

☩ Morning Prayer on Tuesday

Tuesday, 4 February 2025

Gilbert of Sempringham, Founder of the Gilbertine Order, 1189 [Commemoration]

Preparation

O Lord, open our lips

And our mouth shall proclaim your praise.

[The Acclamation of Christ at the Dawning of the Day \(page 108\)](#) may replace the Preparation as the start of Morning Prayer on any occasion.

One or more of the following is said or sung:

One of these prayers of thanksgiving (page 109),

Blessed are you, Sovereign God, creator of all,
to you be glory and praise for ever.

You founded the earth in the beginning
and the heavens are the work of your hands.

In the fullness of time you made us in your image,
and in these last days you have spoken to us
in your Son Jesus Christ, the Word made flesh.

As we rejoice in the gift of your presence among us
let the light of your love always shine in our hearts,
your Spirit ever renew our lives
and your praises ever be on our lips.

Blessed be God, Father, Son and Holy Spirit.

All Blessed be God for ever.

(or)

Blessed are you, creator of all,
to you be praise and glory for ever.

As your dawn renews the face of the earth
bringing light and life to all creation,

may we rejoice in this day you have made;
as we wake refreshed from the depths of sleep,
open our eyes to behold your presence
and strengthen our hands to do your will,
that the world may rejoice and give you praise.
Blessed be God, Father, Son and Holy Spirit.
All Blessed be God for ever.

after Lancelot Andrewes (1626)

or a suitable hymn,

or A Song of God's Righteousness

1 Bless the Lord, O my soul, □
and all that is within me bless his holy name.

2 Bless the Lord, O my soul, □
and forget not all his benefits;

3 Who forgives all your sins □
and heals all your infirmities;

4 Who redeems your life from the Pit □
and crowns you with faithful love and compassion;

5 Who satisfies you with good things, □
so that your youth is renewed like an eagle's.

6 The Lord executes righteousness □
and judgement for all who are oppressed.

7 He made his ways known to Moses □
and his works to the children of Israel.

8 The Lord has established his throne in heaven, □
and his kingdom has dominion over all.

9 Bless the Lord, you angels of his, □
you mighty ones who do his bidding
and hearken to the voice of his word.

10 Bless the Lord, all you his hosts, □
you ministers of his who do his will.

11 Bless the Lord, all you works of his,
in all places of his dominion; ☩
bless the Lord, O my soul.

Psalm 103.1-7, 19-22

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

This opening prayer may be said

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever.

All Amen.

The Word of God

Psalmody

The appointed psalmody is said.

Psalm 5

Refrain: You, O Lord, will bless the righteous.

1 Give ear to my words, O Lord; ☩
consider my lamentation.

2 Hearken to the voice of my crying, my King and my God, ☩
for to you I make my prayer.

3 In the morning, Lord, you will hear my voice; □

early in the morning I make my appeal to you, and look up.

4 For you are the God who takes no pleasure in wickedness; □

no evil can dwell with you. R

5 The boastful cannot stand in your sight; □

you hate all those that work wickedness.

6 You destroy those who speak lies; □

the bloodthirsty and deceitful the Lord will abhor.

7 But as for me, through the greatness of your mercy,

I will come into your house; □

I will bow down towards your holy temple in awe of you. R

8 Lead me, Lord, in your righteousness,

because of my enemies; □

make your way straight before my face.

9 For there is no truth in their mouth,

in their heart is destruction, □

their throat is an open sepulchre,

and they flatter with their tongue.

10 Punish them, O God; □

let them fall through their own devices.

11 Because of their many transgressions cast them out, □

for they have rebelled against you. R

12 But let all who take refuge in you be glad; □

let them sing out their joy for ever.

13 You will shelter them, □

so that those who love your name may exult in you.

14 For you, O Lord, will bless the righteous; □

and with your favour you will defend them as with a shield.

Refrain: You, O Lord, will bless the righteous.

