

# GENERAL SYNOD

February 8-10, 2022



THE CHURCH  
OF ENGLAND

**WORSHIP**

**Tuesday February 8<sup>th</sup>***page*

1.05 pm	Holy Communion in Chapel (CW)	
1.45 pm	Opening Worship in the Assembly Hall (CW Prayer during the Day)	3
7.00 pm	Closing Worship in the Assembly Hall (CW Evening Prayer, led by the Community of St Anselm)	7

**Wednesday February 9<sup>th</sup>**

9.00 am	Holy Communion in the Assembly Hall (CW) Celebrant: the Archbishop of Canterbury Preacher: the Archbishop of York	15
1.05 pm	Midday Prayers in Chapel (CW)	25
7.00 pm	Closing Worship in the Assembly Hall (BCP Evening Prayer)	29

**Thursday February 10<sup>th</sup>**

9.00 am	Opening Worship in the Assembly Hall (CW Morning Prayer)	37
1.05 pm	Holy Communion in Chapel (BCP)	

[CW = Common Worship BCP = Book of Common Prayer]

Please note that service books will be available in Chapel for the Holy Communion services there

TUESDAY 8 FEBRUARY 2022  
OPENING WORSHIP

Prayer during the day

*Please join in all texts in **bold**.*

*All please stand (if you are able).*

O God, make speed to save us.  
**O Lord, make haste to help us.**

To you, O Lord, I lift up my soul.  
**O my God, in you I trust.**

Chant

*We sing three times:*

**O Lord, hear my prayer,  
O Lord, hear my prayer;  
when I call answer me.  
O Lord, hear my prayer,  
O Lord, hear my prayer;  
come and listen to me.**

*Please sit.*

# The Word of God

## *Psalm 17.1-8*

Hear my just cause, O Lord; consider my complaint;  
listen to my prayer, which comes not from lying lips.

**Let my vindication come forth from your presence;  
let your eyes behold what is right.**

Weigh my heart, examine me by night,  
refine me, and you will find no impurity in me.

**My mouth does not trespass for earthly rewards;  
I have heeded the words of your lips.**

My footsteps hold fast in the ways of your commandments;  
my feet have not stumbled in your paths.

**I call upon you, O God, for you will answer me;  
incline your ear to me, and listen to my words.**

Show me your marvellous loving-kindness,  
O Saviour of those who take refuge at your right hand  
from those who rise up against them.

**Keep me as the apple of your eye;  
hide me under the shadow of your wings.**

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

## Reading

They shall see the glory of the Lord, the majesty of our God. Strengthen the weak hands, and make firm the feeble knees. Say to those who are of a fearful heart, 'Be strong, do not fear! Here is your God. He will come with vengeance, with terrible recompense. He will come and save you.' Then the eyes of the blind shall be opened, and the ears of the deaf unstopped; then the lame shall leap like a deer, and the tongue of the speechless sing for joy. For waters shall break forth in the wilderness, and streams in the desert.

*Isaiah 35.2c-6*

## Response

Jesus said, I am the light of the world.

**Whoever follows me will have the light of life.**

## Prayers

*Concluding with the Prayer of Thanksgiving for the Accession of Her Majesty the Queen:*

Almighty God, who rulest over all the kingdoms of the world, and dost order them according to thy good pleasure: We yield thee unfeigned thanks, for that thou wast pleased to set thy Servant our Sovereign Lady, Queen Elizabeth, upon the Throne of this Realm. Let thy wisdom be her guide, and let thine arm strengthen her; let truth and justice, holiness and righteousness, peace and charity, abound in her days; direct all her counsels and endeavours to thy glory, and the welfare of her subjects; give us grace to obey her cheerfully for conscience sake, and let her always possess the hearts of her people; let her reign be long and prosperous, and crown her with everlasting life in the world to come; through Jesus Christ our Lord.

**Amen.**

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

## Conclusion

May Christ our redeemer bring us healing and wholeness.  
**Amen.**

TUESDAY 8 FEBRUARY 2022  
CLOSING WORSHIP

Evening Prayer

*Led by the Community of St Anselm*

*Please join in all texts in **bold**.*

*We begin seated.*

O God, make speed to save us.

