



# INSPIRE

## RESOURCES FOR CHURCH OF ENGLAND SCHOOLS



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# INTRODUCTION

INSPIRE is a call to action to create a movement of change for peace; empowering young people who not only learn from the past but choose to courageously engage with the present so that the future can be different. Using the centenary of WW1 ending, we want to galvanise the opportunity to call all our young people to take a stand for peace!

INSPIRE seeks to provide practical ideas and resources designed to introduce the INSPIRE initiative and the INSPIRE Peace Charter in order for you to work with students to create pledges for action to initiate youth led peace building in communities. By engaging with INSPIRE, we hope to give students space to discuss issues such as fear, isolation, bullying and extremism. INSPIRE resources seek to support your existing work delivering SMSC through PSHE and Citizenship.

These resources have been designed for use in Church of England Primary Schools to explore issues of peace building by linking commemorations of the centenary of The Armistice to practical projects using art and design. There are ideas for both KS1 and KS2.

Session 1 is a lesson plan exploring introduction to peace and an art activity to demonstrate children's learning and understanding.

Session 2 is a series of art and craft activities building of this theme, exploring peace using references to WW1 and historic and modern art forms from St Paul's Cathedral as a starting point/stimulus.



For more ideas and resources from our partner organisations, please visit the resources page on our [website](#).

# INTRODUCTION TO PEACE

## KS1 SESSION

### Aims

- To identify things that create a lack of peace
- To identify the impact of a lack of peace
- Students will begin to recognise the consequences of emotions on ourselves and others
- Students will make their own individual pieces of art which are added together to create a communal piece which could be used as part of an INSPIRE event
- Students will think about how art can be used to help improve wellbeing
- Students will develop social skills by working together to create a communal piece of art that relates to peacebuilding
- Students will have the opportunity to develop communication skills by participating in an INSPIRE Assembly or event, which will focus on peace building

### Activities

#### 1. Starter

**Read** 'Five Minutes' Peace' or 'Peace at Last' by Jill Murphy. **Discuss** as a class either Mrs and Mr Large or Mr Bear wants peace! What does peace mean to you?

#### 2. Emoticons

**Learning point:** sometimes the word 'peace' describes how we feel, it is a pleasant feeling when we feel calm, or when we are happy or not worried about something. Sometimes it means no fighting or an end of fighting. **Explain** I am going to show some faces with different emotions. **Talk** with the person next to you and describe if the emoticons make you feel peaceful or not. Show faces that are calm, happy, sad, angry worried, jealous, quiet etc.

#### 3. Music time

**Learning Point:** sometimes music makes people feel peaceful. I'm going to play you some music, and want you to close your eyes and want you to think about and then tell me how the music makes you feel.

#### 4. The Peace Book

Either read 'The Peace Book' by Todd Parr or watch the [YouTube clip](#).

**Discuss** the book as a group. Tell the person next to you what was your favourite drawing and why?

Provide the children with a variety of art/ modelling materials and ask them to draw a picture or to make a model from clay or plasticine that explains what peace means to them. This could then form part of an INSPIRE wall as a whole school display. You may want to play reflective music whilst the students create!

#### 5. An INSPIRE Wall

What could we agree to do, to make sure that our class or school is as peaceful as possible? (**You may want to use an age appropriate version of the INSPIRE Peace Charter and the 'Making a shared pledge' resource to make a class pledge**) This could include things such as agreeing to:

- Be a peace builder
- Put things right with others where possible
- Take time to get to know and listen to people
- Respond without fighting at all times
- Treat everyone in the same way
- Do what I can to stop fights

Draw or write your pledges and use them to create an INSPIRE Wall. Here is an example of a wall that is located in the main entrance of Oasis Academy MediacityUK in Manchester.



## SESSION 2

If you have explored some of topics and themes in session, why not choose from one of the activities outlined below to explore peace using historic and modern art forms from St Paul's Cathedral as a starting point/stimulus for art and craft based activities.

### 1. Altar Frontal

This activity is based on a workshop run by the Schools and Family Learning Team at St Paul's Cathedral. It could be undertaken in different ways; including a day off timetable, or an art project over a half term duration. Each class in a year group or school could contribute to the final piece.

**Show** images of altars, it would be great to include a photo of the altar of your local church if you have access to one.



