

☩ Morning Prayer on Sunday

Sunday, 9 February 2025

The Fourth Sunday before Lent

Preparation

O Lord, open our lips

And our mouth shall proclaim your praise.

[The Acclamation of Christ at the Dawning of the Day \(page 108\)](#) may replace the Preparation as the start of Morning Prayer on any occasion.

One or more of the following is said or sung:

One of these prayers of thanksgiving (page 109),

Blessed are you, Sovereign God, creator of all,
to you be glory and praise for ever.

You founded the earth in the beginning
and the heavens are the work of your hands.

In the fullness of time you made us in your image,
and in these last days you have spoken to us
in your Son Jesus Christ, the Word made flesh.

As we rejoice in the gift of your presence among us
let the light of your love always shine in our hearts,
your Spirit ever renew our lives
and your praises ever be on our lips.

Blessed be God, Father, Son and Holy Spirit.

All Blessed be God for ever.

(or)

Blessed are you, creator of all,
to you be praise and glory for ever.

As your dawn renews the face of the earth
bringing light and life to all creation,

may we rejoice in this day you have made;
as we wake refreshed from the depths of sleep,
open our eyes to behold your presence
and strengthen our hands to do your will,
that the world may rejoice and give you praise.

Blessed be God, Father, Son and Holy Spirit.

All Blessed be God for ever.

after Lancelot Andrewes (1626)

or a suitable hymn,

or the Benedicite – a Song of Creation (shorter version)

1 Bless the Lord all you works of the Lord: □

sing his praise and exalt him for ever.

2 Bless the Lord you heavens: □

sing his praise and exalt him for ever.

3 Bless the Lord you angels of the Lord: □

sing his praise and exalt him for ever.

4 Bless the Lord all people on earth: □

sing his praise and exalt him for ever.

5 O people of God bless the Lord: □

sing his praise and exalt him for ever.

6 Bless the Lord you priests of the Lord: □

sing his praise and exalt him for ever.

7 Bless the Lord you servants of the Lord: □

sing his praise and exalt him for ever.

8 Bless the Lord all you of upright spirit: □

bless the Lord you that are holy and humble in heart.

The Song of the Three 35-37, 60-65

All Bless the Father, the Son and the Holy Spirit: □

sing his praise and exalt him for ever.

This opening prayer may be said

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever.

All Amen.

The Word of God

Psalmody

The appointed psalmody is said.

Psalm 3

Refrain: You, Lord, are a shield about me.

1 Lord, how many are my adversaries; □
many are they who rise up against me.

2 Many are they who say to my soul, □
'There is no help for you in your God.' R

3 But you, Lord, are a shield about me; □
you are my glory, and the lifter up of my head.

4 When I cry aloud to the Lord, □
he will answer me from his holy hill;

5 I lie down and sleep and rise again, □
because the Lord sustains me.

6 I will not be afraid of hordes of the peoples □
that have set themselves against me all around. R

7 Rise up, O Lord, and deliver me, O my God, □
for you strike all my enemies on the cheek

and break the teeth of the wicked.

8 Salvation belongs to the Lord: □

may your blessing be upon your people.

Refrain: You, Lord, are a shield about me.

Shield us, Lord, from all evil,

and lift us from apathy and despair,

that even when we are terrified,

we may trust your power to save;

through Jesus Christ our Lord.

Psalm 4

Refrain: In peace I will lie down and sleep.

1 Answer me when I call, O God of my righteousness; □

you set me at liberty when I was in trouble;

have mercy on me and hear my prayer.

2 How long will you nobles dishonour my glory; □

how long will you love vain things and seek after falsehood?

3 But know that the Lord has shown me his marvellous kindness; □

when I call upon the Lord, he will hear me.

4 Stand in awe, and sin not; □

commune with your own heart upon your bed, and be still. R

5 Offer the sacrifices of righteousness □

and put your trust in the Lord.

