

# Weekly Service for the Feast of Corpus Christi

Pre-recorded for Sunday 14th June 2020

With Rev Richard Springer and the congregation of St George-in-the-East

## THE GATHERING

*Fr. Richard Springer*

Welcome to St George in the East as we celebrate the Feast of Corpus Christi. I am Fr. Richard Springer the Rector of this parish. In our thanksgiving for Holy Communion and in our worship today we are reminded of our longing to partake together again in person at the Lord's table. We give thanks for the many contributions and the voices to our worship today, from members of our congregation who have (following the guidelines) recorded their parts of our worship at home.

Thank you to Alicia, to Doris, to David and the Nhlapo family, as well as our curate the Rev Alana Harris who reads the Gospel. We also hear stories from our neighbourhood here in East London, particularly from Jusna and Bethan, a Churchwarden in a neighbouring parish we collaborate together on issues of food, and Justice.

## OPENING HYMN

Lead us, heavenly Father, lead us

*Sung by the St Paul's Cathedral Choir of the Nation*

Lead us, heavenly Father, lead us  
o'er the world's tempestuous sea;  
guard us, guide us, keep us, feed us  
for we have no help but thee;  
yet possessing every blessing,  
if our God our Father be.

Saviour, breathe forgiveness o'er us;  
all our weakness thou dost know;  
thou didst tread this earth before us,  
thou didst feel its keenest woe;  
self-denying, death-defying  
thou to Calvary didst go.

Spirit of our God, descending,  
fill our hearts with heavenly joy,  
love with every passion blending,  
pleasure that can never cloy:  
thus provided, pardoned, guided,  
nothing can our peace destroy.

*Words: James Edmeston (1791-1867)*

*Tune: Mannheim*

In the name of the Father, and of the Son,  
and of the Holy Spirit.

**(All) Amen.**

The Lord be with you.

**(All) And also with you.**

As we prepare to celebrate the mystery of God's love,  
Revealed in Word and Sacrament,  
Let us call to mind our sins.

## **KYRIE ELEISON**

Lord Jesus, you raise us to new life:

**(All) Lord have mercy.**

Lord Jesus, you forgive our sins:

**(All) Christ have mercy.**

Lord Jesus, you feed us with your body and your blood:

**(All) Lord have mercy.**

## **ABSOLUTION**

Almighty God who forgives all those who truly repent,  
have mercy upon us, pardon and deliver us,  
from all our sins.

Confirm and strengthen us in all goodness,  
and keep us in life eternal through Jesus Christ our Lord.

**(All) Amen.**

As the forgiven people of God, let us now sing Glory to his name.

## **THE GLORIA**

**Glory to God, glory to God,  
glory to God in the highest.**

**Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father.  
We worship you, we give you thanks,  
we praise you for your glory.**

**Glory to God, glory to God,  
glory to God in the highest.**

Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us.  
You are seated at the right hand of the Father,  
receive our prayer.

Glory to God, glory to God,  
glory to God in the highest.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the most high, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.

Glory to God, Glory to God,  
Glory to God in the highest.

## THE COLLECT

Let us pray:

Lord Jesus Christ,  
we thank you that in this wonderful sacrament  
you have given us the memorial of your passion:  
Grant us so to reverence the sacred mysteries  
of your body and blood  
that we may know within ourselves  
and show forth in our lives  
the fruits of your redemption;  
For you are alive and reign with the Father  
In the unity of the Holy Spirit,  
One God, now and forever.

**(All) Amen.**

## THE LITURGY OF THE WORD

### NEW TESTAMENT READING

A reading from the Letter of Paul to the Corinthians.

For I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, 'This is my body that is for you.

Do this in remembrance of me.' In the same way he took the cup also, after supper, saying, 'This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.' For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

This is the word of the Lord.

**(All) Thanks be to God.**

### **GRADUAL HYMN**

**Just as I am, without one plea**

*Recorded remotely by the Choral Scholars of St Martin-in-the-Fields*

Just as I am, without one plea  
but that thy blood was shed for me,  
and that thou bidst me come to thee,  
O Lamb of God, I come.

Just as I am, though tossed about  
with many a conflict, many a doubt,  
fightings within and fears without,  
O Lamb of God, I come.

Just as I am, thou wilt receive,  
wilt welcome, pardon, cleanse, relieve:  
because thy promise I believe,  
O Lamb of God, I come.

Just as I am (thy love unknown  
has broken every barrier down),  
now to be thine, yea, thine alone,  
O Lamb of God, I come.

Just as I am, of that free love  
the breadth, length, depth, and height to prove,  
here for a season, then above,  
O Lamb of God, I come.

*Words: Charlotte Elliott (1789-1871)*

*Tune: Saffron Walden*

## THE GOSPEL

Alleluia, Alleluia.

I am the living bread that came down from heaven, says the Lord. Whoever eats of this bread will live for ever.

Hear the Gospel of our Lord Jesus Christ according to John.  
(All) **Glory to you, O Lord.**

John 6.51-58

I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

This is the Gospel of the Lord.

