

¶ Evening Prayer on Monday

Monday, 3 February 2025

**Anskar, Archbishop of Hamburg, Missionary in Denmark and Sweden, 865 [Lesser
Festival]**

Preparation

O God, make speed to save us.

All O Lord, make haste to help us.

[The Blessing of Light \(page 110\)](#) may replace the Preparation at Evening Prayer on any occasion.

One or more of the following is said or sung:

A prayer of thanksgiving (page 110),

Blessed are you, Lord God, creator of day and night:

to you be praise and glory for ever.

As darkness falls you renew your promise

to reveal among us the light of your presence.

By the light of Christ, your living Word,

dispel the darkness of our hearts

that we may walk as children of light

and sing your praise throughout the world.

Blessed be God, Father, Son and Holy Spirit:

All Blessed be God for ever.

or a suitable hymn,

or A Song of God's Greatness

1 Bless the Lord, O my soul. □

O Lord my God, how excellent is your greatness!

2You are clothed with majesty and honour, ☩
wrapped in light as in a garment.

3The sun knows the time for its setting. ☩
You make darkness that it may be night.

4O Lord, how manifold are your works! ☩
In wisdom you have made them all;
the earth is full of your creatures.

5When you send forth your spirit, they are created, ☩
and you renew the face of the earth.

6May the glory of the Lord endure for ever; ☩
may the Lord rejoice in his works;

7I will sing to the Lord as long as I live; ☩
I will make music to my God while I have my being.

Psalm 104.1, 2, 21b, 22a, 26, 32, 33, 35

AllGlory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

This opening prayer may be said

That this evening may be holy, good and peaceful,
let us pray with one heart and mind.

Silence is kept.

As our evening prayer rises before you, O God,
so may your mercy come down upon us
to cleanse our hearts
and set us free to sing your praise
now and for ever.
AllAmen.

The Word of God

Psalmody

The appointed psalmody is said.

Psalm 4

Refrain: In peace I will lie down and sleep.

1 Answer me when I call, O God of my righteousness; □

you set me at liberty when I was in trouble;

have mercy on me and hear my prayer.

2 How long will you nobles dishonour my glory; □

how long will you love vain things and seek after falsehood?

3 But know that the Lord has shown me his marvellous kindness; □

when I call upon the Lord, he will hear me.

4 Stand in awe, and sin not; □

commune with your own heart upon your bed, and be still. R

5 Offer the sacrifices of righteousness □

and put your trust in the Lord.

6 There are many that say, 'Who will show us any good?' □

Lord, lift up the light of your countenance upon us.

7 You have put gladness in my heart, □

more than when their corn and wine and oil increase.

8 In peace I will lie down and sleep, □

for it is you Lord, only, who make me dwell in safety.

Refrain: In peace I will lie down and sleep.

Give us today, O God,

a glad heart and a clear conscience,

that when we come to this day's end

we may rest in peace with Christ our Lord.

Psalm 7

Refrain: Give judgement for me
according to my righteousness, O Lord.

1 O Lord my God, in you I take refuge; □
save me from all who pursue me, and deliver me,

2 Lest they rend me like a lion and tear me in pieces □
while there is no one to help me.

3 O Lord my God, if I have done these things: □
if there is any wickedness in my hands,

4 If I have repaid my friend with evil, □
or plundered my enemy without a cause,

5 Then let my enemy pursue me and overtake me, □
trample my life to the ground,
and lay my honour in the dust. R

6 Rise up, O Lord, in your wrath;
lift yourself up against the fury of my enemies. □
Awaken, my God, the judgement that you have commanded.

7 Let the assembly of the peoples gather round you; □
be seated high above them: O Lord, judge the nations.

8 Give judgement for me
according to my righteousness, O Lord, □
and according to the innocence that is in me.

9 Let the malice of the wicked come to an end,
but establish the righteous; □
for you test the mind and heart, O righteous God. R

10 God is my shield that is over me; □
he saves the true of heart.

11 God is a righteous judge; □
he is provoked all day long.

12 If they will not repent, God will whet his sword; □
he has bent his bow and made it ready.

13 He has prepared the weapons of death; □

he makes his arrows shafts of fire. R

14 Behold those who are in labour with wickedness, □

who conceive evil and give birth to lies.

