# The General Synod of the Church of England



Worship

FEBRUARY 2024

## **Acts of Worship**

#### Friday 23 February

1.10 pm	Holy Communion	The Bishop of Southwark

2.00 pm Prayer During the Day Synod Chaplain7.00 pm Evening Worship Diocese of Bristol

#### Saturday 24 February

9.00 am	Morning Prayer	Diocese of Carlisle
1.10 pm	Holy Communion	Bishop of Chelmsford
7.00 pm	Evening Prayer	Diocese of Birmingham

#### Sunday 25 February

11.15 am Eucharist		St Paul's Cathedral
2.30 pm	Prayer During the Day	Diocese of Durham
7.00 pm	Evening Prayer	Diocese of Chester

#### **Monday 26 February**

9.00 am	Morning Prayer	Diocese of Chelmsford
1.10 pm	Holy Communion	The Bishop of Beverley
7.00 pm	Evening Prayer	Community of St Anselm

#### **Tuesday 27 February**

9.00 am	Morning Prayer	Synod Chaplain
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1.10 pm Eucharist The Bishop of Bath & Wells

#### A note on Posture

During worship we are invited to sit or stand. This is only an invitation. Please move or stay seated as works best for you as we worship God together.

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## Prayer During the Day in Lent Friday 23 February 2024

## **Ember Day**

**Preparation** 

O God, make speed to save us.

All O Lord, make haste to help us.

Hear my prayer, O Lord, and give ear to my cry;

All hold not your peace at my tears.

## **Hymn**

- 1 All my hope is firmly grounded in the great and living Lord; who, whenever I most need him, never fails to keep his word.
  Him I must wholly trust,
  God the ever good and just.
- Tell me, who can trust our nature, human, weak, and insecure? which of all the airy castles can the hurricane endure? Built on sand, nought can stand, by our earthy wisdom planned.
- But in every time and season, out of love's abundant store, God sustains his whole creation, fount of life for evermore.

  We who share earth and air count on his unfailing care.
- Thank, O thank, our great Creator, through his only Son this day;
  He alone, the heavenly Potter, made us out of earth and clay.
  Quick to heed, strong in deed,
  He shall all his people feed.

J Neander (1650-80), transl. F Pratt Green (b 1903) Tune: Michael, Herbert Howells (1892-1983)

#### The Word of God

### **Psalmody**

- Let all the faithful make their prayers to you
   in time of trouble; ◆
   In the great water flood, it shall not reach them.
- 8 You are a place for me to hide in; you preserve me from trouble; ◆ you surround me with songs of deliverance.
- 9 'I will instruct you and teach you
   in the way that you should go; ◆
   I will guide you with my eye.
- 'Be not like horse and mule which have no understanding; ◆ whose mouths must be held with bit and bridle, or else they will not stay near you.'
- 11 Great tribulations remain for the wicked, ♦ but mercy embraces those who trust in the Lord.
- Be glad, you righteous, and rejoice in the Lord; ◆ shout for joy, all who are true of heart.

Psalm 32.7-12

All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

## **Short Reading**

Jesus said, 'There will be more joy in heaven over one sinner who repents than over ninety-nine righteous people who need no repentance.'

Luke 15.7

## **Prayers**

A brief period of intercessions follows (including the names of former Synod members who have died since the last group of sessions) with the following response:

Lord. hear us.

All Lord, graciously hear us.

#### **The Collect**

Teach us, good Lord, to serve you as you deserve; to give and not to count the cost; to fight and not to heed the wounds; to toil and not to seek for rest; to labour and not to seek for any reward, save that of knowing that we do your will.

#### All Amen.

## The Lord's Prayer

Let us pray with confidence as our saviour has taught us

All Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

## The Conclusion

May God bless us and show us compassion and mercy.

#### All Amen.

## **Evening Prayer in Lent Friday 23 February 2024**

Polycarp, Bishop of Smyrna, Martyr, c.155 (Lesser Festival) Ember Day

Preparation

O God, make speed to save us.

All O Lord, make haste to help us.

Hear our voice, O Lord, according to your faithful love,

All according to your judgement give us life.

### The Word of God

## **Psalmody**

#### All Behold, God is my helper.

- Save me, O God, by your name ◆ and vindicate me by your power.
- 2 Hear my prayer, O God; ♦ give heed to the words of my mouth.
- 3 For strangers have risen up against me, and the ruthless seek after my life; ◆ they have not set God before them.
- 4 Behold, God is my helper; ♦ it is the Lord who upholds my life.

R.

- May evil rebound on those who lie in wait for me; ♦ destroy them in your faithfulness.
- 6 An offering of a free heart will I give you ♦ and praise your name, O Lord, for it is gracious.
- 7 For he has delivered me out of all my trouble, ♦ and my eye has seen the downfall of my enemies.