Lord, protect us from the deceit
of flattering tongues and lying lips;
give us words of life which speak your truth
and bless your name;
through Jesus Christ our Lord.

Psalm 6

Refrain: Turn again, O Lord, and deliver my soul.

1 O Lord, rebuke me not in your wrath; □
neither chasten me in your fierce anger.

2 Have mercy on me, Lord, for I am weak; □
Lord, heal me, for my bones are racked.

3 My soul also shakes with terror; □
how long, O Lord, how long?

4 Turn again, O Lord, and deliver my soul; □
save me for your loving mercy's sake.

5 For in death no one remembers you; □
and who can give you thanks in the grave?

6 I am weary with my groaning; □
every night I drench my pillow
and flood my bed with my tears.

7 My eyes are wasted with grief □
and worn away because of all my enemies. R

8 Depart from me, all you that do evil, □
for the Lord has heard the voice of my weeping.

9 The Lord has heard my supplication; □
the Lord will receive my prayer.

10 All my enemies shall be put to shame and confusion; □
they shall suddenly turn back in their shame.

Refrain: Turn again, O Lord, and deliver my soul.

Lord Jesus Christ,
may the tears shed in your earthly life
be balm for all who weep,
and may the prayers of your pilgrimage
give strength to all who suffer;
for your mercy's sake.

Psalm (8)

A second version of Psalm 8 can be found [here](#).

1 *O Lord our governor,* ☐

how glorious is your name in all the world!

2 Your majesty above the heavens is praised ☐

out of the mouths of babes at the breast.

3 You have founded a stronghold against your foes, ☐

that you might still the enemy and the avenger.

4 When I consider your heavens, the work of your fingers, ☐

the moon and the stars that you have ordained,

5 What is man, that you should be mindful of him; ☐

the son of man, that you should seek him out?

6 You have made him little lower than the angels ☐

and crown him with glory and honour.

7 You have given him dominion over the works of your hands ☐

and put all things under his feet,

8 All sheep and oxen, ☐

even the wild beasts of the field,

9 The birds of the air, the fish of the sea ☐

and whatsoever moves in the paths of the sea.

10 *O Lord our governor,* ☐

how glorious is your name in all the world!

We bless you, master of the heavens,
for the wonderful order which enfolds this world;
grant that your whole creation
may find fulfilment in the Son of Man,
Jesus Christ our Saviour.

Each psalm or group of psalms may end with

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

If there are two Scripture readings, the first may be read here, or both may be read after the canticle.

Song 28-end

Then the three with one voice praised and glorified and blessed God in the furnace:

'Blessed are you, O Lord, God of our ancestors,
and to be praised and highly exalted for ever;

And blessed is your glorious, holy name,
and to be highly praised and highly exalted for ever.

Blessed are you in the temple of your holy glory,
and to be extolled and highly glorified for ever.

Blessed are you who look into the depths from your throne on the cherubim,
and to be praised and highly exalted for ever.

Blessed are you on the throne of your kingdom,
and to be extolled and highly exalted for ever.

Blessed are you in the firmament of heaven,
and to be sung and glorified for ever.

'Bless the Lord, all you works of the Lord;
sing praise to him and highly exalt him for ever.

Bless the Lord, you heavens;
sing praise to him and highly exalt him for ever.

Bless the Lord, you angels of the Lord;
sing praise to him and highly exalt him for ever.

Bless the Lord, all you waters above the heavens;

 sing praise to him and highly exalt him for ever.

Bless the Lord, all you powers of the Lord;

 sing praise to him and highly exalt him for ever.

Bless the Lord, sun and moon;

 sing praise to him and highly exalt him for ever.

Bless the Lord, stars of heaven;

 sing praise to him and highly exalt him for ever.

‘Bless the Lord, all rain and dew;

 sing praise to him and highly exalt him for ever.

Bless the Lord, all you winds;

 sing praise to him and highly exalt him for ever.

