

1 God is our refuge and strength, □

a very present help in trouble;

2 Therefore we will not fear, though the earth be moved, □

and though the mountains tremble in the heart of the sea;

3 Though the waters rage and swell, □

and though the mountains quake at the towering seas.

4 There is a river whose streams make glad the city of God, □

the holy place of the dwelling of the Most High.

5 God is in the midst of her;

therefore shall she not be removed; □

God shall help her at the break of day.

6 The nations are in uproar and the kingdoms are shaken, □

but God utters his voice and the earth shall melt away.

7 *The Lord of hosts is with us; □*

the God of Jacob is our stronghold.

8 Come and behold the works of the Lord, □

what destruction he has wrought upon the earth.

9 He makes wars to cease in all the world; □

he shatters the bow and snaps the spear

and burns the chariots in the fire.

10 'Be still, and know that I am God; □

I will be exalted among the nations;

I will be exalted in the earth.'

11 *The Lord of hosts is with us; ☩*

the God of Jacob is our stronghold.

God of Jacob,

when the earth shakes

and the nations are in uproar,

speak, and let the storm be still;

through Jesus Christ our Lord.

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