Psalm 54

All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

## **New Testament Reading**

When evening came, his disciples went down to the lake, got into a boat, and started across the lake to Capernaum. It was now dark, and Jesus had not yet come to them. The lake became rough because a strong wind was blowing. When they had rowed about three or four miles, they saw Jesus walking on the lake and coming near the boat, and they were terrified. But he said to them, 'It is I; do not be afraid.' Then they wanted to take him into the boat, and immediately the boat reached the land towards which they were going.

John 6.16-27

## **Magnificat**

- 1 My soul proclaims the greatness of the Lord, my spirit rejoices in God my Saviour; ◆ he has looked with favour on his lowly servant.
- 2 From this day all generations will call me blessed; ◆ the Almighty has done great things for me and holy is his name.
- 3 He has mercy on those who fear him, ◆ from generation to generation.
- 4 He has shown strength with his arm ♦ and has scattered the proud in their conceit,
- 5 Casting down the mighty from their thrones ♦ and lifting up the lowly.
- 6 He has filled the hungry with good things ♦ and sent the rich away empty.
- 7 He has come to the aid of his servant Israel, ◆ to remember his promise of mercy,
- 8 The promise made to our ancestors, ♦ to Abraham and his children for ever.

Luke 1.46-55

All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

## **Prayers**

#### Intercessions are offered.

In penitence and faith let us make our prayer to the Father and ask for his mercy and grace.

For your holy people, that they may triumph over evil and grow in grace, we pray to you, O Lord:

For candidates for baptism and confirmation, that they may live by every word that proceeds from your mouth, we pray to you, O Lord:

For the leaders of the nations, that you will guide them in the ways of mercy and truth, we pray to you, O Lord:

For the needy, that they may not be forgotten, nor the hope of the poor be taken away, we pray to you, O Lord:

For the sick in body, mind and spirit, that they may know your power to heal, we pray to you, O Lord:

#### The Collect

Almighty God, who gave to your servant Polycarp boldness to confess the name of our Saviour Jesus Christ before the rulers of this world and courage to die for his faith: grant that we also may be ready to give an answer for the faith that is in us and to suffer gladly for the sake of our Lord Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

#### All Amen.

## The Lord's Prayer

Trusting in the compassion of God, as our Saviour taught us, so we pray

All Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Lead us not into temptation but deliver us from evil.
For the kingdom, the power, and the glory are yours now and for ever.
Amen.

## **Hymn**

- Make me a channel of your peace:
  where there is hatred let me bring your love,
  where there is injury, your pardon, Lord,
  and where there's doubt, true faith in you:
  O Master grant that I may never seek
  so much to be consoled as to console;
  to be understood as to understand,
- 2 Make me a channel of your peace:
  where there's despair in life let me bring hope,
  where there is darkness, only light,
  and where there's sadness, ever joy:

  O Master grant that I may never seek ...

to be loved, as to love with all my soul!

3 Make me a channel of your peace: it is in pardoning that we are pardoned, in giving of ourselves that we receive, and in dying that we're born to eternal life.

St Francis of Assisi (c.1181–1226) transl. Sebastian Temple (1928-97)

## The Conclusion

May God our Redeemer show us compassion and love.

All Amen.

Let us bless the Lord.

All Thanks be to God.

## Morning Prayer in Lent Saturday 24 February 2024

## **Ember Day**

**Preparation** 

O Lord, open our lips

All and our mouth shall proclaim your praise.

Hear our voice, O Lord, according to your faithful love,

All according to your judgement give us life.

### The Word of God

## **Psalmody**

- O God, you are my God; eagerly I seek you; ♦ my soul is athirst for you.
- 2 My flesh also faints for you, ♦ as in a dry and thirsty land where there is no water.
- 3 So would I gaze upon you in your holy place, ♦ that I might behold your power and your glory.
- 4 Your loving-kindness is better than life itself ♦ and so my lips shall praise you.
- 5 I will bless you as long as I live ♦ and lift up my hands in your name.
- 6 My soul shall be satisfied, as with marrow and fatness, ♦ and my mouth shall praise you with joyful lips,
- 7 When I remember you upon my bed ♦ and meditate on you in the watches of the night.
- 8 For you have been my helper ♦ and under the shadow of your wings will I rejoice.
- 9 My soul clings to you; ♦ your right hand shall hold me fast.

Psalm 63.1-9

All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

## **Hymn**

- I heard the voice of Jesus say, 'Come unto me and rest; lay down, thou weary one, lay down thy head upon my breast:' I came to Jesus as I was, weary, and worn, and sad; I found in him a resting-place, and he has made me glad.
- I heard the voice of Jesus say,

  'Behold, I freely give
  the living water, thirsty one;
  stoop down, and drink, and live:'
  I came to Jesus, and I drank
  of that life-giving stream;
  my thirst was quenched, my soul revived,
  and now I live in him.
- I heard the voice of Jesus say,
  'I am this dark world's light;
  look unto me, thy morn shall rise,
  and all thy day be bright:'
  I looked to Jesus, and I found
  in him my star, my sun;
  and in that light of life I'll walk
  till travelling days are done.