Bless the Lord, fire and heat;

 sing praise to him and highly exalt him for ever.

Bless the Lord, winter cold and summer heat;

 sing praise to him and highly exalt him for ever.

Bless the Lord, dews and falling snow;

 sing praise to him and highly exalt him for ever.

Bless the Lord, nights and days;

 sing praise to him and highly exalt him for ever.

Bless the Lord, light and darkness;

 sing praise to him and highly exalt him for ever.

Bless the Lord, ice and cold;

 sing praise to him and highly exalt him for ever.

Bless the Lord, frosts and snows;

 sing praise to him and highly exalt him for ever.

Bless the Lord, lightnings and clouds;

 sing praise to him and highly exalt him for ever.

‘Let the earth bless the Lord;

 let it sing praise to him and highly exalt him for ever.

Bless the Lord, mountains and hills;

 sing praise to him and highly exalt him for ever.

Bless the Lord, all that grows in the ground;

 sing praise to him and highly exalt him for ever.

Bless the Lord, seas and rivers;

sing praise to him and highly exalt him for ever.

Bless the Lord, you springs;

sing praise to him and highly exalt him for ever.

Bless the Lord, you whales and all that swim in the waters;

sing praise to him and highly exalt him for ever.

Bless the Lord, all birds of the air;

sing praise to him and highly exalt him for ever.

Bless the Lord, all wild animals and cattle;

sing praise to him and highly exalt him for ever.

'Bless the Lord, all people on earth;

sing praise to him and highly exalt him for ever.

Bless the Lord, O Israel;

sing praise to him and highly exalt him for ever.

Bless the Lord, you priests of the Lord;

sing praise to him and highly exalt him for ever.

Bless the Lord, you servants of the Lord;

sing praise to him and highly exalt him for ever.

Bless the Lord, spirits and souls of the righteous;

sing praise to him and highly exalt him for ever.

Bless the Lord, you who are holy and humble in heart;

sing praise to him and highly exalt him for ever.

'Bless the Lord, Hananiah, Azariah, and Mishael;

sing praise to him and highly exalt him for ever.

For he has rescued us from Hades and saved us from the power of death,

and delivered us from the midst of the burning fiery furnace;

from the midst of the fire he has delivered us.

Give thanks to the Lord, for he is good,

for his mercy endures for ever.

All who worship the Lord, bless the God of gods,

sing praise to him and give thanks to him,

for his mercy endures for ever.'

or [Malachi 2.1-16](#)

Canticle

A Song of Peace, or another suitable canticle, for example, [number 26 \(page 577\)](#), may be said

Refrain:

All Spirit of God, teach us your ways,
that we may walk in the paths of peace.

1 Come, let us go up to the mountain of God, □
to the house of the God of Jacob;

2 That God may teach us his ways, □
and that we may walk in his paths.

3 For the law shall go out from Zion, □
and the word of the Lord from Jerusalem.

4 God shall judge between the nations, □
and shall mediate for many peoples.

5 They shall beat their swords into ploughshares, □
and their spears into pruning hooks.

6 Nation shall not lift up sword against nation, □
neither shall they learn war any more.

7 O people of Jacob, come: □
let us walk in the light of the Lord.

Isaiah 2.3-5

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

All Spirit of God, teach us your ways,
that we may walk in the paths of peace.

Scripture Reading

One or more readings appointed for the day are read.

The reading(s) may be followed by a time of silence.

John 13.12-20

After Jesus had washed his disciples' feet, had put on his robe, and had returned to the table, he said to them, 'Do you know what I have done to you? You call me Teacher and Lord—and you are right, for that is what I am. So if I, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have set you an example, that you also should do as I have done to you. Very truly, I tell you, servants are not greater than their master, nor are messengers greater than the one who sent them. If you know these things, you are blessed if you do them. I am not speaking of all of you; I know whom I have chosen. But it is to fulfil the scripture, "The one who ate my bread has lifted his heel against me." I tell you this now, before it occurs, so that when it does occur, you may believe that I am he. Very truly, I tell you, whoever receives one whom I send receives me; and whoever receives me receives him who sent me.'