(All) **Praise to you, O Christ.**

## SHADWELL STORIES

*From Jusna, who attends Darul Ummah Mosque  
and Bethan, Churchwarden of St Mary's Cable Street, London*

## SERMON

Fr. Richard Springer

*Rector of St George-in-the-East*

## THE APOSTLES CREED

I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;

he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.  
Amen.

## PRAYERS OF INTERCESSION

Dear God, thank you that I get to be part of your Church, St Georges in East, at this moment. Thank you for the opportunity to pray your love, hope to the world, living in darkness and despair.

Lord in your Mercy  
**(All) Hear our prayer**

Your word says that if your people humble themselves, and turn away from wickedness, and call your name, that you will answer and heal their land.

Lord in your mercy  
**(All) Hear our prayer**

So, we, your people, are asking for your forgiveness for these times we've chosen not to love the people you put in front of us.

Lord in your mercy  
**(All) Hear our prayer**

Allow this season to strengthen your church and to remind us of how much you love this hurting world.

Lord in your mercy  
**(All) Hear our prayer**

Please heal our land and use us to meet the needs of others. Grow our faith as you grow our church, come, Lord Jesus, and do what only you can do.

Lord in your mercy  
**(All) Hear our prayer**

Our Father in heaven give George Floyd's family the strength to endure this difficult season and give their connection with you and your people. Empower them with an extra dose of your love, peace, hope and joy, because they need it.

Lord in your mercy  
**(All) Hear our prayer**

Father, remind us of your promises, and please heal our land in Jesus' name.

Merciful Father accept these prayers through Jesus Christ our saviour.

**(All) Amen**

## THE LITURGY OF THE SACRAMENT

### THE PEACE

We are the body of Christ.  
In the one Spirit we were all baptised into one body.  
Let us then pursue all that makes for peace  
and builds up our common life.

The peace of the Lord be always with you.  
**(All) And also with you.**

### OFFERTORY MUSIC

#### **Bread for the world**

*Recorded remotely by Nils Greenhow (tenor) and Gavin Roberts (piano) from their homes this week*

*Bread for the world:  
a world of hunger.  
Wine for all peoples:  
people who thirst.  
May we who eat  
be bread for others.  
May we who drink  
pour out our love.*

Lord Jesus Christ,  
you are the bread of life,  
broken to reach  
and heal the wounds  
of human pain.  
Where we divide your people,  
you are waiting there  
on bended knee  
to wash our feet with endless care.

*Bread for the world:  
a world of hunger.  
Wine for all peoples:  
people who thirst.  
May we who eat  
be bread for others.  
May we who drink  
pour out our love.*

Lord Jesus Christ,  
you are the wine of peace,  
poured into hearts once broken  
and where dryness sleeps.  
Where we are tired and weary,  
you are waiting there  
to be the way which beckons us  
beyond despair.

*Bread for the world:  
a world of hunger.  
Wine for all peoples:  
people who thirst.  
May we who eat  
be bread for others.  
May we who drink  
pour out our love.*

Lord Jesus Christ,  
you call us to your feast,  
at which the rich and pow'rful  
have become the least.  
Where we survive on others  
in our human greed,  
you walk among us  
begging for your ev'ry need.

*Bread for the world:  
a world of hunger.  
Wine for all peoples:  
people who thirst.  
May we who eat  
be bread for others.  
May we who drink  
pour out our love.*

*Words and Music: © Bernadette Farrell*



## THE EUCHARISTIC PRAYER

God our sustainer,  
receive the gifts we bring before you,  
and feed us continually with that bread which satisfies all  
hunger, your Son our Saviour Jesus Christ.

The Lord be with you.  
**(All) And also with you.**

Lift up your hearts.  
**(All) We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**(All) It is right to give thanks and praise.**

It is indeed right and good,  
our duty and our salvation  
always and everywhere to give you thanks and praise  
holy Father, almighty and eternal God,  
through Jesus Christ our great high priest.  
He offered himself to you as the Lamb without blemish,  
the acceptable gift that gives you perfect praise.  
At the Last Supper, seated with his apostles,  
he left this memorial of his passion  
to bring us its saving power until the end of time.  
In this great sacrament you feed your people  
and strengthen them in holiness,  
so that throughout the world the human family  
may be enlightened by one faith  
and drawn together in one communion of love.  
We come to this foretaste of your heavenly banquet  
to be transformed by your grace  
and restored in the image and likeness of the risen Christ.  
Therefore earth unites with heaven  
to sing a new song of praise;  
we too join with angels and archangels  
as they proclaim your glory without end:

**(All) Holy, holy, holy Lord,  
God of power and might,  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he,  
who comes in the name of the Lord.  
Hosanna in the highest.**

We praise and bless you, loving Father,  
through Jesus Christ, our Lord;  
and as we obey his command,  
send now your Holy Spirit,  
so that broken bread and wine outpoured  
may be for us the body, the blood of your dear Son.

