



Prayer During the Day on Tuesday

Tuesday, 4 February 2025

Gilbert of Sempringham, Founder of the Gilbertine Order, 1189 [Commemoration]

Preparation

O God, make speed to save us.

All

O Lord, make haste to help us.

To you, O Lord, I lift up my soul.

All

O my God, in you I trust.

Psalm 25.1a

Praise

A hymn, song, canticle, extempore praise, or

I am giving you worship with all my life,

I am giving you obedience with all my power,

I am giving you praise with all my strength,

I am giving you honour with all my speech.

I am giving you love with all my heart,

I am giving you affection with all my sense,

I am giving you my being with all my mind,

I am giving you my soul, O most high and holy God.

Praise to the Father,

Praise to the Son,

Praise to the Spirit,

The Three in One.

adapted from Alexander Carmichael,

Carmina Gadelica (1900)

The Word of God

Psalmody

Either, on any Tuesday Psalm 17.1-8

Or, Week 1 Psalm 16

Alternatively, when Morning and Evening Prayer are also celebrated, [one of these cycles](#) may be followed.

Psalm 17.1-8

Refrain: Deliver me, O Lord, by your hand.

1 Hear my just cause, O Lord; consider my complaint; □
listen to my prayer, which comes not from lying lips.

2 Let my vindication come forth from your presence; □
let your eyes behold what is right.

3 Weigh my heart, examine me by night, □
refine me, and you will find no impurity in me.

4 My mouth does not trespass for earthly rewards; □
I have heeded the words of your lips.

5 My footsteps hold fast in the ways of your commandments; □
my feet have not stumbled in your paths.

6 I call upon you, O God, for you will answer me; □
incline your ear to me, and listen to my words.

7 Show me your marvellous loving-kindness, □
O Saviour of those who take refuge at your right hand
from those who rise up against them.

8 Keep me as the apple of your eye; □
hide me under the shadow of your wings,

Refrain: Deliver me, O Lord, by your hand.

Generous Lord,
deliver us from all envious thoughts,
and when we are tempted by the desire for wealth,
let us see your face;
for your abundance is enough to clothe our lack;
through Jesus Christ our Lord.

(or)

Psalm 16

Refrain: The Lord is at my right hand; I shall not fall.

1 Preserve me, O God, for in you have I taken refuge; □

I have said to the Lord, 'You are my lord,
all my good depends on you.'

2 All my delight is upon the godly that are in the land, □

upon those who are noble in heart.

3 Though the idols are legion

that many run after, □

their drink offerings of blood I will not offer,

neither make mention of their names upon my lips.

4 The Lord himself is my portion and my cup; □

in your hands alone is my fortune.

5 My share has fallen in a fair land; □

indeed, I have a goodly heritage.

6 I will bless the Lord who has given me counsel, □

and in the night watches he instructs my heart.

7 I have set the Lord always before me; □

he is at my right hand; I shall not fall.

8 Wherefore my heart is glad and my spirit rejoices; □

my flesh also shall rest secure.

9 For you will not abandon my soul to Death, □

nor suffer your faithful one to see the Pit.

10 You will show me the path of life;

in your presence is the fullness of joy □

and in your right hand are pleasures for evermore.

Refrain: The Lord is at my right hand; I shall not fall.

Give to us, Lord Christ,

the fullness of grace,

your presence and your very self,

for you are our portion and our delight,

now and for ever.

Each psalm or group of psalms may end with

All

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Short readings

Week One

If you will only obey the Lord your God, by diligently observing all his commandments that I am commanding you today, the Lord your God will set you high above all the nations of the earth; all these blessings shall come upon you and overtake you, if you obey the Lord your God: Blessed shall you be in the city, and blessed shall you be in the field. Blessed shall be the fruit of your womb, the fruit of your ground, and the fruit of your livestock, both the increase of your cattle and the issue of your flock. Blessed shall be your basket and your kneading-bowl. Blessed shall you be when you come in, and blessed shall you be when you go out.

Deuteronomy 28.1-6

Or, on any Tuesday

Great crowds came to Jesus, bringing with them the lame, the maimed, the blind, the mute, and many others. They put them at his feet, and he cured them.

Matthew 15.30

Response

Silence, study, song, or words from Scripture, such as

Jesus said, I am the light of the world.

All

Whoever follows me will have the light of life.

John 8.12

Prayers

Prayers may include these concerns:

- ¶ *All who are sick in body, mind or spirit*
- ¶ *Those in the midst of famine or disaster*
- ¶ *Victims of abuse and violence, intolerance and prejudice*
- ¶ *Those who are bereaved*

¶ *All who work in the medical and healing professions*

A form of intercession found [here](#) may be used.

Either, the following prayer is said

Eternal God,
the light of the minds that know you,
the joy of the hearts that love you,
and the strength of the wills that serve you:
grant us so to know you
that we may truly love you,
so to love you that we may truly serve you,
whose service is perfect freedom;
through Jesus Christ our Lord.

All

Amen.

after Augustine of Hippo (430)

Or, the Collect of the day is said

Almighty God,
by whose grace alone we are accepted
and called to your service:
strengthen us by your Holy Spirit
and make us worthy of our calling;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
AllAmen.

The Lord's Prayer is said.

(Either)

As our Saviour taught us, so we pray

All

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

(or)

Let us pray with confidence as our Saviour has taught us

All

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

The Conclusion

May Christ our redeemer bring us healing and wholeness.

All

Amen.

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