A suitable song or chant, or a responsory in this or another form, may follow

Open my eyes, O Lord

that I may see the wonders of your law.

All Open my eyes, O Lord

that I may see the wonders of your law.

Lead me in the path of your commandments

All that I may see the wonders of your law.

Glory to the Father and to the Son

and to the Holy Spirit.

All Open my eyes, O Lord

that I may see the wonders of your law.

from Psalm 119

Gospel Canticle

The Benedictus (The Song of Zechariah) is normally said,

or [The Song of Christ's Glory \(page 619\)](#) may be said

Refrain:

All In your tender compassion, O God,

the dawn from on high shall break upon us.

1 Blessed be the Lord the God of Israel, ☩

who has come to his people and set them free.

2 He has raised up for us a mighty Saviour, ☩

born of the house of his servant David.

3Through his holy prophets God promised of old □

to save us from our enemies,
from the hands of all that hate us,

4To show mercy to our ancestors, □
and to remember his holy covenant.

5This was the oath God swore to our father Abraham: □
to set us free from the hands of our enemies,

6Free to worship him without fear, □
holy and righteous in his sight
all the days of our life.

7And you, child, shall be called the prophet of the Most High, □
for you will go before the Lord to prepare his way,

8To give his people knowledge of salvation □
by the forgiveness of all their sins.

9In the tender compassion of our God □
the dawn from on high shall break upon us,

10To shine on those who dwell in darkness and the shadow of death, □
and to guide our feet into the way of peace.

Luke 1.68-79

AllGlory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

Refrain:

AllIn your tender compassion, O God,
the dawn from on high shall break upon us.

Prayers

Intercessions are offered

¶ for the day and its tasks

¶ for the world and its needs

¶ for the Church and her life

Prayers may include the following concerns from the [cycle on pages 362–363](#)

¶ All who are sick in body, mind or spirit

¶ Those in the midst of famine or disaster

¶ Victims of abuse and violence, intolerance and prejudice

¶ Those who are bereaved

¶ All who work in the medical and healing professions

One of the forms of prayer found [on pages 362–371](#) may be used.

These responses may be used

Lord, in your mercy

hear our prayer

(or)

Lord, hear us.

Lord, graciously hear us.

Silence may be kept.

The Collect of the day is said

Almighty God,

by whose grace alone we are accepted

and called to your service:

strengthen us by your Holy Spirit

and make us worthy of our calling;

through Jesus Christ your Son our Lord,

who is alive and reigns with you,

in the unity of the Holy Spirit,

one God, now and for ever.

All Amen.

The Lord's Prayer is said

As our Saviour taught us, so we pray

All Our Father in heaven,

hallowed be your name,

your kingdom come,

your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.

(or)

Let us pray with confidence as our Saviour has taught us

All Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

The Conclusion

The Lord bless us, and preserve us from all evil,
and keep us in eternal life.
All Amen.

Let us bless the Lord.
All Thanks be to God.

© [The Archbishops' Council of the Church of England, 2000–2005](#)

Official Common Worship apps, books and eBooks are available from [Church House Publishing](#).

The Bible readings (other than the psalms) are from *The New Revised Standard Version Anglicized Edition*, copyright 1989, 1995 Division of Christian Education of the [National Council of the Churches of Christ in the United States of America](#). Used by permission. All rights reserved.

Implemented by Simon Kershaw at [Crucix](#).

Implementation copyright © Simon Kershaw, 2002–2021.

[View other services](#)

[Copy to clipboard](#)

Source URL: <https://www.churchofengland.org/prayer-and-worship/join-us-in-daily-prayer/morning-prayer-contemporary-tuesday-4-february-2025>