**O Lord, make haste to help us.**

Blessed are you, Lord God, creator of day and night:  
to you be praise and glory for ever.

As darkness falls you renew your promise  
to reveal among us the light of your presence.

By the light of Christ, your living Word,  
dispel the darkness of our hearts

that we may walk as children of light  
and sing your praise throughout the world.

Blessed be God, Father, Son and Holy Spirit:

**Blessed be God for ever.**

That this evening may be holy, good and peaceful,  
let us pray with one heart and mind.

*Silence is kept.*

As our evening prayer rises before you, O God,  
so may your mercy come down upon us  
to cleanse our hearts  
and set us free to sing your praise  
now and for ever.

**Amen.**

## The Word of God

*Psalm 33.1-15*

Rejoice in the Lord, O you righteous,  
for it is good for the just to sing praises.

**Praise the Lord with the lyre;  
on the ten-stringed harp sing his praise.**

Sing for him a new song;  
play skilfully, with shouts of praise.

**For the word of the Lord is true  
and all his works are sure.**

He loves righteousness and justice;  
the earth is full of the loving-kindness of the Lord.

**By the word of the Lord were the heavens made  
and all their host by the breath of his mouth.**

He gathers up the waters of the sea as in a waterskin  
and lays up the deep in his treasury.

**Let all the earth fear the Lord;  
stand in awe of him, all who dwell in the world.**

For he spoke, and it was done;  
he commanded, and it stood fast.

**The Lord brings the counsel of the nations to naught;  
he frustrates the designs of the peoples.**

But the counsel of the Lord shall endure for ever  
and the designs of his heart from generation to generation.



**Happy the nation whose God is the Lord  
and the people he has chosen for his own.**

The Lord looks down from heaven  
and beholds all the children of earth.

**From where he sits enthroned he turns his gaze  
on all who dwell on the earth.**

He fashions all the hearts of them  
and understands all their works.

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

## Canticle

I saw the holy city  
**coming down out of heaven from God.**

I saw a new heaven and a new earth,  
for the first heaven and the first earth had passed away  
and the sea was no more.

**And I saw the holy city, new Jerusalem,  
coming down out of heaven from God,  
prepared as a bride adorned for her husband.**

And I heard a great voice from the throne saying,  
'Behold, the dwelling of God is among mortals.

**'He will dwell with them and they shall be his peoples,  
and God himself will be with them.**

'He will wipe every tear from their eyes,  
and death shall be no more.

**'Neither shall there be mourning,  
nor crying, nor pain any more,  
for the former things have passed away.'**

And the One who sat upon the throne said,  
'Behold, I make all things new.'

*Revelation 21.1-5a*

**To the One who sits on the throne and to the Lamb  
be blessing and honour and glory and might,  
for ever and ever. Amen.**

**I saw the holy city  
coming down out of heaven from God.**

## Reading

Jesus said to his disciples, 'This is my commandment, that you love one another as I have loved you. No one has greater love than this, to lay down one's life for one's friends. You are my friends if you do what I command you. I do not call you servants any longer, because the servant does not know what the master is doing; but I have called you friends, because I have made known to you everything that I have heard from my Father.

You did not choose me but I chose you. And I appointed you to go and bear fruit, fruit that will last, so that the Father will give you whatever you ask him in my name. I am giving you these commands so that you may love one another.'

*John 15.12-17*

## Responsory

Open my eyes, O Lord,  
that I may see the wonders of your law.

**Open my eyes, O Lord,  
that I may see the wonders of your law.**

Lead me in the path of your commandments  
**that I may see the wonders of your law.**

Glory to the Father and to the Son  
and to the Holy Spirit.

