



MENTAL HEALTH AND TRAUMA AWARENESS

GROWING FAITH PARTNERSHIPS

A network by the Growing Faith Foundation

2024-25 information



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THE GROWING FAITH FOUNDATION.

Growing Faith is the movement that exists to put children, young people and families instinctively at the heart of all the mission and ministry of the Church by changing the culture of the Church of England.

It involves churches, schools and households working together to help children, young people and families have life in all its fullness.

The Growing Faith Foundation seeks to benefit children and young people, helping them create the world they want to live in, specifically through the lens of the Christian faith.

Every Diocese has appointed one or more Growing Faith Champions to take forward the Growing Faith mission locally. Nationally, the Foundation is also developing work in four main areas: Networks, Learning Hubs, Programmes and Research.

We hope this brochure encourages you to join the Mental Health and Trauma Awareness network, and inspires you get involved in the Growing Faith movement more broadly.

GROWING FAITH NETWORKS

There are AMAZING people all over the country working for the culture change we long to see. We're passionate about connecting people, and facilitating peer support and collaborative learning.

We offer networks for different people working within and between the school-church-home spheres and we'd love you to join us!



Our networks...

- prioritise the voices of children and young people, and look at all our work through the lens of Growing Faith
- have a shared ownership and focus
- have high quality resourcing and facilitation
- promote long term commitment and creating a movement
- address issues of equality, diversity and inclusion at every stage of their work
- have clear logistics and a focus on specific context and grassroots experience
- create safe spaces; they are highly relational and seek to learn and grow in wisdom, understanding and love.



MENTAL HEALTH AND TRAUMA AWARENESS: GROWING FAITH PARTNERSHIPS

A peer support and learning network, platforming the significant expertise and offer of Growing Faith parachurch and diocesan partners, equipping colleagues to develop safe spaces between church, home and school for children and young people.



Sign up here!

AIMS OF THE NETWORK

In recent years, the **impact of mental health difficulties and trauma** on our children and young people has been highlighted as never before – bringing into focus the **critical need for churches to be informed** about the sorts of trauma that impede children from flourishing. For some, trauma has resulted from their **earliest childhood experiences**, others have been impacted by a **singular traumatic incident**; we also know that for a large number of children, challenges such as **COVID19** and other **personal, local, national and international situations** have heavily impacted upon their wellbeing, through **isolation, instability and bereavement**.

The Growing Faith Foundation benefits from partnerships with many experts in these fields through **parachurch organisations and diocesan teams**. We are delighted to be able to work with them to provide a **peer support and learning network** which:

- **introduces** colleagues to their work
- facilitates ongoing **collaborative conversations**
- opens up **relationships** outside of the Foundation’s input;
- stimulates **action and impact** in dioceses around the country.

This network is aligned with the Growing Faith Foundation’s values:

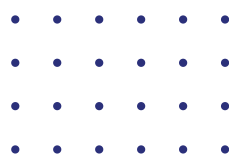
We change the culture for the better

We lead by example

We prioritise relationships

We recognise and embrace the diversity of the body of Christ

We create safe spaces of welcome and belonging



STRUCTURE OF THE NETWORK

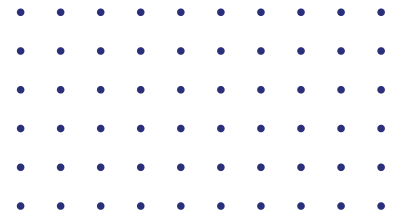
2024-25 comprises 10 meetings on Zoom which include a combination of:

- Expert teaching from professionals in the field
- Peer support and networking conversations between colleagues and organisations

This network is not a course and does not replace the depth of knowledge and understanding that can be gained through expert training. It is an opportunity to engage in discussion, raise awareness and identify areas for development and gaps in knowledge. One of the key benefits of this network is connecting colleagues with organisations who do have expertise in this field and can offer their own programmes, resources and materials which schools can access to deepen their knowledge of these topics in much greater depth.