6 There are many that say, 'Who will show us any good?' □

Lord, lift up the light of your countenance upon us.

7 You have put gladness in my heart, □

more than when their corn and wine and oil increase.

8 In peace I will lie down and sleep, □

for it is you Lord, only, who make me dwell in safety.

Refrain: In peace I will lie down and sleep.

Give us today, O God,
a glad heart and a clear conscience,
that when we come to this day's end
we may rest in peace with Christ our Lord.

Each psalm or group of psalms may end with

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

If there are two Scripture readings, the first may be read here, or both may be read after the canticle.

Jeremiah 26.1-16

At the beginning of the reign of King Jehoiakim son of Josiah of Judah, this word came from the Lord: Thus says the Lord: Stand in the court of the Lord's house, and speak to all the cities of Judah that come to worship in the house of the Lord; speak to them all the words that I command you; do not hold back a word. It may be that they will listen, all of them, and will turn from their evil way, that I may change my mind about the disaster that I intend to bring on them because of their evil doings. You shall say to them: Thus says the Lord: If you will not listen to me, to walk in my law that I have set before you, and to heed the words of my servants the prophets whom I send to you urgently—though you have not heeded—then I will make this house like Shiloh, and I will make this city a curse for all the nations of the earth.

The priests and the prophets and all the people heard Jeremiah speaking these words in the house of the Lord. And when Jeremiah had finished speaking all that the Lord had commanded him to speak to all the people, then the priests and the prophets and all the people laid hold of him, saying, 'You shall die! Why have you prophesied in the name of the Lord, saying, "This house shall be like Shiloh, and this city shall be desolate, without inhabitant"?' And all the people gathered around Jeremiah in the house of the Lord.

When the officials of Judah heard these things, they came up from the king's house to the house of the Lord and took their seat in the entry of the New Gate of the house of the Lord. Then the priests and the prophets said to the officials and to all the people, 'This man deserves the sentence of death because he has prophesied against this city, as you have heard with your own ears.'

Then Jeremiah spoke to all the officials and all the people, saying, 'It is the Lord who sent me to prophesy against this house and this city all the words you have heard. Now therefore amend your ways and your doings, and obey the voice of the Lord your God, and the Lord will change his mind about the disaster that he has pronounced against you. But as for me, here I am in your hands. Do with me as seems good and right to you. Only know for certain that if you put me to death, you will be bringing innocent blood upon yourselves and upon this city and its inhabitants, for in truth the Lord sent me to you to speak all these words in your ears.'

Then the officials and all the people said to the priests and the prophets, 'This man does not deserve the sentence of death, for he has spoken to us in the name of the Lord our God.'

Canticle

A Song of David, or another suitable canticle, for example, [number 32 \(page 583\)](#) or [number 50 \(page 602\)](#), may be said

Refrain:

All splendour and majesty are yours, O God;
you are exalted as head over all.

1 Blessed are you, God of Israel, for ever and ever, ☩
for yours is the greatness, the power,
the glory, the splendour and the majesty.

2 Everything in heaven and on earth is yours; ☩
yours is the kingdom, O Lord,
and you are exalted as head over all.

3 Riches and honour come from you ☩
and you rule over all.

4 In your hand are power and might; ☩
yours it is to give power and strength to all.

5 And now we give you thanks, our God, ☩
and praise your glorious name.

6 For all things come from you, ☩
and of your own have we given you.

1 Chronicles 29.10b-13, 14b

All glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

All splendour and majesty are yours, O God;
you are exalted as head over all.

Scripture Reading

One or more readings appointed for the day are read.

The reading(s) may be followed by a time of silence.

