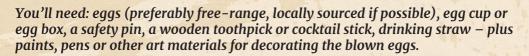
## **#Live Lent**

## Week 5 | Weekend Family activity: How to blow eggs



How to blow your egg:

Children – make sure you have an adult to help/supervise as you prepare your eggs.

- 1. Place a (raw) egg in an egg box or egg cup. Hold the egg firmly, use the tip of a safety pin to make a hole at the top of the egg in the centre.
- 2. When you've made a hole, widen the hole by pushing one end of the pin in carefully as far as it will go.
- 2. Now insert a cocktail stick or toothpick into the hole you have made, stirring it to break up the yolk and make it easier to remove the contents later.
- 3. Turn the egg over and make a second hole (a little bigger than the first if you can) on the opposite side with the safety pin. Again, use the cocktail stick/toothpick to break up the yolk inside.
- 4. Hold the egg over a bowl or jug, with the bigger hole facing downwards. Take a straw and fit it over the hole at the top of the egg and blow hard. This may take a minute or more, with the egg white coming out first, followed by the yolk.
- 5. When the contents are all out (and you only see bubbles at the bottom when you blow), you're ready to clean it the inside with water from the hot tap.
- 6. Using kitchen roll, wipe the egg carefully and leave it to dry.
- 7. When the egg is completely dry, you're ready to decorate it for Easter. Use paint, marker pens, glue and glitter whatever you like!

