

| 1 Hear my teaching, O my people; □ |
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| incline your ears to the words of my mouth. |
| 2 I will open my mouth in a parable; □ |
| I will pour forth mysteries from of old, |
| 3 Such as we have heard and known, □ |
| which our forebears have told us. |
| 4 We will not hide from their children, |
| but will recount to generations to come, |
| the praises of the Lord and his power |
| and the wonderful works he has done. [R] |
| 5 He laid a solemn charge on Jacob |
| and made it a law in Israel, |
| which he commanded them to teach their children, |
| 6 That the generations to come might know, |
| and the children yet unborn, |
| that they in turn might tell it to their children; |
| 7 So that they might put their trust in God 🏻 |
| and not forget the deeds of God, |
| but keep his commandments, |
| 8 And not be like their forebears, |

Refrain: O Lord, how glorious are your works.

| a stubborn and rebellious generation, 🏻 |
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| a generation whose heart was not steadfast, |
| and whose spirit was not faithful to God. [<i>R</i>] |
| 9 The people of Ephraim, armed with the bow, 🏻 |
| turned back in the day of battle; |
| 10 They did not keep the covenant of God □ |
| and refused to walk in his law; |
| 11 They forgot what he had done □ |
| and the wonders he had shown them. |
| 12 For he did marvellous things in the sight of their forebears, □ |
| in the land of Egypt, in the field of Zoan. [R] |
| 13 He divided the sea and let them pass through; □ |
| he made the waters stand still in a heap. |
| 14 He led them with a cloud by day □ |
| and all the night through with a blaze of fire. |
| 15 He split the hard rocks in the wilderness □ |
| and gave them drink as from the great deep. |
| 16 He brought streams out of the rock □ |
| and made water gush out like rivers. [R] |
| 17 Yet for all this they sinned more against him □ |
| and defied the Most High in the wilderness. |

| 18 They tested God in their hearts. I |
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| and demanded food for their craving. |
| 19 They spoke against God and said, □ |
| 'Can God prepare a table in the wilderness? |
| 20 'He struck the rock indeed, so that the waters gushed out |
| and the streams overflowed, □ |
| but can he give bread or provide meat for his people?' [R] |
| 21 When the Lord heard this, he was full of wrath; □ |
| a fire was kindled against Jacob |
| and his anger went out against Israel, |
| 22 For they had no faith in God 🏻 |
| and put no trust in his saving help. |
| 23 So he commanded the clouds above \square |
| and opened the doors of heaven. |
| 24 He rained down upon them manna to eat □ |
| and gave them the grain of heaven. |
| 25 So mortals ate the bread of angels; □ |
| he sent them food in plenty. [R] |
| 26 He caused the east wind to blow in the heavens 🏻 |
| and led out the south wind by his might. |
| 27 He rained flesh upon them as thick as dust □ — |

| and winged fowl like the sand of the sea. |
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| 28 He let it fall in the midst of their camp 🏻 |
| and round about their tents. |
| 29 So they ate and were well filled, □ |
| for he gave them what they desired. |
| 30 But they did not stop their craving; □ |
| their food was still in their mouths, |
| 31 When the anger of God rose against them, □ |
| and slew their strongest men |
| and felled the flower of Israel. [R] |
| 32 But for all this, they sinned yet more 🏻 |
| and put no faith in his wonderful works. |
| 33 So he brought their days to an end like a breath □ |
| and their years in sudden terror. |
| 34 Whenever he slew them, they would seek him; □ |
| they would repent and earnestly search for God. |
| 35 They remembered that God was their rock □ |
| and the Most High God their redeemer. [R] |
| 36 Yet they did but flatter him with their mouth □ |
| and dissembled with their tongue. |
| 37 Their heart was not steadfast towards him, □ — |