Acts 3.1-10

One day Peter and John were going up to the temple at the hour of prayer, at three o'clock in the afternoon. And a man lame from birth was being carried in. People would lay him daily at the gate of the temple called the Beautiful Gate so that he could ask for alms from those entering the temple. When he saw Peter and John about to go into the temple, he asked them for alms. Peter looked intently at him, as did John, and said, 'Look at us.' And he fixed his attention on them, expecting to receive something from them. But Peter said, 'I have no silver or gold, but what I have I give you; in the name of Jesus Christ of Nazareth, stand up and walk.' And he took him by the right hand and raised him up; and immediately his feet and ankles were made strong. Jumping up, he stood and began to walk, and he entered the temple with them, walking and leaping and praising God. All the people saw him walking and praising God, and they recognized him as the one who used to sit and ask for alms at the Beautiful Gate of the temple; and they were filled with wonder and amazement at what had happened to him.

A suitable song or chant, or a responsory in this or another form, may follow

Awake, O sleeper, and arise from the dead

AllAnd Christ shall give you light.

You have died and your life is hid with Christ in God.

AllAwake, O sleeper, and arise from the dead.

Set your minds on things that are above,

not on things that are on the earth.

AllAnd Christ shall give you light.

When Christ our life appears you will appear with him in glory.

AllAwake, O sleeper, and arise from the dead,

and Christ shall give you light.

from Colossians 3

Gospel Cantic

The Benedictus (The Song of Zechariah) is normally said, or [the Easter Anthems \(page 634\)](#) may be said

Refrain:

AllYou have raised up for us a mighty Saviour,

born of the house of your servant David.

1Blessed be the Lord the God of Israel, □

who has come to his people and set them free.

2He has raised up for us a mighty Saviour, □
born of the house of his servant David.

3Through his holy prophets God promised of old □
to save us from our enemies,
from the hands of all that hate us,

4To show mercy to our ancestors, □
and to remember his holy covenant.

5This was the oath God swore to our father Abraham: □
to set us free from the hands of our enemies,

6Free to worship him without fear, □
holy and righteous in his sight
all the days of our life.

7And you, child, shall be called the prophet of the Most High, □
for you will go before the Lord to prepare his way,

8To give his people knowledge of salvation □
by the forgiveness of all their sins.

9In the tender compassion of our God □
the dawn from on high shall break upon us,

10To shine on those who dwell in darkness and the shadow of death, □
and to guide our feet into the way of peace.

Luke 1.68-79

AllGlory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

Refrain:

AllYou have raised up for us a mighty Saviour,
born of the house of your servant David.

Prayers

Intercessions are offered

¶ for the day and its tasks

¶ for the world and its needs

¶ for the Church and her life

Prayers may include the following concerns from the [cycle on pages 362–363](#)

¶ The universal Church

¶ Bishops, synods and all who lead the Church

¶ The leaders of the nations

¶ The natural world and the resources of the earth

¶ All who are in any kind of need

One of the forms of prayer found [on pages 362–371](#) may be used.

These responses may be used

Lord, in your mercy

hear our prayer

(or)

Lord, hear us.

Lord, graciously hear us.

Silence may be kept.

The Collect of the day is said

O God,

you know us to be set

in the midst of so many and great dangers,

that by reason of the frailty of our nature

we cannot always stand upright:

grant to us such strength and protection

as may support us in all dangers

and carry us through all temptations;

through Jesus Christ your Son our Lord,

who is alive and reigns with you,

in the unity of the Holy Spirit,

one God, now and for ever.

AllAmen.

The Lord's Prayer is said

As our Saviour taught us, so we pray

All Our Father in heaven,

hallowed be your name,

your kingdom come,

your will be done,

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Lead us not into temptation

but deliver us from evil.

For the kingdom, the power,

and the glory are yours

now and for ever.

Amen.

(or)

Let us pray with confidence as our Saviour has taught us

All Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done;

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation;

but deliver us from evil.

For thine is the kingdom,

the power and the glory,

for ever and ever.

Amen.

The Conclusion

The Lord bless us, and preserve us from all evil,

and keep us in eternal life.

AllAmen.

Let us bless the Lord.

AllThanks be to God.

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