Horatius Bonar (1808-89)

Tune: Kingsfold, Traditional English melody arr. Ralph Vaughan Williams (1872-1958)

## **New Testament Reading**

Do not be deceived; God is not mocked, for you reap whatever you sow. If you sow to your own flesh, you will reap corruption from the flesh; but if you sow to the Spirit, you will reap eternal life from the Spirit. So let us not grow weary in doing what is right, for we will reap at harvest time, if we do not give up. So then, whenever we have an opportunity, let us work for the good of all, and especially for those of the family of faith.

Galatians 6.7-10

#### The Benedictus

- Blessed be the Lord the God of Israel, ♦ who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, ♦ born of the house of his servant David.
- 3 Through his holy prophets God promised of old ◆ to save us from our enemies, from the hands of all that hate us.
- 4 To show mercy to our ancestors, ♦ and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: ♦ to set us free from the hands of our enemies.
- 6 Free to worship him without fear, ♦ holy and righteous in his sight all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High, ♦ for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation ♦ by the forgiveness of all their sins.
- 9 In the tender compassion of our God ♦ the dawn from on high shall break upon us,
- To shine on those who dwell in darkness and the shadow of death, ◆and to guide our feet into the way of peace.

Luke 1.68-79

All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

Prayers

Intercessions are offered.

Prayers are offered for God's creation.

#### **The Collect**

Almighty God,
whose Son Jesus Christ fasted forty days in the wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves in obedience to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

#### All Amen.

## The Lord's Prayer

Trusting in the compassion of God, let us pray with confidence as our Saviour has taught us

All Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil.
For thine is the kingdom, the power and the glory, for ever and ever.
Amen.

## The Conclusion

May God our Redeemer show us compassion and love.

#### All Amen.

Let us bless the Lord.

#### All Thanks be to God.

## **Evening Prayer in Lent Saturday 24 February 2024**

## **Ember Day**

## Preparation

O God, make speed to save us.

All O Lord, make haste to help us.

Hear our voice, O Lord, according to your faithful love,

All according to your judgement give us life.

## Song

- Before the throne of God above
  I have a strong, a perfect plea,
  a great High Priest, whose name is Love,
  who ever lives and pleads for me.
  My name is graven on his hands,
  my name is written on his heart;
  I know that while in heav'n he stands
  no tongue can bid me thence depart,
  no tongue can bid me thence depart.
- When Satan tempts me to despair, and tells me of the guilt within, upward I look, and see him there who made an end of all my sin.

  Because the sinless Saviour died, my sinful soul is counted free; for God, the Just, is satisfied to look on him and pardon me, to look on him and pardon me.

3 Behold him there, the risen Lamb!
My perfect, spotless Righteousness;
the great unchangeable I AM,
the King of glory and of grace!
One with my Lord, I cannot die;
my soul is purchased by his blood;
my life is hid with Christ on high,
with Christ, my Saviour and my God!

Charitie Lees de Chenez (1841-1923) Tune: Before the throne of God, Vikki Cook

### The Word of God

#### **New Testament Reading**

Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' Then they said to him, 'What must we do to perform the works of God?' Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat." 'Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.' They said to him, 'Sir, give us this bread always.'

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. But I said to you that you have seen me and yet do not believe. Everything that the Father gives me will come to me, and anyone who comes to me I will never drive away; for I have come down from heaven, not to do my own will, but the will of him who sent me. And this is the will of him who sent me, that I should lose nothing of all that he has given me, but raise it up on the last day. This is indeed the will of my Father, that all who see the Son and believe in him may have eternal life; and I will raise them up on the last day.'

John 6.27-40

## **Prayers**

Intercessions are offered.

A brief period of extemporary intercession is offered.

#### **The Collect**

Almighty God,
you show to those who are in error the light of your truth,
that they may return to the way of righteousness:
grant to all those who are admitted
into the fellowship of Christ's religion,
that they may reject those things
that are contrary to their profession,
and follow all such things as are agreeable to the same;
through our Lord Jesus Christ,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

#### All Amen.

## The Lord's Prayer

Trusting in the compassion of God, as our Saviour taught us, so we pray

All Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.

## Song

Everyone needs compassion
A love that's never failing
Let mercy fall on me
Everyone needs forgiveness
The kindness of a Saviour
The hope of nations

Saviour (He can move the mountains)
My God is mighty to save, He is mighty to save
Forever, Author of salvation
He rose and conquered the grave
Jesus conquered the grave

So take me as You find me
All my fears and failures
And fill my life again
I give my life to follow
Everything I believe in
And now I surrender, I surrender

Shine your light and let the whole world see We're singing for the glory of the risen King, Jesus Shine your light and let the whole world see We're singing for the glory of the risen King

Saviour (He can move the mountains)
My God is mighty to save, He is mighty to save
Forever, Author of salvation
He rose and conquered the grave
Jesus conquered the grave

Ben Fielding, Reuben Morgan © 2006 Hillsong Publishing (APRA)

## The Conclusion

May God our Redeemer show us compassion and love.