15 They dig a pit and make it deep □

and fall into the hole that they have made for others.

16 Their mischief rebounds on their own head; □

their violence falls on their own scalp.

17 I will give thanks to the Lord for his righteousness, □

and I will make music to the name of the Lord Most High.

Refrain: Give judgement for me

according to my righteousness, O Lord.

Lord, your justice turns evil on itself:

move us to examine our hearts

and repent of all duplicity;

for the sake of Jesus Christ,

our Judge and righteous Saviour.

Each psalm or group of psalms may end with

All Glory to the Father and to the Son

and to the Holy Spirit;

as it was in the beginning is now

and shall be for ever. Amen.

If there are two Scripture readings, the first may be read here, or both may be read after the canticle.

Exodus 22.21-27, 23.1-17

You shall not wrong or oppress a resident alien, for you were aliens in the land of Egypt. You shall not abuse any widow or orphan. If you do abuse them, when they cry out to me, I will surely heed their cry; my wrath will burn, and I will kill you with the sword, and your wives shall become widows and your children orphans.

If you lend money to my people, to the poor among you, you shall not deal with them as a creditor; you shall not exact interest from them. If you take your neighbour's cloak in pawn, you shall restore it before the sun goes down; for it may be your neighbour's only clothing to use as cover; in what else shall that person sleep? And if your neighbour cries out to me, I will listen, for I am compassionate.

You shall not spread a false report. You shall not join hands with the wicked to act as a malicious witness. You shall not follow a majority in wrongdoing; when you bear witness in a lawsuit, you shall not side with the majority so as to pervert justice; nor shall you be partial to the poor in a lawsuit.

When you come upon your enemy's ox or donkey going astray, you shall bring it back.

When you see the donkey of one who hates you lying under its burden and you would hold back from setting it free, you must help to set it free.

You shall not pervert the justice due to your poor in their lawsuits. Keep far from a false charge, and do not kill the innocent or those in the right, for I will not acquit the guilty. You shall take no bribe, for a bribe blinds the officials, and subverts the cause of those who are in the right.

You shall not oppress a resident alien; you know the heart of an alien, for you were aliens in the land of Egypt.

For six years you shall sow your land and gather in its yield; but the seventh year you shall let it rest and lie fallow, so that the poor of your people may eat; and what they leave the wild animals may eat. You shall do the same with your vineyard, and with your olive orchard.

For six days you shall do your work, but on the seventh day you shall rest, so that your ox and your donkey may have relief, and your home-born slave and the resident alien may be refreshed. Be attentive to all that I have said to you. Do not invoke the names of other gods; do not let them be heard on your lips.

Three times in the year you shall hold a festival for me. You shall observe the festival of unleavened bread; as I commanded you, you shall eat unleavened bread for seven days at the appointed time in the month of Abib, for in it you came out of Egypt.

No one shall appear before me empty-handed.

You shall observe the festival of harvest, of the first fruits of your labour, of what you sow in the field. You shall observe the festival of ingathering at the end of the year, when you gather in from the field the fruit of your labour. Three times in the year all your males shall appear before the Lord God.

Canticle

A Song of God's Grace, or another suitable canticle, for example, [number 58 \(page 615\)](#), may be said

Refrain:

All
The glorious grace of God
is freely bestowed on us in the Beloved.

1
Blessed are you,
the God and Father of our Lord Jesus Christ, ☩
for you have blest us in Christ Jesus
with every spiritual blessing in the heavenly places.

2
You chose us to be yours in Christ
before the foundation of the world, ☩
that we should be holy and blameless before you.

3In love you destined us for adoption as your children,
through Jesus Christ, □
according to the purpose of your will,

4To the praise of your glorious grace, □
which you freely bestowed on us in the Beloved.

5In you, we have redemption
through the blood of Christ, □
the forgiveness of our sins,

6According to the riches of your grace, □
which you have lavished upon us.

