

Living Ministry



A Multi-Faceted Approach to Clergy Wellbeing

May 2018

Dr Liz Graveling, Ministry Division, Church of England

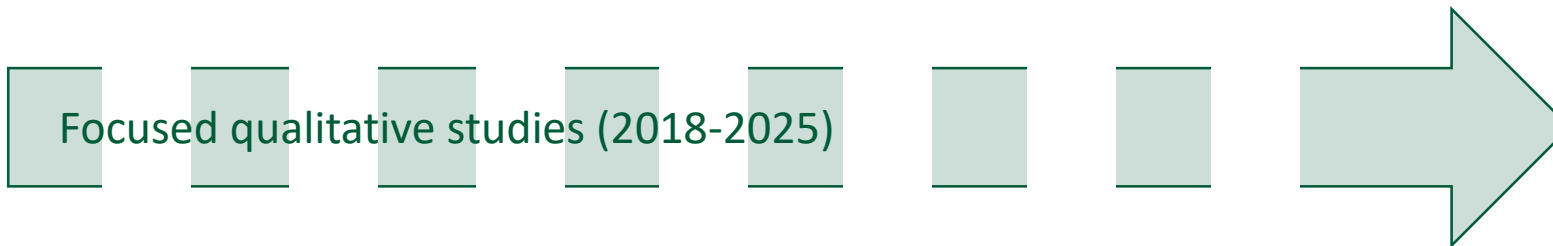
Dr Naomi Maynard, Rooted Research

Question

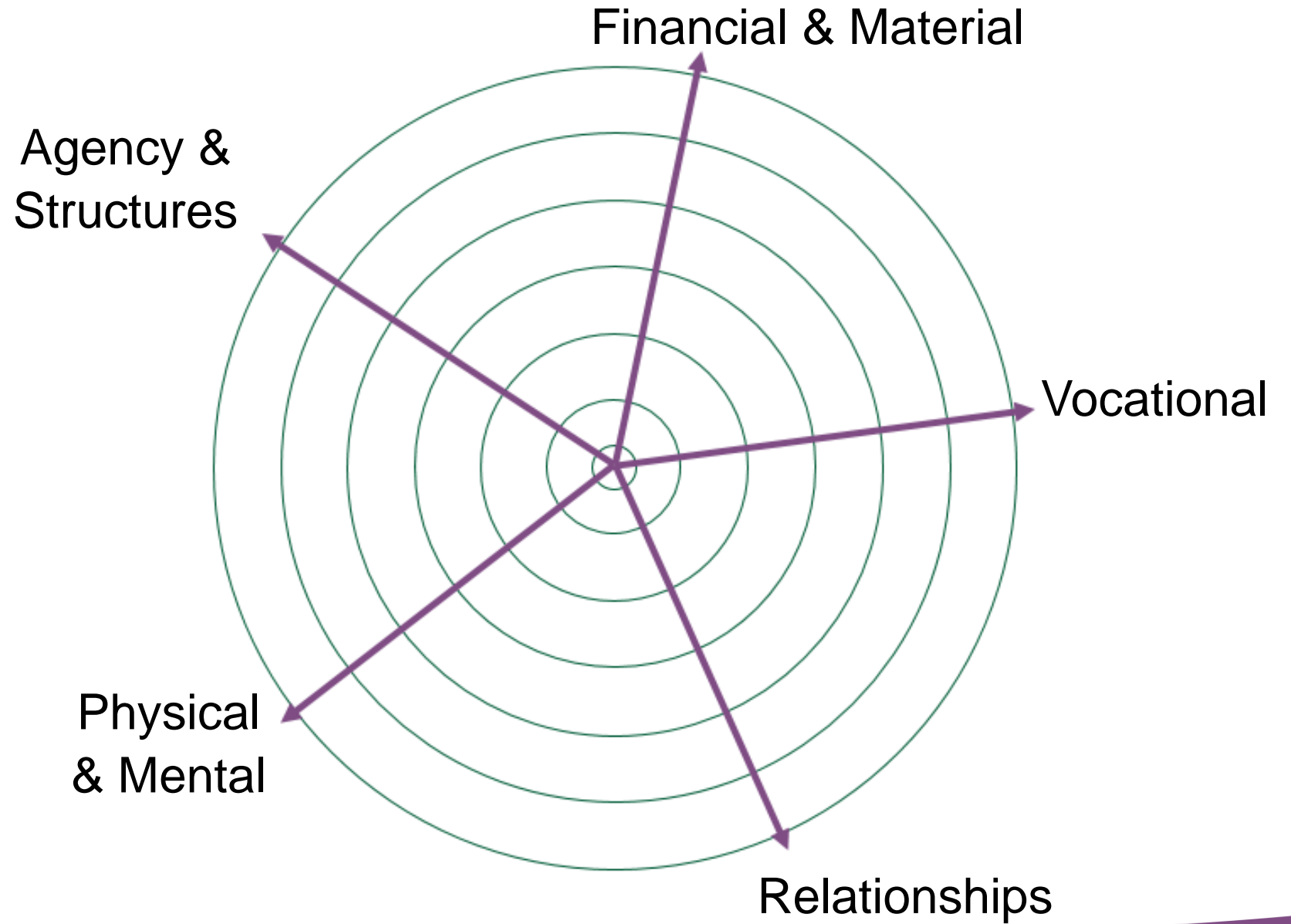
What enables ordained ministers to flourish in ministry?