#### All Amen.

Let us bless the Lord.

#### All Thanks be to God.

## Prayer During the Day in Lent Sunday 25 February 2024

## Preparation

O God, make speed to save us.

All O Lord, make haste to help us.

Hear my prayer, O Lord, and give ear to my cry;

All hold not your peace at my tears.

Psalm 39.13

## **Hymn**

- Jesu, lover of my soul, let me to thy bosom fly, while the gath'ring waters roll, while the tempest still is high; hide me, O my Saviour, hide, till the storm of life is past; safe into the haven guide, O receive my soul at last.
- Other refuge have I none,
  hangs my helpless soul on thee;
  leave, ah, leave me not alone,
  still support and comfort me.
  All my trust on thee is stayed,
  all my help from thee I bring;
  cover my defenceless head
  with the shadow of thy wing.
- Plenteous grace with thee is found, grace to cleanse from ev'ry sin; let the healing streams abound, make and keep me pure within. Thou of life the fountain art, freely let me take of thee, spring thou up within my heart, rise to all eternity.

Charles Wesley (1707-1788)

Tune: Aberystwyth, Joseph Parry (1841-1903)

#### The Word of God

## **Psalmody**

- 11 Make me a clean heart, O God, ♦ and renew a right spirit within me.
- 12 Cast me not away from your presence ◆ and take not your holy spirit from me.
- 13 Give me again the joy of your salvation ♦ and sustain me with your gracious spirit;
- 14 Then shall I teach your ways to the wicked ♦ and sinners shall return to you.
- Deliver me from my guilt, O God,the God of my salvation, ◆and my tongue shall sing of your righteousness.
- 16 O Lord, open my lips ♦ and my mouth shall proclaim your praise.
- 17 For you desire no sacrifice, else I would give it; ◆ you take no delight in burnt offerings.
- 18 The sacrifice of God is a broken spirit; ◆ a broken and contrite heart, O God, you will not despise.
- O be favourable and gracious to Zion; ♦ build up the walls of Jerusalem.
- Then you will accept sacrifices offered in righteousness, the burnt offerings and oblations; ◆ then shall they offer up bulls on your altar.

Psalm 51.11-end

All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

## **Short reading**

Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead

by the glory of the Father, so we too might walk in newness of life. For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his.

Romans 6.3-5

Silence is kept.

Blessed are the merciful,

### All for they will receive mercy.

Matthew 5.7

## **Prayers**

Prayers may include these concerns

- ¶ Those preparing for baptism and confirmation
- ¶ Those serving through leadership
- ¶ Those looking for forgiveness
- ¶ Those misled by the false gods of this present age
- ¶ All who are hungry

#### The Collect

Almighty God, by the prayer and discipline of Lent may we enter into the mystery of Christ's sufferings, and by following in his Way come to share in his glory; through Jesus Christ our Lord..

#### All Amen.

## The Lord's Prayer

Trusting in the compassion of God, as our Saviour taught us, so we pray

All Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.

For the kingdom, the power, and the glory are yours now and for ever.

Amen.

## The Conclusion

May God bless us and show us compassion and mercy.

All Amen.

## Sunday 25 February 2024 An Order for Evening Prayer

## according to the Book of Common Prayer

## **Preparation**

O Lord, open thou our lips.

All And our mouth shall shew forth thy praise.

O God, make speed to save us.

All O Lord, make haste to help us.

Glory be to the Father, and to the Son, and to the Holy Ghost;

All As it was in the beginning, is now, and ever shall be, world without end. Amen.

Praise ye the Lord.

All The Lord's Name be praised.

## **Psalmody**

- My soul hath longed for thy salvation : and I have a good hope because of thy word.
- Mine eyes long sore for thy word : saying, O when wilt thou comfort me?
- For I am become like a bottle in the smoke : yet do I not forget thy statutes.
- How many are the days of thy servant : when wilt thou be avenged of them that persecute me?
- The proud have digged pits for me : which are not after thy law.
- 86 All thy commandments are true : they persecute me falsely; O be thou my help.
- They had almost made an end of me upon earth: but I forsook not thy commandments.
- O quicken me after thy loving-kindness : and so shall I keep the testimonies of thy mouth.

Psalm 119.81-88

All Glory be to the Father, and to the Son : and to the Holy Ghost; as it was in the beginning, is now, and ever shall be : world without end. Amen.

## **Old Testament Reading**

Now the Lord said to Abram, 'Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.'

