

Refrain: O taste and see that the Lord is gracious.

1 I will bless the Lord at all times; □

his praise shall ever be in my mouth.

2 My soul shall glory in the Lord; □

let the humble hear and be glad.

3 O magnify the Lord with me; □

let us exalt his name together.

4 I sought the Lord and he answered me □

and delivered me from all my fears.

5 Look upon him and be radiant □

and your faces shall not be ashamed. [R]

6 This poor soul cried, and the Lord heard me □

and saved me from all my troubles.

7 The angel of the Lord encamps around those who fear him □

and delivers them.

8 O taste and see that the Lord is gracious; □

blessed is the one who trusts in him.

9 Fear the Lord, all you his holy ones, □

for those who fear him lack nothing.

10 Lions may lack and suffer hunger, □

but those who seek the Lord

lack nothing that is good. [R]

11 Come, my children, and listen to me; □

I will teach you the fear of the Lord.

12 Who is there who delights in life □

and longs for days to enjoy good things?

13 Keep your tongue from evil □

and your lips from lying words.

14 Turn from evil and do good; □

seek peace and pursue it. [R]

15 The eyes of the Lord are upon the righteous □

and his ears are open to their cry.

16 The face of the Lord is against those who do evil, □

to root out the remembrance of them from the earth.

17 The righteous cry and the Lord hears them □

and delivers them out of all their troubles.

18 The Lord is near to the brokenhearted □

and will save those who are crushed in spirit. [R]

19 Many are the troubles of the righteous; □

from them all will the Lord deliver them.

20 He keeps all their bones, □

so that not one of them is broken.

21 But evil shall slay the wicked □

and those who hate the righteous will be condemned.

22 The Lord ransoms the life of his servants □

and will condemn none who seek refuge in him.

Refrain: O taste and see that the Lord is gracious.

Send your holy angels

to watch over us, O God,

that on our lips will be found your truth

and in our hearts your love;

so we may ever taste your goodness

in the land of the living;

through Jesus Christ our Lord.

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