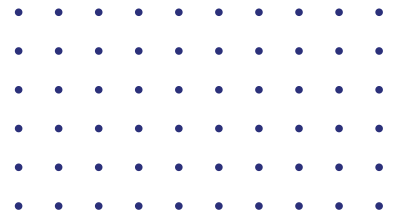


NETWORK SCHEDULE 2024-2025



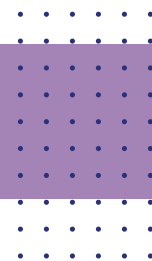
Date	Theme
<p>Tuesday 23rd January 2024</p> <p>11-12:30</p>	<p>Lucy Moore Head of Growing Faith <i>Growing Faith</i></p> <p>Laya Watters Curate, Diocese of Leeds: <i>The theology of a trauma-informed approach</i></p> <p>Bola-Alysia Ayonrinde National Education Lead for Racial Justice (CofE) <i>Intersectionality</i></p>
<p>Tuesday 13th February 2024</p> <p>11-12:30</p>	<p>Lorraine Prince Head of Networks, CofE Education Office <i>Creating a safe space</i></p> <p>Lisa Campbell Founder, Living Well <i>Wonderful Me</i></p> <p>Kathy Spooner & Vicky Bell CEO & Associate, ACC <i>Association of Christians in Counselling</i></p>
<p>Tuesday 19th March 2024</p> <p>11-12:30</p>	<p>Ruth Stephens Founder, Join the Dots <i>Join the Dots</i></p> <p>Lucy Cavell Senior Trauma-informed Practitioner, Barnardo's <i>Trauma-informed training</i></p> <p>Emma Pinnock Founder, Essential Education Group <i>Coaching and neuroscience</i></p>

<p>Tuesday 23rd April 2024</p> <p>11-12:30</p>	<p>Claire Barber Mission Enabler, Peterborough Diocese <i>Happiness Club</i></p> <p>Claire Banham Director, The Haven <i>The Haven</i></p> <p>Louise Willis Founder, Hope for Families <i>First Aid Mental Health Training</i></p>
<p>Tuesday 21st May 2024</p> <p>11-12:30</p>	<p>Sammy Jordan Director, Hope for Every Home <i>Wellbeing Journey</i></p> <p>Joel Harris Head of Kintsugi Hope Youth and Students <i>Kintsugi Hope</i></p> <p>Lisa Campbell Writer, CYM (Institute for Children, Youth & Mission) <i>Trauma-informed course</i></p>
<p>Tuesday 11th June 2024</p> <p>11-12:30</p>	<p>Chris Scolah Youthwork Manager <i>The Door Youth Project</i></p> <p>The Youthscape team <i>Alumina and Headstrong</i></p> <p>Paul Taylor CEO, Wonderborn Studios <i>Raise Up Faith</i></p>
<p>Tuesday 9th July 2024</p> <p>11-12:30</p>	<p>Mark Cowling, Coordinator Gather Movement <i>Movement for Recovery</i></p> <p>Gareth Plumb Community Engagement Lead, London VDU <i>Faith organisations supporting CYPF</i></p> <p>Lucy Cavell Senior Trauma-informed Practitioner, Barnardo's <i>West Midlands Coalition</i></p>



<p>Tuesday 10th September 2024</p> <p>11-12:30</p>	<p>Catherine Clayton Partnership Engagement Lead, Kids Matter <i>Kids Matter</i></p> <p>Jenny Hoyle Chief Impact Officer, Home for Good <i>Home for Good</i></p> <p>Vicki Smith Director of Training and Development, Growing Hope <i>Growing Hope</i></p>
<p>Tuesday 8th October 2024</p> <p>11-12:30</p>	<p>Samantha Craven Development Lead, TLG (Transforming Lives for Good) <i>Trauma-informed chaplains</i></p> <p>Rob Stevenette Head of Church Partnerships, TLG <i>Early intervention & Emotional Rollercoaster</i></p> <p>Jan Appleton Director, Eagles Nest Project Eagles Nest Project</p>
<p>Tuesday 5th November 2024</p> <p>11-12:30</p>	<p>Laya Watters Curate, Diocese of Leeds <i>Trauma-informed preaching</i></p> <p>Stephen Beamond Programmes Lead, Growing Faith Foundation <i>Strategic leadership for Growing Faith</i></p>

OTHER CURRENT NETWORKS



Read on to find out more about some of the other Growing Faith Networks.

If you would like any further information, please visit the Growing Faith Foundation website, or contact Hannah Persaud (Growing Faith Networks Lead):

hannah.persaud@churchofengland.org



Toddler Leaders and Champions

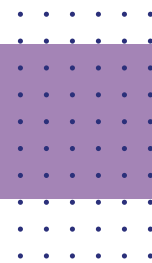
This network is for people who run toddler groups, as well as leaders in their church. Come and be encouraged, equipped and inspired to see Growing Faith in this precious ministry.



Parachurch Organisations

A big and vibrant network of parachurch colleagues from all over the country, from some of the most well-known national charities through to our amazing small and mighty local organisations. Collaborating to effect culture change together – all welcome!

OTHER CURRENT NETWORKS



Serving the Local School

A network run in collaboration with dioceses. How can our churches best contribute to the life of the local school(s)? Join a group of people from your diocese who are passionate about church-school connection.



Chaplains in Education

Focussing on the most pressing concerns of our chaplains, and the unique role they play in Growing Faith, this network seeks to support and empower colleagues through both national gatherings and small group peer support groups.



Ordinands for Growing Faith

Are you an ordinand? We meet at lunchtime once a month to explore our ministry and studies through the lens of Growing Faith.



The Growing Faith Foundation

Email: growingfaith@churchofengland.org

Or visit: <https://www.churchofengland.org/about/education-and-schools/growing-faith-foundation>