On the night before he died he had supper with his friends  
and, taking bread, he praised you.  
He broke the bread, gave it to them and said:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

When supper was ended he took the cup of wine.  
Again he praised you, gave it to them and said:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of  
sins. Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,  
and in him we plead with confidence his sacrifice  
made once for all upon the cross.  
Bringing before you the bread of life and cup of salvation,  
we proclaim his death and resurrection  
until he comes in glory.

Great is the mystery of faith:

**(All) Christ has died, Christ is risen, Christ will come again.**

Lord of all life,  
help us to work together for that day  
when your kingdom comes  
and when justice and mercy shall be seen in all the earth.  
Look now with favour on your people,  
gather us in your loving arms  
and bring us together with all of the saints  
to feast at your table in heaven.  
Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit,  
all honour and glory belong to you, O loving Father,  
for ever and ever.

**(All) Amen.**

## THE LORD'S PRAYER

(All) Our Father who art in heaven,  
Hallowed be thy name.  
Thy kingdom come,  
Thy will be done,  
On earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
As we forgive those who trespass against us.  
Lead us not into temptation,  
But deliver us from evil.  
For thine is the kingdom,  
The power and the glory,  
Forever and ever. Amen.

## BREAKING OF THE BREAD

(All) Lamb of God, you take away the sin of the world,  
have mercy on us.

Lamb of God, you take away the sin of the world,  
have mercy on us.

Lamb of God, you take away the sin of the world,  
grant us peace.

## THE COMMUNION

Behold the Lamb of God.  
Behold him who takes away the sin of the world.  
Blessed are those who are called unto His supper.

Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.

## SPIRITUAL COMMUNION PRAYER

(All) O loving God, in union with Christian people throughout the world and across centuries gathered together to make Eucharist, hearing your holy Word and receiving your precious Body and Blood of your dear Son, I offer you praise and thanksgiving. Even though I am exiled from tasting the Bread of Heaven and drinking the Cup of Life. I pray that you will unite me with all the baptised and with your Son who gave His life for us. Come, Lord Jesus, dwell in me and send your Holy Spirit that I may be filled with your presence.

## POST COMMUNION HYMN

### Sweet Sacrament Divine

*Recorded remotely by the Choral Scholars of St Martin-in-the-Fields*

Sweet Sacrament divine,  
hid in thine earthly home,  
lo, round thy lowly shrine,  
with suppliant hearts we come;  
Jesus, to thee our voice we raise  
in songs of love and heartfelt praise:  
sweet Sacrament divine.  
sweet Sacrament divine.

Sweet Sacrament of peace,  
dear home for every heart,  
where restless yearnings cease  
and sorrows all depart;  
there in thine ear all trustfully  
we tell our tale of misery:  
sweet Sacrament of peace.  
sweet Sacrament of peace.

Sweet Sacrament divine,  
earth's light and jubilee,  
in thy far depths doth shine  
thy Godhead's majesty;  
sweet light, so shine on us, we pray  
that earthly joys may fade away:  
sweet Sacrament divine.  
sweet Sacrament divine.

*Words: Francis Stanfield (1835-1914)  
Tune: Divine Mysteries*

### The Prayer after Communion.

All praise to you, our God and Father,  
for you have fed us with the bread of heaven  
and quenched our thirst from the true vine:  
hear our prayer that, being grafted into Christ,  
we may grow together in unity  
and feast with him in his kingdom;  
through Jesus Christ our Lord.  
**Amen.**

**THE BLESSING**

The Lord be with you.  
(All) **And also with you.**

Christ, who has nourished us with himself the living bread,  
make you one in praise and love,  
and raise you up at the last day;  
and the blessing of God almighty  
the Father, the Son and the Holy Spirit  
be among you and remain with you always.  
(All) **Amen.**

The Mass is ended. Go in the peace of Christ.  
(All) **Thanks be to God.**

**HYMN**

**Alleluia, Sing to Jesus**

*Sung by the St Paul's Cathedral Choir of the Nation*

Alleluia, sing to Jesus!  
his the sceptre, his the throne;  
Alleluia, his the triumph,  
his the victory alone:  
hark, the songs of peaceful Sion  
thunder like a mighty flood;  
Jesus out of every nation  
hath redeemed us by his blood.

Alleluia, not as orphans  
are we left in sorrow now;  
Alleluia, he is near us,  
faith believes, nor questions how:  
though the cloud from sight received him,  
when the forty days were o'er,  
shall our hearts forget his promise,  
'I am with you evermore'?

Alleluia, bread of angels,  
thou on earth our food, our stay;  
Alleluia, here the sinful  
flee to thee from day to day:  
Intercessor, Friend of sinners,  
earth's Redeemer, plead for me,  
where the songs of all the sinless  
sweep across the crystal sea.

Alleluia, King eternal,  
thee the Lord of lords we own;  
Alleluia, born of Mary,  
earth thy footstool, heaven thy throne:  
thou within the veil hast entered,  
robed in flesh, our great High Priest;  
thou on earth both Priest and Victim  
in the eucharistic feast.

*Words: William Chatterton Dix (1837-1898)*  
*Tune: Hyfrydol*

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