

Family activity: Painting with nature

You will need: Paint, paper, natural objects e.g. flowers, leaves, pine cones, sticks, stones, shells.

- Feel the textures of the natural objects and talk about the patterns you can see. Discuss how intricate nature can be and how much thought must have gone into creation. Which natural object do you think is the most beautiful? Why?
- Use the natural items to paint a picture with, using them to put the paint on the paper. Look at the different shapes and patterns you can make with them.
- Again, talk about what looks or feels beautiful and say thank you.