

In response to the biblical commission to care for each other and creation, the Church of England is encouraging congregations to think and act in a sustainable way.

At General Synod we wish to lead by example. As such we are seeking to promote 'Eco Synod'; collective and individual actions that reflect our commitment to creation care.

We acknowledge, that for various reasons, it is not possible for everyone to commit to all of these actions. As such, we encourage you to attempt to stick to at least five of them, remembering that all action creates change.

## TOP TEN TIPS

- Switch your document preferences from paper to online
- When planning your travel, prioritise public transport and car sharing
- Bring and use reusable mugs and bottles
- Participate in one meat free day or meal
- Turn off lights and electrical equipment in your hotel room and in any empty room you leave
- Take short showers and turn off taps
- Pray twice a day
- Recycle all paper that you don't need
- Use an online tool to calculate and offset your carbon footprint
- Begin a dialogue in your home dioceses, parishes and Churches about becoming more eco-friendly