

INTRODUCED BY THE ARCHBISHOPS  
OF CANTERBURY AND YORK

# DUST + GLORY

A Lent Journey for Children

An illustration of three wooden crosses standing on a rocky, reddish-brown hill. The background is a warm, stylized sunset or sunrise with orange and yellow hues. The sun is a large, bright yellow circle partially obscured by the crosses. The sky is filled with soft, wavy lines in shades of orange and yellow. The overall style is modern and artistic.

**40 Daily Activities**



THE CHURCH  
OF ENGLAND



# Introduction

## BY THE ARCHBISHOPS OF CANTERBURY AND YORK

---

**This Lent we are all invited to explore how we can live well with the ‘mess’ of everyday life.**

*Dust and Glory* encourages us to take a fresh look at the struggles and mistakes that every day brings. We can't always avoid them, but we can try to learn from them and grow closer to God through them.

Every single person experiences failure. The question is what we do with it and, even more importantly, what God does with it in partnership with us.

The Christian story is a story of failings redeemed and of sins forgiven. Our journey through Lent will lead us to the seeming failure and humiliation of Jesus' death on the cross. But it is through that seeming defeat that we will come to the joy of Jesus' resurrection at Easter.

May our Lent journey help us to remember that, however often we stumble in our attempts to follow Jesus, nothing can ever separate us from God's love for each one of us.

**Archbishop Justin Welby &  
Archbishop Stephen Cottrell**

# HOW TO USE THIS BOOKLET

There are 40 actions, one for each of the forty days of Lent, plus one for Easter Day. For each week (starting on Sundays from Week 1 onwards) there is:

- **A theme**, to help us think about how we can live well in the 'mess' of everyday life
- **A short Bible passage**
- **A simple prayer** for use throughout the week.

For each day (Monday to Saturday) there is a challenge. On some days there are suggested practical actions you and your family or your class at school could take to help others. On other days there are challenges to read or listen to Bible stories, reflect, pray and learn more about the theme of *Dust and Glory*.

How many challenges can you do?

There is also an accompanying booklet for grown-ups which also includes daily reflections, as well as a free app with audio.

You can find links to all the print and digital resources for *Dust and Glory* at:

**CofE.io/DustAndGlory**

# CONTENTS

<i>Introduction by the Archbishops of Canterbury and York</i>	2
<i>How to Use this Booklet</i>	4
<hr/>	
<b>START OF LENT</b>	
Dust and Glory	7
<b>WEEK 1</b>	
When Things Go Wrong	11
<b>WEEK 2</b>	
Nobody's Perfect	15
<b>WEEK 3</b>	
Falling Down but Still Following	19
<b>WEEK 4</b>	
Part of God's Family	23
<b>WEEK 5</b>	
Failure is a Part of All Our Lives	27
<b>HOLY WEEK</b>	
The Greatest Failure of All?	31
<b>EASTER DAY</b>	34
<hr/>	
<i>Acknowledgements</i>	35



## Start of Lent

# DUST AND GLORY

Jesus spent forty days in the wilderness. But even in the dust of the desert he drew closer to God. Lent offers us a chance to make a fresh start with God – to find ‘glory’ even in the ‘dust’ of our messy lives.

**Read** Mark 1.13

---

“ *Jesus was in the wilderness for forty days ... and the angels waited on him.* ”

## Prayer for the Week

---

Lord Jesus, walk with us in the wilderness of Lent and life. Surround us with your love and guide us each day in your way. Amen.

## START OF LENT

## DUST AND GLORY

## ASH WEDNESDAY

## Make or draw or draw a simple cross

We traditionally begin Lent today by having a cross of ash marked on our foreheads. Make (or find) a cross to help you remember we are journeying towards Easter.



## THURSDAY

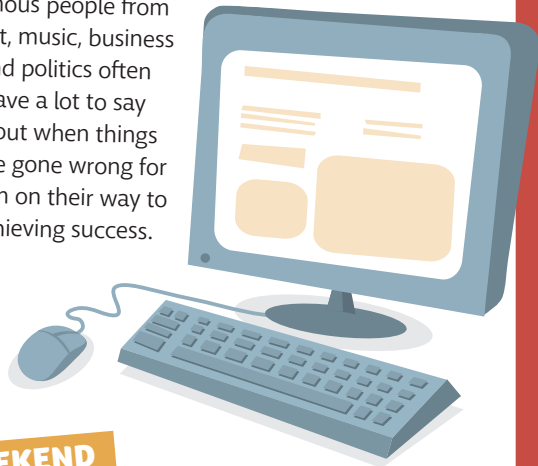
## Read or listen to Psalm 23

This much-loved psalm reminds us that God looks out for us and stays with us in good times and hard times, like a shepherd guarding their flock.

## FRIDAY

## Search online for interesting quotes about dealing with setbacks

Famous people from sport, music, business and politics often have a lot to say about when things have gone wrong for them on their way to achieving success.



## WEEKEND

## Remember any times in your life when you have felt particularly close to God

Have you ever felt close to God at a special or happy time? Have there been any times when life has been difficult or sad when you felt God was with you, too?