Genesis 12.1-3

## The Magnificat

- My soul doth magnify the Lord : and my spirit hath rejoiced in God my Saviour.
- 2 For he hath regarded : the lowliness of his hand-maiden.
- For behold, from henceforth: all generations shall call me blessed.
- 4 For he that is mighty hath magnified me : and holy is his Name.
- 5 And his mercy is on them that fear him : throughout all generations.
- 6 He hath shewed strength with his arm : he hath scattered the proud in the imagination of their hearts.
- 7 He hath put down the mighty from their seat : and hath exalted the humble and meek.
- 8 He hath filled the hungry with good things : and the rich he hath sent empty away.
- 9 He remembering his mercy hath holpen his servant Israel : as he promised to our forefathers, Abraham and his seed, for ever.

  \*\*Luke 1.46–55\*\*

All Glory be to the Father, and to the Son :and to the Holy Ghost;As it was in the beginning, is now, and ever shall be :world without end. Amen.

## **New Testament Reading**

Now faith is the assurance of things hoped for, the conviction of things not seen. Indeed, by faith our ancestors received approval. By faith we understand that the worlds were prepared by the word of God, so that what is seen was made from things that are not visible.

By faith Abraham obeyed when he was called to set out for a place that he was to receive as an inheritance; and he set out, not knowing where he was going. By faith he stayed for a time in the land he had been promised, as in a foreign land, living in tents, as did Isaac and Jacob, who were heirs with him of the same promise. For he looked forward to the city that has foundations, whose architect and builder is God. By faith he received power of procreation, even though he was too old—and Sarah herself was barren—because he considered him faithful who had promised. Therefore from one person, and this one as good as dead, descendants were born, 'as many as the stars of heaven and as the innumerable grains of sand by the seashore.'

Hebrews 11.1-3, 8-12

#### The Nunc Dimittis

- 1 Lord, now lettest thou thy servant depart in peace : according to thy word.
- For mine eyes have seen thy salvation : which thou hast prepared before the face of all people;
- To be a light to lighten the Gentiles : and to be the glory of thy people Israel.

Luke 2.29-32

All Glory be to the Father, and to the Son : and to the Holy Ghost;As it was in the beginning, is now, and ever shall be : world without end. Amen.

## The Apostles' Creed

All I believe in God the Father Almighty, Maker of heaven and earth:

And in Jesus Christ his only Son our Lord,
Who was conceived by the Holy Ghost,
Born of the Virgin Mary,
Suffered under Pontius Pilate,
Was crucified, dead, and buried:
He descended into hell;
The third day he rose again from the dead;
He ascended into heaven,
And sitteth on the right hand of God the Father Almighty;

From thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost;
The holy Catholick Church;
The Communion of Saints;
The Forgiveness of sins;
The Resurrection of the body,
And the Life everlasting. Amen.

## **Hymn**

- When I survey the wondrous cross, on which the Prince of glory died, my richest gain I count but loss, and pour contempt on all my pride.
- 2 Forbid it, Lord, that I should boast save in the death of Christ my God; all the vain things that charm me most, I sacrifice them to his blood.
- 3 See from his head, his hands, his feet, sorrow and love flow mingled down; did e'er such love and sorrow meet, or thorns compose so rich a crown?

- 4 His dying crimson like a robe, spreads o'er his body on the Tree; then am I dead to all the globe, and all the globe is dead to me.
- Were the whole realm of nature mine, that were an offering far too small; love so amazing, so divine, demands my soul, my life, my all.

Isaac Watts (1674-1748)

Tune: Rockingham, adapted by Edward Miller (1735-1807)

## The Prayers

The Lord be with you.

## All And with thy spirit.

Let us pray.

Lord, have mercy upon us.

## All Christ, have mercy upon us.

Lord, have mercy upon us.

## The Lord's Prayer

All Our Father, which art in heaven,

Hallowed be thy Name,

Thy kingdom come,

Thy will be done, in earth as it is in heaven.

Give us this day our daily bread;

And forgive us our trespasses,

As we forgive them that trespass against us;

And lead us not into temptation,

But deliver us from evil. Amen.

## The Lesser Litany

O Lord, shew thy mercy upon us.

## All And grant us thy salvation.

O Lord, save the King.

All And mercifully hear us when we call upon thee.

Endue thy Ministers with righteousness.

#### All And make thy chosen people joyful.

O Lord, save thy people.

#### All And bless thine inheritance.

Give peace in our time, O Lord.

## All Because there is none other that fighteth for us, but only thou, O God.

O God, make clean our hearts within us.

#### All And take not thy Holy Spirit from us.

#### The Collects

Almighty God, who seest that we have no power of ourselves to help ourselves;

Keep us both outwardly in our bodies, and inwardly in our souls; that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord.

#### All Amen.

Almighty and everlasting God, who hatest nothing that thou hast made and dost forgive the sins of all them that are penitent; Create and make in us new and contrite hearts, that we, worthily lamenting our sins, and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord.