7You have made known to us, in all wisdom and insight, □
the mystery of your will,

8According to your purpose
which you set forth in Christ, □
as a plan for the fullness of time,

9To unite all things in Christ, □
things in heaven and things on earth.

Ephesians 1.3-10

AllGlory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

AllThe glorious grace of God
is freely bestowed on us in the Beloved.

Scripture Reading

One or more readings appointed for the day are read.

The reading(s) may be followed by a time of silence.

Philippians 1.1-11

Paul and Timothy, servants of Christ Jesus,

To all the saints in Christ Jesus who are in Philippi, with the bishops and deacons:

Grace to you and peace from God our Father and the Lord Jesus Christ.

I thank my God every time I remember you, constantly praying with joy in every one of my prayers for all of you, because of your sharing in the gospel from the first day until now. I am confident of this, that the one who began a good work among you will bring it to completion by the day of Jesus Christ. It is right for me to think this way about all of you, because you hold me in your heart, for all of you share in God's grace with me, both in my imprisonment and in the defence and confirmation of the gospel. For God is my witness, how I long for all of you with the compassion of Christ Jesus. And this is my prayer, that your love may overflow more and more with knowledge and full insight to help you to determine what is best, so that on the day of Christ you may be pure and blameless, having produced the harvest of righteousness that comes through Jesus Christ for the glory and praise of God.

A suitable song or chant, or a responsory in this or another form, may follow

Trust in the Lord with all your heart;

and be not wise in your own sight.

All Trust in the Lord with all your heart;

and be not wise in your own sight.

In all your ways acknowledge him

and he will make straight your paths.

All Trust in the Lord with all your heart.

Glory to the Father and to the Son and to the Holy Spirit.

All Trust in the Lord with all your heart;

and be not wise in your own sight.

from Proverbs 3

Gospel Cantic

The Magnificat (The Song of Mary) is normally said,

or [A Song of the Blessed \(page 606\)](#) may be said

Refrain:

All How beautiful on the mountains

are the feet of those who bring good news and proclaim

the gospel of peace.

1 My soul proclaims the greatness of the Lord,

my spirit rejoices in God my Saviour; ☩

he has looked with favour on his lowly servant.

2From this day all generations will call me blessed; □
the Almighty has done great things for me
and holy is his name.

3He has mercy on those who fear him, □
from generation to generation.

4He has shown strength with his arm □
and has scattered the proud in their conceit,

5Casting down the mighty from their thrones □
and lifting up the lowly.

6He has filled the hungry with good things □
and sent the rich away empty.

7He has come to the aid of his servant Israel, □
to remember his promise of mercy,

8The promise made to our ancestors, □
to Abraham and his children for ever.

Luke 1.46-55

AllGlory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

Refrain:

AllHow beautiful on the mountains
are the feet of those who bring good news and proclaim
the gospel of peace.

Prayers

Thanksgiving may be made for the day.

Intercessions are offered

¶ for peace

¶ for individuals and their needs

Prayers may include the following concerns from the [cycle on pages 362–363](#)

- ¶ The media and the arts
- ¶ Farming and fishing
- ¶ Commerce and industry
- ¶ Those whose work is unfulfilling, stressful or fraught with danger
- ¶ All who are unemployed

One of the forms of prayer found [on pages 362–371](#) may be used.

These responses may be used

Lord, in your mercy

hear our prayer

(or)

Lord, hear us.

Lord, graciously hear us.

Silence may be kept.

The Collect of the day is said

God of grace and might,

who sent your servant Anskar

to spread the gospel to the Nordic peoples:

raise up, we pray, in our generation

messengers of your good news

and heralds of your kingdom

that the world may come to know

the immeasurable riches of our Saviour Jesus Christ,

who is alive and reigns with you,

in the unity of the Holy Spirit,

one God, now and for ever.

AllAmen.

The Lord's Prayer is said

As our Saviour taught us, so we pray

AllOur Father in heaven,

hallowed be your name,

your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.

(or)

Let us pray with confidence as our Saviour has taught us

All Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

The Conclusion

All The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with us all evermore.
Amen.

Let us bless the Lord.

All Thanks be to God.

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