**Ask** what do the photos show? Where might you have you seen pictures like this before?

**Explain** that an altar is the table in a Christian church at which the bread and wine are served in communion services. They often have a white cloth that covers them, and can have a special piece of cloth on the front known as a frontal.

**Explain** that this frontal is special because it was made by soldiers who were recovering from war.



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**Explain** that the altar frontal was made from individual pieces sewn by soldiers and was then sent to the Royal School of Needlework to be stitched together. This frontal was put into storage to keep it safe when the Cathedral was bombed during the blitz in the Second World War (1939-1945). It remained there until Sunday, 3rd August 2014, when it was used for the first time after seventy years.

**Ask** who can we talk to if we are feeling sad? Remind students that we can talk with our family or teachers or with adults working in our schools with organisations like Place2Be.

**Explain** that the soldiers who fought in WWI saw lots of horrible things which affected them. At that time, it wasn't usual for people to talk about their feelings, and participating in artwork like this really helped.

**Ask** why do you think that artwork helped?

**Elicit** emotional awareness by explaining that art or concentration on making things often makes people feel calm; it can be a distraction and help to concentrate on something else.

### Specific Design Images

Look at some of the close up images from the frontal [here](#).



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- Students could use these as a prompt for their own design for an Altar Frontal or banner or wall hanging.
- Give each student an A4/A5 piece of paper to draw a design that they could then make on an A4/A5 piece of sheeting as a fabric collage of their design.
- The finished pieces could then either be sewn onto a larger piece of sheeting or could be attached using double sided iron on backing, to avoid large amounts of sewing up!

The finished piece of art could be taken to the local church as part of an **INSPIRE Event** or put on display for an **Assembly on INSPIRE**.

Take a photo of your finished art piece and post it with a description to **@Oasis\_Inspire** using **#INSPIRE2018**.

### Alternatively

Using close up photos of the frontal, select a single flower or a bird and then reproduce a similar image to create flowers and birds that could be drawn on a playground wall using coloured chalks.

## 2. City of Peace Activity

This activity is based on a workshop run by the Schools and Family Team at St Paul's Cathedral.

Show photos of the [Gerry Judah](#) Crosses which are currently on display at St Paul's Cathedral until November 2018.



**Ask** what do you think of when you look at these crosses? What can you see?

**Explain** that these twin sculptures, by London artist Gerry Judah, are based on the shape of the white crosses that are found in war cemeteries, where many soldiers from WW1 are buried. But the crosses also contain models of modern and historical buildings destroyed by war.

The artist hoped that it would help people think about avoiding war and building peace.



**Explain** that one of the ideas that the artist wants to convey is one of hope and peace. He used buildings as part of his sculpture. The photo below is of a model of a city of hope designed by some students who were visiting St Paul's Cathedral.



© St Paul's Cathedral

If you were to make a model of a city of hope and peace what would it look like?

**Ask** children to work together in a group to make a plan for a city of peace, to think about what it would contain and why (the city could be in any shape possible).

**Ask** the children to build one model/figure for part of the city that they can then build it together; this could be made using recycled materials. The children could then build their city of peace together and put it on display.

The group then need to write a description of their model, and explain what the different parts of their model represent.

**A suggestion would be for each class in the school to construct a city that could be part of an INSPIRE display for parents or put it on display in their local church and use it as part of an INSPIRE event.**

**Take a photo of your model and post it with a description to @Oasis\_Inspire using #INSPIRE2018.**

# PEACE

## KS2 SESSION

### Aims

- To identify things that create a lack of peace.
- To identify the impact of a lack of peace.
- Students will begin to recognise the consequences of emotions on ourselves and others.
- Students will make their own individual pieces of art which are added together to create a communal piece which could be used as part of an INSPIRE event.
- Students will think about how art can be used to help improve wellbeing.
- Students will work together to create a communal piece of art that relates to peacebuilding.
- Students will have the opportunity to participate in an INSPIRE Assembly or event, which will focus on peace building.

### Activities

1. **Show** the books 'Five minutes Peace' or 'Peace at Last' by Jill Murphy. **Discuss** how many of the students recognise or have read these books? Have you heard someone say that they want five minutes peace? But what is peace? How would you describe it? **Tell** the person next to you your ideas
2. **Symbols of peace.** **Explain** that you are going to show them various symbols and want to know if they understand what they all mean? **Explain** that they are all symbols of peace. The word peace can mean lots of things, it can describe how we feel, it is a pleasant feeling, when we feel calm or when we are happy or not worried about something. Sometimes it means no fighting or an end of fighting
3. **Discuss** what are some of the things that cause a lack of peace, when people might not get on with each other? What are some of the words that you can think of? List them on the board.