| neither were they faithful to his covenant. |
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| 38 But he was so merciful that he forgave their misdeeds |
| and did not destroy them; |
| many a time he turned back his wrath |
| and did not suffer his whole displeasure to be roused. |
| 39 For he remembered that they were but flesh, □ |
| a wind that passes by and does not return. |
| Refrain: O Lord, how glorious are your works. |
| God our deliverer, |
| as you led our ancestors through the wilderness, |
| so lead us through the wilderness of this world, |
| that we may be saved through Christ for ever. |
| Refrain: Tremble, O earth, at the presence of the Lord. |
| 40 How often they rebelled against him in the wilderness □ |
| and grieved him in the desert! |
| 41 Again and again they tempted God 🏻 |
| and provoked the Holy One of Israel. |
| 42 They did not remember his power |
| in the day when he redeemed them from the enemy; |
| 43 How he had wrought his signs in Egypt 🏻 |
| and his wonders in the field of Zoan. [R] |

| so that they could not drink of their streams. |
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| 45 He sent swarms of flies among them, which devoured them, □ |
| and frogs which brought them ruin. |
| 46 He gave their produce to the caterpillar, □ |
| the fruit of their toil to the locust. |
| 47 He destroyed their vines with hailstones 🏻 |
| and their sycamore trees with the frost. [R] |
| 48 He delivered their cattle to hailstones □ |
| and their flocks to thunderbolts. |
| 49 He set loose on them his blazing anger: □ |
| fury, displeasure and trouble, |
| a troop of destroying angels. |
| 50 He made a way for his anger |
| and spared not their souls from death, |
| but gave their life over to the pestilence. |
| 51 He smote the firstborn of Egypt, |
| the first fruits of their strength in the tents of Ham. [R] |
| 52 But he led out his people like sheep |
| and guided them in the wilderness like a flock. |
| 53 He led them to safety and they were not afraid, □ — |

44 He turned their rivers into blood, □

| 54 He brought them to his holy place, 🏻 | |
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| the mountain which his right hand took in possession. | |
| 55 He drove out the nations before them | |
| and shared out to them their inheritance; | |
| he settled the tribes of Israel in their tents. [R] | |
| 56 Yet still they tested God Most High | |
| and rebelled against him, | |
| and would not keep his commandments. | |
| 57 They turned back and fell away like their forebears, 🏻 | |
| starting aside like an unstrung bow. | |
| 58 They grieved him with their hill altars 🏻 | |
| and provoked him to displeasure with their idols. | |
| 59 God heard and was greatly angered, □ | |
| and utterly rejected Israel. [<i>R</i>] | |
| 60 He forsook the tabernacle at Shiloh, 🏻 | |
| the tent of his presence on earth. | |
| 61 He gave the ark of his strength into captivity, 🏻 | |
| his splendour into the adversary's hand. | |
| 62 He delivered his people to the sword [] | |
| and raged against his inheritance. | |

but the sea overwhelmed their enemies.

| 63 The fire consumed their young men; □ |
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| there was no one to lament their maidens. |
| 64 Their priests fell by the sword, 🏻 |
| and their widows made no lamentation. [R] |
| 65 Then the Lord woke as out of sleep, 🏻 |
| like a warrior who had been overcome with wine. |
| 66 He struck his enemies from behind 🏻 |
| and put them to perpetual shame. |
| 67 He rejected the tent of Joseph 🛘 |
| and chose not the tribe of Ephraim, |
| 68 But he chose the tribe of Judah □ |
| and the hill of Zion, which he loved. [R] |
| 69 And there he built his sanctuary like the heights of heaven, □ |
| like the earth which he founded for ever. |
| 70 He chose David also, his servant, 🏻 |
| and took him away from the sheepfolds. |
| 71 From following the ewes with their lambs he took him, 🏻 |
| that he might shepherd Jacob his people |
| and Israel his inheritance. |
| 72 So he shepherded them with a devoted heart 🏻 |
| and with skilful hands he guided them. |

Refrain: Tremble, O earth, at the presence of the Lord.

God our shepherd,

in all our wanderings and temptations,

teach us to rest in your mercy

and trust in your defence;

through him who laid down his life for us,

Jesus Christ our Lord.

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