INTRODUCED BY THE ARCHBISHOPS OF CANTERBURY AND YORK

DUST+
GLORY

A Lent Journey for Children

40 Daily Activities

THE CHURCH OF ENGLAND
Every single person experiences failure. The question is what we do with it and, even more importantly, what God does with it in partnership with us.

The Christian story is a story of failings redeemed and of sins forgiven. Our journey through Lent will lead us to the seeming failure and humiliation of Jesus’ death on the cross. But it is through that seeming defeat that we will come to the joy of Jesus’ resurrection at Easter.

May our Lent journey help us to remember that, however often we stumble in our attempts to follow Jesus, nothing can ever separate us from God’s love for each one of us.

Archbishop Justin Welby & Archbishop Stephen Cottrell
**HOW TO USE THIS BOOKLET**

There are 40 actions, one for each of the forty days of Lent, plus one for Easter Day. For each week (starting on Sundays from Week 1 onwards) there is:

- **A theme**, to help us think about how we can live well in the ‘mess’ of everyday life
- **A short Bible passage**
- **A simple prayer** for use throughout the week.

For each day (Monday to Saturday) there is a challenge. On some days there are suggested practical actions you and your family or your class at school could take to help others. On other days there are challenges to read or listen to Bible stories, reflect, pray and learn more about the theme of *Dust and Glory*.

**How many challenges can you do?**

There is also an accompanying booklet for grown-ups which also includes daily reflections, as well as a free app with audio.

You can find links to all the print and digital resources for *Dust and Glory* at: [CofE.io/DustAndGlory](http://CofE.io/DustAndGlory)

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Jesus was in the wilderness for forty days ... and the angels waited on him.

Prayer for the Week

Lord Jesus, walk with us in the wilderness of Lent and life. Surround us with your love and guide us each day in your way. Amen.
DUST AND GLORY

ASH WEDNESDAY
Make or draw or draw a simple cross
We traditionally begin Lent today by having a cross of ash marked on our foreheads. Make (or find) a cross to help you remember we are journeying towards Easter.

THURSDAY
Read or listen to Psalm 23
This much-loved psalm reminds us that God looks out for us and stays with us in good times and hard times, like a shepherd guarding their flock.

FRIDAY
Search online for interesting quotes about dealing with setbacks
Famous people from sport, music, business and politics often have a lot to say about when things have gone wrong for them on their way to achieving success.

WEEKEND
Remember any times in your life when you have felt particularly close to God
Have you ever felt close to God at a special or happy time? Have there been any times when life has been difficult or sad when you felt God was with you, too?