ *Victims and perpetrators of crime*
- ¶ *The work of aid agencies throughout the world*
- ¶ *Those living in poverty or under oppression*

*A form of intercession found [here](#) may be used.*

*Either, the following prayer is said*

O Lord our God,  
grant us grace to desire you with our whole heart;  
that so desiring, we may seek and find you;  
and so finding, may love you;  
and so loving, may hate those sins from which  
you have delivered us;  
through Jesus Christ our Lord.

*All*

**Amen.**

*Anselm (1109)*

*Or, the Collect of the day is said*

Almighty and everlasting God,  
increase in us your gift of faith  
that, forsaking what lies behind  
and reaching out to that which is before,  
we may run the way of your commandments  
and win the crown of everlasting joy;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

All Amen.

*The Lord's Prayer is said.*

(Either)

As our Saviour taught us, so we pray

All

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

(or)

Let us pray with confidence as our Saviour has taught us

All

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

## **The Conclusion**

May God grant to the world justice, truth and peace.

All

**Amen.**

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