**Open my eyes, O Lord,  
that I may see the wonders of your law.**

*From Ps 119*

*Please stand, if you are able.*

## Magnificat

**Tell out, my soul, the greatness of the Lord:  
unnumbered blessings give my spirit voice;  
tender to me the promise of his word;  
in God my Saviour shall my heart rejoice.**

**Tell out, my soul, the greatness of his name:  
make known his might, the deeds his arm has done;  
his mercy sure, from age to age to same;  
his holy Name - the Lord, the Mighty One.**

**Tell out, my soul, the greatness of his might:  
powers and dominions lay their glory by.  
Proud hearts and stubborn wills are put to flight,  
the hungry fed, the humble lifted high.**

**Tell out, my soul, the glories of his word:  
firm is his promise, and his mercy sure.  
Tell out, my soul, the greatness of the Lord  
to children's children and for evermore!**

*Please sit.*

## Prayers

*Concluding with the Collect:*

O God, you know us to be set  
in the midst of so many and great dangers,  
that by reason of the frailty of our nature  
we cannot always stand upright:  
grant to us such strength and protection  
as may support us in all dangers  
and carry us through all temptations;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen.**

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.**

**And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

*Please stand.*

## Hymn

**Faithful vigil ended,  
watching, waiting cease;  
Master, grant your servant  
his discharge in peace.**

**All the Spirit promised,  
all the Father willed,  
now these eyes behold it  
perfectly fulfilled.**

**This your great deliverance  
sets your people free;  
Christ their light uplifted  
all the nations see.**

**Christ, your people's glory!  
Watching, doubting cease:  
grant to us your servants  
our discharge in peace.**

## Conclusion

**The grace of our Lord Jesus Christ  
and the love of God  
and the fellowship of the Holy Spirit  
be with us all evermore.  
Amen.**

Let us bless the Lord.  
**Thanks be to God.**

WEDNESDAY 9 JANUARY 2022

## Holy Eucharist

*Please join in all texts in **bold**.*

*Please stand (if you are able).*

In the name of the Father  
and of the Son and of the Holy Spirit.

**Amen.**

Peace be with you  
**and also with you.**

*The Archbishop introduces the service, beginning with the Rite of  
Penitence*

**Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned  
in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly, love mercy,  
and walk humbly with you, our God. Amen**

Almighty God, who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.  
**Amen.**

## Gloria

**Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated  
at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**



## Collect

O God,  
you know us to be set  
in the midst of so many and great dangers,  
that by reason of the frailty of our nature  
we cannot always stand upright:  
grant to us such strength and protection  
as may support us in all dangers  
and carry us through all temptations;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen.**

*Please sit.*

## Readings

A reading from the First Book of the Kings.

When the queen of Sheba heard of the fame of Solomon, (fame due to the name of the LORD), she came to test him with hard questions. She came to Jerusalem with a very great retinue, with camels bearing spices, and very much gold, and precious stones; and when she came to Solomon, she told him all that was on her mind. Solomon answered all her questions; there was nothing hidden from the king that he could not explain to her. When the queen of Sheba had observed all the wisdom of Solomon, the house that he had built, the food of his table, the seating of his officials, and the attendance of his servants, their clothing, his valets, and his burnt-offerings that he offered at the house of the LORD, there was no more spirit in her.

So she said to the king, 'The report was true that I heard in my own land of your accomplishments and of your wisdom, but I did not believe the reports until I came and my own eyes had seen it. Not even half had been told me; your wisdom and prosperity far surpass the report that I had heard. Happy are your wives! Happy are these your servants, who continually attend you and hear your wisdom! Blessed be the LORD your God, who has delighted in you and set you on the throne of Israel! Because the LORD loved Israel for ever, he has made you king to execute justice and righteousness.' Then she gave the king one hundred and twenty talents of gold, a great quantity of spices, and precious stones; never again did spices come in such quantity as that which the queen of Sheba gave to King Solomon.

This is the word of the Lord.

**Thanks be to God.**

*1 Kings 10.1-10*

*Please stand.*

## The Gospel

Alleluia, alleluia.

We do not live by bread alone,  
but by every word that comes from the mouth of God

**Alleluia.**

The Lord be with you:

**And also with you.**

Hear the Holy Gospel of our Lord Jesus Christ according to Mark.

**Glory to you, O Lord.**

Then Jesus called the crowd again and said to them, 'Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile.'