#### All Amen.

O GOD, from whom all holy desires, all good counsels, and all just works do proceed: Give unto thy servants that peace which the world cannot give; that both our hearts may be set to obey thy commandments, and also that by thee we being defended from the fear of our enemies may pass our time in rest and quietness; through the merits of Jesus Christ our Saviour.

#### All Amen.

LIGHTEN our darkness, we beseech thee, O Lord; and by thy great mercy defend us from all perils and dangers of this night; for the love of thy only Son, our Saviour, Jesus Christ.

#### All Amen.

#### The choir sings the anthem In Pace

In pace, in idipsum dormiam et requiescam.

Si dedero somnum oculis meis, et palpebris meis dormitationem, dormiam et requiescam. In peace and into the same I shall sleep and rest.

If I give slumber to my eyes and to my eyelids drowsiness,
I shall sleep and rest.

Guillaume Bouzignac (c.1590-1640)

#### The Grace

All The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore.

Amen.

## Morning Prayer in Lent Monday 26 February 2024

## Preparation

O Lord, open our lips

### All and our mouth shall proclaim your praise.

Hear our voice, O Lord, according to your faithful love,

### All according to your judgement give us life.

Blessed are you, God of compassion and mercy, to you be praise and glory for ever.
In the darkness of our sin, your light breaks forth like the dawn and your healing springs up for deliverance.
As we rejoice in the gift of your saving help, sustain us with your bountiful Spirit and open our lips to sing your praise.
Blessed be God, Father, Son and Holy Spirit.

#### All Blessed be God for ever.

The night has passed, and the day lies open before us; let us pray with one heart and mind.

## Silence is kept.

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever.

#### All Amen.

## The Word of God

## **Psalmody**

- My mouth shall tell of your righteousness and salvation all the day long, ◆for I know no end of the telling.
- I will begin with the mighty works of the Lord God; ◆I will recall your righteousness, yours alone.
- O God, you have taught me since I was young, ◆ and to this day I tell of your wonderful works.

- Forsake me not, O God,
   when I am old and grey-headed, ◆
   till I make known your deeds to the next generation and your power to all that are to come.
- 19 Your righteousness, O God, reaches to the heavens; ◆ in the great things you have done, who is like you, O God?
- What troubles and adversities you have shown me, ◆ and yet you will turn and refresh me and bring me from the deep of the earth again.
- 21 Increase my honour; ♦ turn again and comfort me.
- Therefore will I praise you upon the harp for your faithfulness, O my God; ◆I will sing to you with the lyre, O Holy One of Israel.
- 23 My lips will sing out as I play to you, ♦ and so will my soul, which you have redeemed.
- 24 My tongue also will tell of your righteousness all the day long, ◆ for they shall be shamed and disgraced who sought to do me evil.

Psalm 71.15-24

All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

## **New Testament Reading**

Long ago God spoke to our ancestors in many and various ways by the prophets, but in these last days he has spoken to us by a Son, whom he appointed heir of all things, through whom he also created the worlds. He is the reflection of God's glory and the exact imprint of God's very being, and he sustains all things by his powerful word. When he had made purification for sins, he sat down at the right hand of the Majesty on high, having become as much superior to angels as the name he has inherited is more excellent than theirs.

For to which of the angels did God ever say, 'You are my Son; today I have begotten you'?

Or again, 'I will be his Father, and he will be my Son'?

And again, when he brings the firstborn into the world, he says, 'Let all God's angels worship him.'

Of the angels he says, 'He makes his angels winds, and his servants flames of fire.'

Hebrews 1.1-7

## Responsory

To you, O Lord, I lift up my soul;

All O my God, in you I trust.

You are the God of my salvation,

All To you, O Lord, I lift up my soul.

In you I hope all the day long.

All O my God, in you I trust.

Remember, Lord, your compassion and love, for they are from everlasting.

All To you, O Lord, I lift up my soul; O my God, in you I trust.

from Psalm 25

#### The Benedictus

- All Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.
- 1 Blessed be the Lord the God of Israel, who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, born of the house of his servant David.
- Through his holy prophets God promised of old to save us from our enemies, from the hands of all that hate us,
- 4 To show mercy to our ancestors, and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham: to set us free from the hands of our enemies,
- 6 Free to worship him without fear, holy and righteous in his sight all the days of our life.
- And you, child, shall be called the prophet of the Most High, for you will go before the Lord to prepare his way,

- 8 To give his people knowledge of salvation by the forgiveness of all their sins.
- 9 In the tender compassion of our God the dawn from on high shall break upon us,
- To shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

Luke 1.68-79

- All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.
- All Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

## **Hymn**

- Great is thy faithfulness, O God my Father;
  there is no shadow of turning with thee;
  thou changest not, thy compassions, they fail not;
  as thou has been, thou forever wilt be.
  Great is thy faithfulness! Great is thy faithfulness!
  Morning by morning new mercies I see;
  all I have needed thy hand hath provided;
  great is thy faithfulness, Lord, unto me!
- 2. Summer and winter and springtime and harvest, sun, moon, and stars in their courses above join with all nature in manifold witness to thy great faithfulness, mercy, and love.

