

Family activity: Teardrop paintings

You will need: Strips of paper (10cm by 3cm is a good size), ready mix paint, water, baby oil (or vegetable oil, but this will give yellow drops!), containers for the paint.

- Water down some paint so that it is very thin and drip some drops of oil on top of it. If you like, you can stir the droplets so that they become smaller and more dispersed.
- Ask children to think of sad situations in the world or people they know who are sad. Take a piece of paper and lay it on top of the liquid. The paper will soak up the paint and oil, with the oil droplets making a 'tear drop' effect amongst the colour.
- Leave the paper to dry and pray that God will wipe away the tears of those you are praying for.