When he had left the crowd and entered the house, his disciples asked him about the parable. He said to them, 'Then do you also fail to understand? Do you not see that whatever goes into a person from outside cannot defile, since it enters, not the heart but the stomach, and goes out into the sewer?' (Thus he declared all foods clean.) And he said, 'It is what comes out of a person that defiles. For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person.'

This is the Gospel of the Lord.

**Praise to you, O Christ.**

*Mark 7.14-23*

*Please sit.*

Homily

Prayers of Intercession

Lord, in your mercy,  
**hear our prayer.**

Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ. Amen.**

*Please stand.*

## Peace

We are all one in Christ Jesus.  
We belong to him through faith,  
heirs of the promise of the Spirit of peace

The peace of the Lord be always with you,  
**and also with you.**

## Preparation of the Table

**All for Jesus! all for Jesus!  
This our song shall ever be:  
for we have no hope, nor Saviour,  
if we have not hope in thee.**

**All for Jesus! thou wilt give us  
strength to serve thee hour by hour;  
none can move us from thy presence  
while we trust thy love and power.**

**All for Jesus! at thine altar  
thou didst give us sweet content;  
there dear Saviour we receive thee,  
in thy holy sacrament.**

**All for Jesus! all for Jesus!  
This the Church's song shall be  
till at last the flock is gathered,  
one in love and one in thee.**

## **Eucharistic Prayer (F)**

The Lord be with you  
**and also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

*During the prayer we say*

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*Please sit.*

The prayer continues, during which we say

Great is the mystery of faith:  
**Christ has died:  
Christ is risen:  
Christ will come again.**

At the end

... all honour and glory be yours, almighty Father,  
for ever and ever.  
**Amen.**

## Lord's Prayer

**Our Father,  
who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power, and the glory,  
for ever and ever. Amen.**

## Breaking of the Bread

We break this bread to share in the body of Christ.  
**Though we are many, we are one body,  
because we all share in one bread.**

**Lamb of God, you take away the sin of the world,  
have mercy on us.**

**Lamb of God, you take away the sin of the world,  
have mercy on us.**

**Lamb of God, you take away the sin of the world,  
grant us peace.**

## Communion

Jesus is the Lamb of God  
who takes away the sins of the world.  
Blessed are those who are called to his supper.  
**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*Communion will be offered in one kind, at various stations including in the Gallery.*

## Prayers after Communion

*Please stand*

Let us pray:

Go before us, Lord, in all we do  
with your most gracious favour,  
and guide us with your continual help,  
that in all our works  
begun, continued and ended in you,  
we may glorify your holy name,  
and finally by your mercy receive everlasting life;  
through Jesus Christ our Lord.  
Amen.

## Blessing and Dismissal

The Lord be with you.

**And also with you.**

The God of hope fill you with all joy and peace in believing;  
and the blessing of God almighty  
the Father, the Son and the Holy Spirit  
be upon you and remain with you always.  
Amen.

Go in the peace of Christ.

**Thanks be to God.**



WEDNESDAY 9 JANUARY 2022

## Midday Prayers

*Please join in all texts in **bold***

O God, make speed to save us.

**O Lord, make haste to help us.**

Make me to know your ways, O Lord.

**and teach me your paths.**

*Please sit.*

## The Word of God

*Psalm 48*

Great is the Lord and highly to be praised,  
in the city of our God.

**His holy mountain is fair and lifted high,  
the joy of all the earth.**

On Mount Zion, the divine dwelling place,  
stands the city of the great king.

**In her palaces God has shown himself  
to be a sure refuge.**

For behold, the kings of the earth assembled  
and swept forward together.

**They saw, and were dumbfounded;  
dismayed, they fled in terror.**

Trembling seized them there;  
they writhed like a woman in labour,  
as when the east wind shatters the ships of Tarshish.

**As we had heard, so have we seen  
in the city of the Lord of hosts, the city of our God:  
God has established her for ever.**

We have waited on your loving-kindness, O God,  
in the midst of your temple.

