Refrain:  Be glad, you righteous, and rejoice in the Lord.

1  Happy the one whose transgression is forgiven, and whose sin is covered.

2  Happy the one to whom the Lord imputes no guilt, and in whose spirit there is no guile.

3  For I held my tongue; my bones wasted away through my groaning all the day long.

4  Your hand was heavy upon me day and night; my moisture was dried up like the drought in summer. [R]

5  Then I acknowledged my sin to you and my iniquity I did not hide.

6  I said, ‘I will confess my transgressions to the Lord,’ and you forgave the guilt of my sin.

7  Therefore let all the faithful make their prayers to you in time of trouble; in the great water flood, it shall not reach them.

8  You are a place for me to hide in; you preserve me from trouble; you surround me with songs of deliverance. [R]

9  ‘I will instruct you and teach you in the way that you should go; I will guide you with my eye.

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10 ‘Be not like horse and mule which have no understanding; ♦
whose mouths must be held with bit and bridle,
or else they will not stay near you.’

11 Great tribulations remain for the wicked, ♦
but mercy embraces those who trust in the Lord.

12 Be glad, you righteous, and rejoice in the Lord; ♦
shout for joy, all who are true of heart.

Refrain: Be glad, you righteous, and rejoice in the Lord.

Give us honest hearts, O God,
and send your kindly Spirit
to help us confess our sins
and bring us the peace of your forgiveness;
in Jesus Christ our Lord.

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