- Flourishing of the person: wellbeing

Methods



Clergy wellbeing

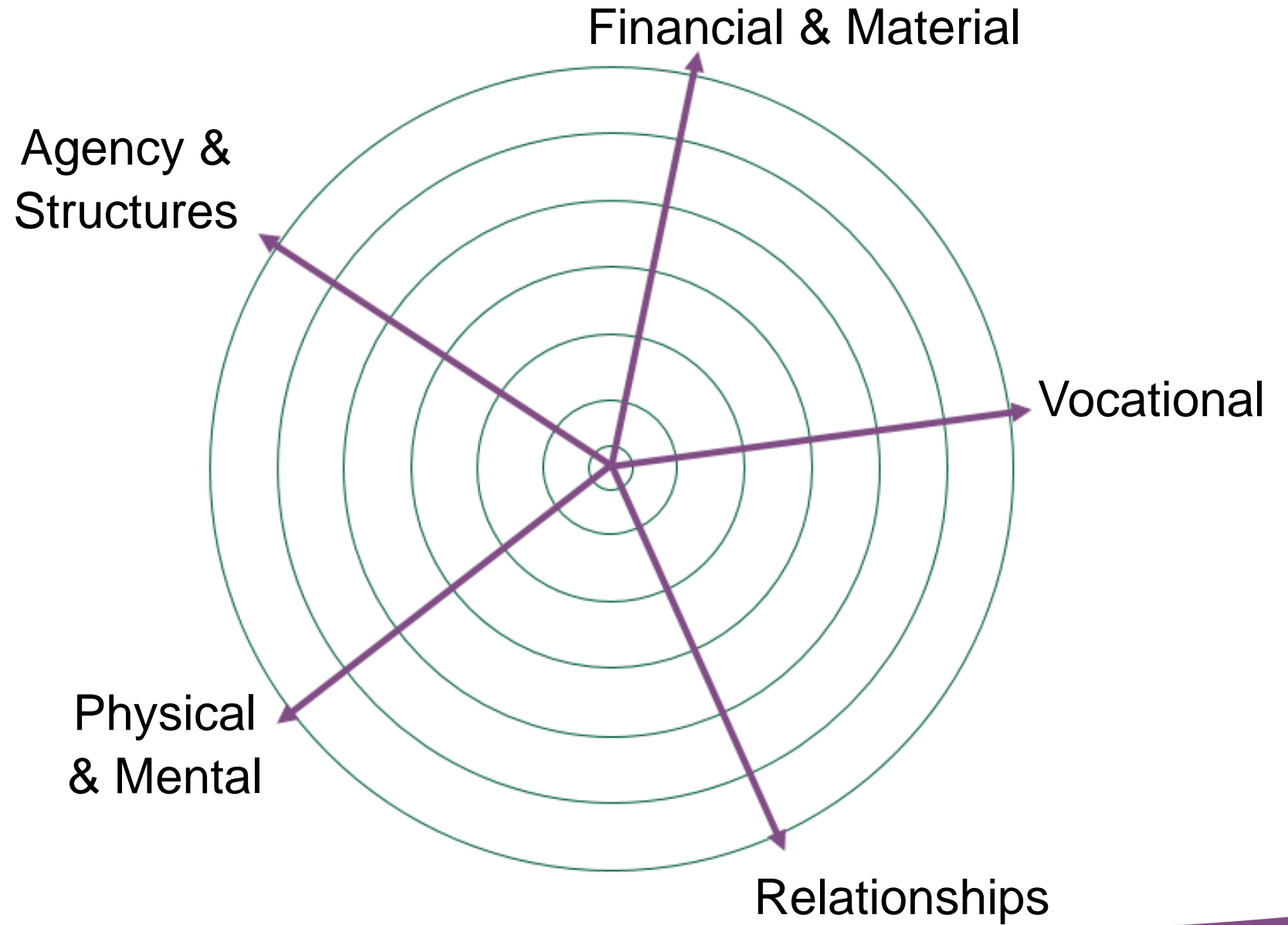


Participants



	Residential	Non-Residential	Context-Based	Total
2006 (ordained)	7	7	-	14
2011 (ordained)	8	9	1	18
2015 (ordained)	8	9	9	26
2016 (start IME)	9	9	9	27
Total	33	34	18	85

Clergy wellbeing



Limitations and challenges

- Self-selection bias
- Confidentiality and reporting on personal experiences
- Disclosures and signposting

Living Ministry



Sources of support for ordinands and clergy

Beyond the responsibility clergy and ordinands hold for their own self-care, there are a range of organisations and resources on which they can draw to enhance their wellbeing. While support from the diocesan bishop is an expression of his or her pastoral responsibility, structures vary from diocese to diocese. In some dioceses and cathedrals, well-being falls under the responsibility of a multi-disciplinary team and in others responsibility is more fragmented.

Anglican Pastoral Care are advisers in pastoral care and counselling in the Church of England, usually working through dioceses. Their website contains advice and an overview of the kinds of support available, along with links to other organisations that may be able to help. <http://pastoralcare.org.uk/about/ministry-support/>

If you are unsure what provision your diocese has in place to support your wellbeing, you can contact the National Church Institutions' HR Manager – Clergy for guidance. Pavlina.Wilkin@churchofengland.org

Listed below are some sources of support both inside and outside the Church of England.

Relationships

Bridge Builders provides training and shares resources and ideas to support church leaders and congregations in the challenging task of living as models of reconciliation. <https://www.bbministries.org.uk/>

The Family Mediation Council provides information about suitable local mediation services, as well as offering mediation itself. <https://www.familymediationcouncil.org.uk/>

Broken Rites supports clergy spouses/partners who are experiencing difficulty in their

Financial & material wellbeing



- Subjective: comparisons e.g. with previous standards, friends, other clergy, parishioners
- Varied income streams
- Living costs: current, future, contingency
- Housing

Financial & material wellbeing



Living Ministry



<https://www.churchofengland.org/more/diocesan-resources/ministry/ministry-development>