**As with your name, O God,  
so your praise reaches to the ends of the earth;  
your right hand is full of justice.**

Let Mount Zion rejoice and the daughters of Judah be glad,  
because of your judgements, O Lord.

**Walk about Zion and go round about her;  
count all her towers;  
consider well her bulwarks; pass through her citadels,**

That you may tell those who come after  
that such is our God for ever and ever.  
It is he that shall be our guide for evermore.

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

## Reading

In days to come the mountain of the Lord's house shall be established as the highest of the mountains, and shall be raised up above the hills. Peoples shall stream to it, and many nations shall come and say: 'Come, let us go up to the mountain of the Lord, to the house of the God of Jacob; that he may teach us his ways and that we may walk in his paths.' For out of Zion shall go forth instruction, and the word of the Lord from Jerusalem.

He shall judge between many peoples, and shall arbitrate between strong nations far away; they shall beat their swords into ploughshares, and their spears into pruning-hooks; nation shall not lift up sword against nation, neither shall they learn war any more; but they shall all sit under their own vines and under their own fig trees, and no one shall make them afraid.

*Micah 4.1-4a*

## Response

Jesus said, I am the way, and the truth and the life.  
**No one comes to the Father except through me.**

*John 14.6*

## Prayers

*There will be a time of informal shared prayer.*

O God,  
you know us to be set  
in the midst of so many and great dangers,  
that by reason of the frailty of our nature  
we cannot always stand upright:  
grant to us such strength and protection  
as may support us in all dangers  
and carry us through all temptations;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
**Amen.**

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

## Conclusion

May God grant to the world justice, truth and peace.  
**Amen.**

WEDNESDAY 9 FEBRUARY 2022

## Evening Prayer

*Please join in all texts in **bold**.*

*All please stand (if you are able).*

The sacrifices of God are a broken spirit: a broken and a contrite heart, O  
God, thou wilt not despise *Psalm 51.17*

O Lord, open thou our lips.

**And our mouth shall shew forth thy praise.**

O God, make speed to save us.

**O Lord, make haste to help us.**

Glory be to the Father, and to the Son, and to the Holy Ghost;

**As it was in the beginning, is now, and ever shall be,  
world without end. Amen.**

Praise ye the Lord.

**The Lord's Name be praised.**

Hymn

**Christ triumphant, ever reigning,  
Saviour, Master, King!  
Lord of heaven, our lives sustaining,  
hear us as we sing:  
Yours the glory and the crown,  
the high renown, the eternal name.**

**Word incarnate, truth revealing,  
Son of Man on earth!  
power and majesty concealing  
by your humble birth:  
Yours the glory and the crown,  
the high renown, the eternal name.**

**Suffering servant, scorned, ill-treated,  
victim crucified!  
death is through the cross defeated,  
sinners justified:  
Yours the glory and the crown,  
the high renown, the eternal name.**

**Priestly king, enthroned for ever  
high in heaven above!  
sin and death and hell shall never  
stifle hymns of love:  
Yours the glory and the crown,  
the high renown, the eternal name.**

**So, our hearts and voices raising  
through the ages long,  
ceaselessly upon you gazing,  
this shall be our song:  
Yours the glory and the crown,  
the high renown, the eternal name.**

*Please sit.*

## Psalm 47

Clap your hands together, all ye people  
O sing unto God with the voice of melody.

**For the Lord is high, and to be feared  
he is the great King upon all the earth.**

He shall subdue the people under us  
and the nations under our feet.

**He shall choose out an heritage for us  
even the worship of Jacob, whom he loved.**

God is gone up with a merry noise  
and the Lord with the sound of the trump.

**O sing praises, sing praises unto our God  
O sing praises, sing praises unto our King.**

For God is the King of all the earth  
sing ye praises with understanding.

**God reigneth over the heathen  
God sitteth upon his holy seat.**

The princes of the people are joined unto the people of the God of  
Abraham for God, which is very high exalted, doth defend the earth,  
as it were with a shield.

**Glory be to the Father, and to the Son and to the Holy Ghost.  
As it was in the beginning is now and ever shall be,  
world without end, Amen.**

## Reading

The Lesson is taken from the Gospel according to St John.