  Great is thy faithfulness!
- 3. Pardon for sin and a peace that endureth, thine own dear presence to cheer and to guide; strength for today and bright hope for tomorrow, blessings all mine, with ten thousand beside!

  Great is thy faithfulness!

Thomas Obadiah Chisholm (1866-1960)

Tune: Faithfulness (Runyan), William Marion Runyan (1870-1957)

## **Prayers**

#### Intercessions are offered

- for the day and its tasks
- for the world and its needs
- for the Church and her life

These responses may be used:

Lord, in your mercy (or) Lord, hear us,

All hear our prayer. All Lord, graciously hear us.

Silence may be kept.

#### The Collect

Almighty and everlasting God, you hate nothing that you have made and forgive the sins of all those who are penitent: create and make in us new and contrite hearts that we, worthily lamenting our sins and acknowledging our wretchedness, may receive from you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord.

#### All Amen.

## The Lord's Prayer

Trusting in the compassion of God, as our Saviour taught us, so we pray

All Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.

For the kingdom, the power, and the glory are yours now and for ever.

Amen.

## The Conclusion

May God our Redeemer show us compassion and love.

All Amen.

Let us bless the Lord.

All Thanks be to God.

## **Evening Prayer in Lent Monday 26 February 2024**

Led by the Community of St Anselm

## Preparation

O God, make speed to save us.

#### All O Lord, make haste to help us.

Hear our voice, O Lord, according to your faithful love,

### All according to your judgement give us life.

Blessed are you, Lord God of our salvation, to you be glory and praise for ever.
In the darkness of our sin you have shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.
Open our eyes to acknowledge your presence, that freed from the misery of sin and shame we may grow into your likeness from glory to glory.
Blessed be God, Father, Son and Holy Spirit.

#### All Blessed be God for ever.

That this evening may be holy, good and peaceful, let us pray with one heart and mind.

## Silence is kept.

As our evening prayer rises before you, O God, so may your mercy come down upon us to cleanse our hearts and set us free to sing your praise now and for ever.

#### All Amen.

## The Word of God

## **Psalmody**

- 1 Give the king your judgements, O God, ♦ and your righteousness to the son of a king.
- 2 Then shall he judge your people righteously ◆ and your poor with justice.

- 3 May the mountains bring forth peace, ◆ and the little hills righteousness for the people.
- 4 May he defend the poor among the people, ◆ deliver the children of the needy and crush the oppressor.
- 5 May he live as long as the sun and moon endure, ◆ from one generation to another.
- 6 May he come down like rain upon the mown grass, ♦ like the showers that water the earth.
- 7 In his time shall righteousness flourish, ◆ and abundance of peace till the moon shall be no more.
- 8 May his dominion extend from sea to sea ◆ and from the River to the ends of the earth.

Psalm 72.1-8

All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

## **New Testament Reading**

Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' Jesus answered them, 'Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

John 6.41-51

## Responsory

We sing the Taizé chant, Stay with me.

All Stay with me, remain here with me, watch and pray, watch and pray.

Jacques Berthier (1923-1994)

© Ateliers et Presses de Taizé, Taizé Communauté, F71250, France

## The Magnificat

#### All Come, let us return to the Lord, for our God will richly pardon.

- 1 My soul proclaims the greatness of the Lord, my spirit rejoices in God my Saviour; he has looked with favour on his lowly servant.
- From this day all generations will call me blessed; the Almighty has done great things for me and holy is his name.
- 3 He has mercy on those who fear him, from generation to generation.
- 4 He has shown strength with his arm and has scattered the proud in their conceit,
- 5 Casting down the mighty from their thrones and lifting up the lowly.
- 6 He has filled the hungry with good things and sent the rich away empty.
- 7 He has come to the aid of his servant Israel, to remember his promise of mercy,
- 8 The promise made to our ancestors, to Abraham and his children for ever.

Luke 1.46-55

- All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.
- All Come, let us return to the Lord, for our God will richly pardon.

## **Prayers**

The prayers this evening take the form of a choral reflection.

The choir sings Drop, Drop Slow Tears.

Drop, drop, slow tears, and bathe those beauteous feet, which brought from heaven the news and Prince of Peace. Cease not, wet eyes, his mercies to entreat; to cry for vengeance sin doth never cease. In your deep floods drown all my faults and fears; nor let his eye see sin, but through my tears.

Phineas Fletcher (1582-1650) Music: Orlando Gibbons (1583-1625)

Silence may be kept.