What happens next... [watch this clip of a domino run](#). Often these words can have a knock on effect a bit like this domino run. One example would be jealousy. People can be jealous about all kinds of things and this can cause a person to lose their own sense of peace, this can lead to a breakdown in friendships, this can upset neighbours, this can upset communities, which can upset countries and even have a global impact. This year we are remembering the end of the First World War, but we all know that there was a Second World War and sadly there have been conflicts after that.

4. **So what can we do to make a difference?** One thing that we can do is work to be peaceful and to work together to build peace. Use the [INSPIRE Peace Charter](#) and the '[Making a shared pledge](#)' resource to make a class pledge for peace. **You may want to adapt this to an age appropriate version** This could include things such as agreeing to :

- Be a peace builder
- Put things right with others where possible
- Get to know and listen to people who are different from ourselves
- Respond without fighting at all times
- Treat all people equally and with respect
- Play my part to prevent fighting
- Recognise that my actions may seem small but can create great change

## INSPIRE Wall

Write out your pledges to make an INSPIRE wall that could form a display in a corridor or in the hall where it can be seen by others. Here is an example of a wall that is located in the main entrance of Oasis Academy MediacityUK in Manchester.



Take a photo of your finished wall or display and post it with a description to [@Oasis\\_Inspire](#) using [#INSPIRE2018](#)

## SESSION 2

If you have explored some of topics and themes in Session 1, why not choose from one of the activities outlined below to explore peace using historic and modern art forms from St Paul's Cathedral as a starting point/stimulus for art and craft based activities.

### 1. Altar Frontal

This activity is based on a workshop run by the Schools and Family Learning Team at St Paul's Cathedral. It could be undertaken in different ways; including a day off timetable, or an art project over a half term duration. Each class in a year group or school could contribute to the final piece.

**Show** images of altars, it would be great to include a photo of the altar of your local church if you have access to one.



**Ask** what do the photos show? Where have you seen these? Explain that an altar is the table in a Christian church at which the bread and wine are consecrated in communion services. They often have a white cloth that covers them and can have a special piece of cloth on the front known as a frontal.

This frontal is special as it was made by soldiers who were recovering from war.



©St Paul's Cathedral collection, acc. no. 5392

It was made from individual pieces sewn by soldiers and was then sent to the Royal School of Needlework to be stitched onto the frontal as a whole. Embroidery was used for the rehabilitation of soldiers during WWI, because this intricate work greatly helped to reduce the effects of shell shock. We would probably call shell shock 'post-traumatic stress disorder' now. This occurs when people have experienced a traumatic event in their life.

This frontal was put into storage following the destruction of the altar during the bombing of the cathedral in the Second World War (1939-1945). It remained there until Sunday, 3rd August 2014, when it was used for the first time after seventy years. It is now permanently housed in St Paul's Cathedral (St Paul's Cathedral collection, acc. no. 5392)

**Ask** who can we talk too if we are feeling sad? **Remind** students that when we are feeling sad or worried about something that there are always people to help such as our family, or teachers or pastoral staff at school such as Place2Be staff.

**Explain** that the soldiers who fought in WWI saw many horrible things which affected them significantly. At that time, there was not the same understanding of wellbeing, and generally people did not like to talk about their feelings, so participating in artwork like this really helped the soldiers.

**Ask** why do you think that artwork helped? What do you like to do if you feel stressed about something?

**Elicit** emotional awareness by explaining that art or concentration on making things often makes people feel calm; it can be a distraction and help to concentrate on something else.

## Specific Design Images

Look at some of the close up images from the frontal [here](#).

- Students could use these as a prompt for their own design for an Altar Frontal or banner or wall hanging.
- Give each student a piece of A5 or A6 paper to draw a design that they could then embroider, or make a small fabric collage of their design.
- The finished pieces could then either be sewn onto a larger piece of sheeting or could be attached using double sided iron on backing, to avoid large amounts of sewing up!

## Alternatively

Using a close up photos of the frontal, select a single flower or a bird and then reproduce a similar image to create flowers and birds that could be attached with fishing wire or similar to create a mobile effect art installation.