Jesus said to his disciples, 'If the world hates you, be aware that it hated me before it hated you. If you belonged to the world, the world would love you as its own. Because you do not belong to the world, but I have chosen you out of the world—therefore the world hates you. Remember the word that I said to you, "Servants are not greater than their master." If they persecuted me, they will persecute you; if they kept my word, they will keep yours also. But they will do all these things to you on account of my name, because they do not know him who sent me. If I had not come and spoken to them, they would not have sin; but now they have no excuse for their sin. Whoever hates me hates my Father also. If I had not done among them the works that no one else did, they would not have sin. But now they have seen and hated both me and my Father. It was to fulfil the word that is written in their law, "They hated me without a cause."

'When the Advocate comes, whom I will send to you from the Father, the Spirit of truth who comes from the Father, he will testify on my behalf. You also are to testify because you have been with me from the beginning.'

Here ends the Lesson.

*John 15.18-end*

*Please stand*



# Magnificat

**My soul proclaims you, mighty God.  
My spirit sings your praise.  
You look on me, you lift me up,  
and gladness fills my days.**

**All nations now will share my joy;  
your gifts you have outpoured.  
Your little one you have made great;  
I magnify my Lord.**

**For those who love your holy name,  
your mercy will not die.  
Your strong right arm puts down the proud  
and lifts the lowly high.**

**You fill the hungry with good things,  
the rich you send away.  
The promise made to Abraham  
is filled to endless day.**

**To Father, Son and Holy Ghost,  
be glory, wonder and praise.  
As it was, is now and evermore,  
Amen, to the end of days.**

*Words: Anne Carter; last verse adapted.*

*Music: 'Amazing Grace', American trad. arr. Edwin Excell*

## Apostles' Creed

**I believe in God the Father Almighty,  
Maker of heaven and earth:  
And in Jesus Christ his only Son our Lord,  
Who was conceived by the Holy Ghost,  
Born of the Virgin Mary,  
Suffered under Pontius Pilate,  
Was crucified, dead, and buried:  
He descended into hell;  
The third day he rose again from the dead;  
He ascended into heaven,  
And sitteth on the right hand of God the Father Almighty;  
From thence he shall come to judge the quick and the dead.  
I believe in the Holy Ghost;  
The holy Catholick Church;  
The Communion of Saints;  
The Forgiveness of sins;  
The Resurrection of the body,  
And the Life everlasting.  
Amen.**

## Responses and Collects

The Lord be with you.  
**And with thy spirit.**  
Let us pray.

*Please sit*

Lord, have mercy upon us.  
**Christ, have mercy upon us.**  
Lord, have mercy upon us.

**Our Father, which art in heaven,  
Hallowed be thy Name,  
Thy kingdom come,  
Thy will be done, in earth as it is in heaven.  
Give us this day our daily bread;  
And forgive us our trespasses,  
As we forgive them that trespass against us;  
And lead us not into temptation,  
But deliver us from evil. Amen.**

O Lord, shew thy mercy upon us.  
**And grant us thy salvation.**  
O Lord, save the Queen.  
**And mercifully hear us when we call upon thee.**  
Endue thy Ministers with righteousness.  
**And make thy chosen people joyful.**  
O Lord, save thy people.  
**And bless thine inheritance.**  
Give peace in our time, O Lord.  
**Because there is none other that fighteth for us,  
but only thou, O God.**  
O God, make clean our hearts within us.  
**And take not thy Holy Spirit from us.**

O Lord, we beseech thee to keep thy Church and household continually in thy true religion; that they who do lean only upon the hope of thy heavenly grace may evermore be defended by thy mighty power; through Jesus Christ our Lord.  
**Amen**

O God, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give; that both our hearts may be set to obey thy commandments, and also that by thee we being defended from the fear of our enemies may pass our time in rest and quietness; through the merits of Jesus Christ our Saviour.

**Amen**

Lighten our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Saviour, Jesus Christ.