#### **The Collect**

Almighty and everlasting God, you hate nothing that you have made and forgive the sins of all those who are penitent: create and make in us new and contrite hearts that we, worthily lamenting our sins and acknowledging our wretchedness, may receive from you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord.

#### All Amen.

## The Lord's Prayer

Trusting in the compassion of God, as our Saviour taught us, so we pray

All Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.

For the kingdom, the power, and the glory are yours now and for ever.

Amen.

## The Conclusion

May God our Redeemer show us compassion and love.

#### All Amen.

Let us bless the Lord.

#### All Thanks be to God.

## Morning Prayer in Lent Tuesday 27 February 2024

George Herbert, priest, poet, 1633 (Lesser Festival)

## **Preparation**

O Lord, open our lips

## All and our mouth shall proclaim your praise.

Hear our voice, O Lord, according to your faithful love,

## All according to your judgement give us life.

Blessed are you, God of compassion and mercy, to you be praise and glory for ever.
In the darkness of our sin, your light breaks forth like the dawn and your healing springs up for deliverance.
As we rejoice in the gift of your saving help, sustain us with your bountiful Spirit and open our lips to sing your praise.
Blessed be God, Father, Son and Holy Spirit.

#### All Blessed be God for ever.

The night has passed, and the day lies open before us; let us pray with one heart and mind.

## Silence is kept.

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever.

#### All Amen.

#### The Word of God

## **Psalmody**

- Blessed are they who have not walked in the counsel of the wicked, ◆ nor lingered in the way of sinners, nor sat in the assembly of the scornful.
- 2 Their delight is in the law of the Lord ♦ and they meditate on his law day and night.
- 3 Like a tree planted by streams of water bearing fruit in due season, with leaves that do not wither, ◆ whatever they do, it shall prosper.

Psalm 1.1-3

All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

## **New Testament Reading**

At that time Jesus said, 'I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

Matthew 11.25-end

## Responsory

To you, O Lord, I lift up my soul;

All O my God, in you I trust.

You are the God of my salvation,

All To you, O Lord, I lift up my soul.

In you I hope all the day long.

## All O my God, in you I trust.

Remember, Lord, your compassion and love, for they are from everlasting.

All To you, O Lord, I lift up my soul; O my God, in you I trust.

from Psalm 25

#### The Benedictus

# All Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

- Blessed be the Lord the God of Israel, who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour, born of the house of his servant David.
- Through his holy prophets God promised of old to save us from our enemies, from the hands of all that hate us,
- 4 To show mercy to our ancestors, and to remember his holy covenant.
- This was the oath God swore to our father Abraham: to set us free from the hands of our enemies,
- 6 Free to worship him without fear, holy and righteous in his sight all the days of our life.
- And you, child, shall be called the prophet of the Most High, for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation by the forgiveness of all their sins.
- 9 In the tender compassion of our God the dawn from on high shall break upon us,

To shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

Luke 1.68-79

- All Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.
- All Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

## **Hymn**

- 1 King of glory, King of peace, I will love thee; and that love may never cease, I will move thee. Thou hast granted my request, thou hast heard me; thou didst note my working breast, thou hast spared me.
- Wherefore with my utmost art I will sing thee, and the cream of all my heart I will bring thee. Though my sins against me cried, thou didst clear me; and alone, when they replied, thou didst hear me.
- 3 Seven whole days, not one in seven, I will praise thee; in my heart, though not in heaven, I can raise thee.

  Small it is, in this poor sort to enrol thee: e'en eternity's too short to extol thee.

George Herbert (1593-1633)

Tune: Gwalchmai, John David Jones (1827-70)

## **Prayers**

#### Intercessions are offered

- the gift of creativity
- · for poets, musicians, artists and other creative aspects of life

These responses may be used:

Lord, in your mercy (or) Lord, hear us.

All hear our prayer. All Lord, graciously hear us.

Silence may be kept.

#### **The Collect**

King of glory, king of peace, who called your servant George Herbert from the pursuit of worldly honours to be a priest in the temple of his God and king: grant us also the grace to offer ourselves with singleness of heart in humble obedience to your service; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

#### All Amen.

## The Lord's Prayer

Trusting in the compassion of God, as our Saviour taught us, so we pray

All Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.

For the kingdom, the power, and the glory are yours now and for ever.

Amen.

The choir sings Thou Knowest Lord.

Thou knowest, Lord, the secrets of our hearts; shut not thy merciful ears unto our pray'rs; but spare us, Lord most holy, O God most mighty. O holy and most merciful Saviour, thou most worthy Judge eternal, suffer us not, at our last hour, for any pains of death, to fall from thee. Amen.

Funeral Sentences from the Book of Common Prayer Music: Henry Purcell (1659-95)

#### The Conclusion

May God our Redeemer show us compassion and love.

All Amen.

Let us bless the Lord.

All Thanks be to God.

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