

1 Happy the one whose transgression is forgiven, □
and whose sin is covered.
2 Happy the one to whom the Lord imputes no guilt,
and in whose spirit there is no guile.
3 For I held my tongue;
my bones wasted away
through my groaning all the day long.
4 Your hand was heavy upon me day and night;
my moisture was dried up like the drought in summer. [R]
5 Then I acknowledged my sin to you
and my iniquity I did not hide.
6 I said, 'I will confess my transgressions to the Lord,' □
and you forgave the guilt of my sin.
7 Therefore let all the faithful make their prayers to you
in time of trouble;
in the great water flood, it shall not reach them.
8 You are a place for me to hide in;
you preserve me from trouble; 🏻
you surround me with songs of deliverance. [R]
9 'I will instruct you and teach you

Refrain: Be glad, you righteous, and rejoice in the Lord.

in the way that you should go; □
I will guide you with my eye.
10 'Be not like horse and mule which have no understanding; □
whose mouths must be held with bit and bridle,
or else they will not stay near you.'
11 Great tribulations remain for the wicked, □
but mercy embraces those who trust in the Lord.
12 Be glad, you righteous, and rejoice in the Lord; □
shout for joy, all who are true of heart.
Refrain: Be glad, you righteous, and rejoice in the Lord.
Give us honest hearts, O God,
and send your kindly Spirit
to help us confess our sins
and bring us the peace of your forgiveness;
in Jesus Christ our Lord.
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