**Amen**

## Prayers

**The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with us all, evermore.**

**Amen.**

THURSDAY 10 FEBRUARY 2022

## Morning Prayer

*Please join in all texts in **bold***

*All please stand (if you are able).*

O Lord open our lips.  
**and our mouth shall proclaim your praise.**

Your faithful servants bless you.  
**They make known the glory of your kingdom.**

Blessed are you, Sovereign God, creator of all,  
to you be glory and praise for ever.  
You founded the earth in the beginning  
and the heavens are the work of your hands.  
In the fullness of time you made us in your image,  
and in these last days you have spoken to us  
in your Son Jesus Christ, the Word made flesh.  
As we rejoice in the gift of your presence among us  
let the light of your love always shine in our hearts,  
your Spirit ever renew our lives  
and your praises ever be on our lips.  
Blessed be God, Father, Son and Holy Spirit.  
**Blessed be God for ever.**

*Please sit.*

The night has passed and the day lies open before us;  
let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you,  
now and for ever.

**Amen.**

*Please sit.*

## The Word of God

*Psalm 37.1-9*

Fret not because of evildoers;  
be not jealous of those who do wrong.

**For they shall soon wither like grass  
and like the green herb fade away.**

Trust in the Lord and be doing good;  
dwell in the land and be nourished with truth.

**Let your delight be in the Lord  
and he will give you your heart's desire.**

Commit your way to the Lord and put your trust in him,  
and he will bring it to pass.

**He will make your righteousness as clear as the light  
and your just dealing as the noonday.**

Be still before the Lord and wait for him;  
do not fret over those that prosper  
as they follow their evil schemes.

**Refrain from anger and abandon wrath;  
do not fret, lest you be moved to do evil.**

For evildoers shall be cut off,  
but those who wait upon the Lord shall possess the land.

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

Chant

*We sing three times:*

**In the Lord I'll be ever thankful,  
in the Lord, I will rejoice!  
Look to God, do not be afraid;  
lift up your voices: the Lord is near,  
lift up your voices: the Lord is near.**

Reading

Jesus set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophenician origin. She begged him to cast the demon out of her daughter. He said to her, 'Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs.' But she answered him, 'Sir, even the dogs under the table eat the children's crumbs.' Then he said to her, 'For saying that, you may go—the demon has left your daughter.' So she went home, found the child lying on the bed, and the demon gone.

*Mark 7.24-30*

## Reflection

*The Chaplain*

*Please stand*

## Benedictus

You promised, O God, to save us from our enemies,  
**from the hands of all that hate us.**

Blessed be the Lord the God of Israel,  
who has come to his people and set them free.

**He has raised up for us a mighty Saviour,  
born of the house of his servant David.**

Through his holy prophets God promised of old  
to save us from our enemies,

from the hands of all that hate us,

**To show mercy to our ancestors,  
and to remember his holy covenant.**

This was the oath God swore to our father Abraham:

to set us free from the hands of our enemies,

**Free to worship him without fear,  
holy and righteous in his sight  
all the days of our life.**

And you, child, shall be called the prophet of the Most High,  
for you will go before the Lord to prepare his way,

**To give his people knowledge of salvation  
by the forgiveness of all their sins.**

In the tender compassion of our God

the dawn from on high shall break upon us,



**To shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.**

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

**You promised, O God, to save us from our enemies,  
from the hands of all that hate us.**

*Please sit.*

## Prayers

In communion with all the saints,  
let us commend the world to the mercy and protection of God.  
**Amen.**

O God,  
you know us to be set  
in the midst of so many and great dangers,  
that by reason of the frailty of our nature  
we cannot always stand upright:  
grant to us such strength and protection  
as may support us in all dangers  
and carry us through all temptations;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
**Amen.**

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

## Conclusion

The Lord bless us, and preserve us from all evil,  
and keep us in eternal life.  
**Amen.**

Let us bless the Lord.  
**Thanks be to God.**

If you would like to be involved in worship at future Synod gatherings, please contact the Chaplain, Andrew Hammond, at [synodchaplain@gmail.com](mailto:synodchaplain@gmail.com)

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