Here are some finished examples from St Paul's Cathedral:



© St Paul's Cathedral



© St Paul's Cathedral

The finished piece of art could be taken to the local church as part of an INSPIRE Event or put on display for an Assembly on INSPIRE. Take a photo of your finished art piece and post it with a description to @Oasis\_Inspire using #INSPIRE2018

## 2. City of Peace Activity

This activity is based on a workshop run by the Schools and Family Team at St Paul's Cathedral.

Show photos of the [Gerry Judah](#) Crosses which are currently on display at St Paul's Cathedral until November 2018.



**Ask** where have you seen a cross before? What does a cross mean to Christians?

**Explain** that these twin sculptures, by London artist Gerry Judah, are based on the shape and colour of the thousands of war grave white crosses placed in the war cemeteries across the world. On the arms of the cross are intricate models of modern and historical settlements destroyed by conflict – such as we see daily in our news today.

The installations encourage people to reflect on the effects of war, both 100 years ago and in our time, whilst also instilling a sense of hopefulness and a longing for peace.

**Explain** that one of the ideas that the artist wants to convey is one of hope and peace. He used buildings as part of his sculpture.

The photo below is of a model of a city of hope, designed by some primary students visiting St Paul's Cathedral. © St Paul's Cathedral

The photo below is of a model of a city of hope, designed by some primary students visiting St Paul's Cathedral. © St Paul's Cathedral.



**Ask** if you were to make a model of a city of hope and peace what would it look like?

Put students into small groups to work together to make a plan for a city of peace, ask them to describe what it would contain and why (the city could be in any shape possible).

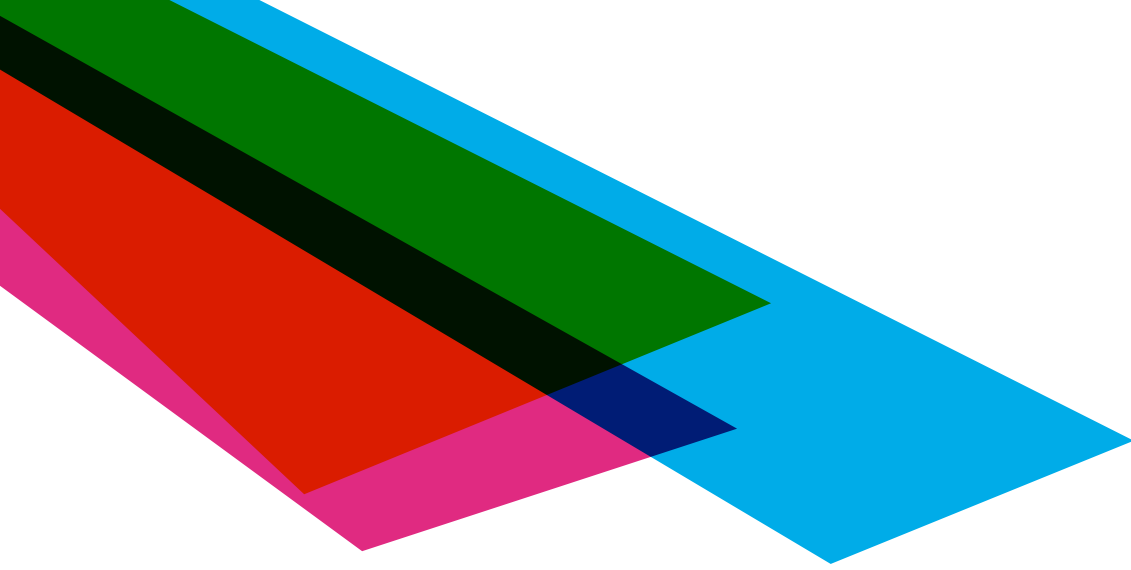
**Ask** students to then each produce one model/figure for part of the city that they can then build it together. This could be made using recycled materials. The students could then work together to construct their city of peace and put it on display.

The group then need to write a description of their model, the inspiration for their model, and explain what the different parts of their model represent.

**A suggestion would be for each class in the year group or school to construct a city that could be part of an INSPIRE display for parents to see, or put it on display in their local church.**

**Take a photo of your model and post it with a description to @Oasis\_Inspire using #INSPIRE2018**





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