Refrain: Wait on God alone in stillness, O my soul.

1 On God alone my soul in stillness waits; from him comes my salvation.

2 He alone is my rock and my salvation, my stronghold, so that I shall never be shaken.

3 How long will all of you assail me to destroy me, as you would a tottering wall or a leaning fence?

4 They plot only to thrust me down from my place of honour; lies are their chief delight; they bless with their mouth, but in their heart they curse.

5 Wait on God alone in stillness, O my soul; for in him is my hope.

6 He alone is my rock and my salvation, my stronghold, so that I shall not be shaken. [R]

7 In God is my strength and my glory; God is my strong rock; in him is my refuge.

8 Put your trust in him always, my people; pour out your hearts before him, for God is our refuge.

9 The peoples are but a breath, the whole human race a deceit; on the scales they are altogether lighter than air.
10 Put no trust in oppression; in robbery take no empty pride; though wealth increase, set not your heart upon it.

11 God spoke once, and twice have I heard the same, that power belongs to God.

12 Steadfast love belongs to you, O Lord, for you repay everyone according to their deeds.

Refrain: Wait on God alone in stillness, O my soul.

O God, teach us to seek security,

not in money or theft,

not in human ambition or malice,

not in our own ability or power,

but in you, the only God,

our rock and our salvation.

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