

☩ Morning Prayer on Tuesday

Tuesday, 8 June 2021

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Preparation

O Lord, open our lips

And our mouth shall proclaim your praise.

One or more of the following is said or sung:

a [prayer of thanksgiving \(page 109\)](#),

a suitable hymn,

or A Song of God's Righteousness

1 Bless the Lord, O my soul, [□]

and all that is within me bless his holy name.

2 Bless the Lord, O my soul, [□]

and forget not all his benefits;

3 Who forgives all your sins [□]

and heals all your infirmities;

4 Who redeems your life from the Pit [□]

and crowns you with faithful love and compassion;

5 Who satisfies you with good things, [□]

so that your youth is renewed like an eagle's.

6 The Lord executes righteousness [□]

and judgement for all who are oppressed.

7 He made his ways known to Moses [□]

and his works to the children of Israel.

8 The Lord has established his throne in heaven, [□]

and his kingdom has dominion over all.

9 Bless the Lord, you angels of his, [□]

you mighty ones who do his bidding
and hearken to the voice of his word.

10 Bless the Lord, all you his hosts, □
you ministers of his who do his will.

11 Bless the Lord, all you works of his,
in all places of his dominion; □
bless the Lord, O my soul.

Psalm 103.1-7, 19-22

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

This opening prayer may be said

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever.

All Amen.

The Word of God

Psalmody

The appointed psalmody is said.

Psalm 32

Refrain: Be glad, you righteous, and rejoice in the Lord.

1 Happy the one whose transgression is forgiven,[□]
and whose sin is covered.

2 Happy the one to whom the Lord imputes no guilt,[□]
and in whose spirit there is no guile.

3 For I held my tongue;[□]
my bones wasted away
through my groaning all the day long.

4 Your hand was heavy upon me day and night;[□]
my moisture was dried up like the drought in summer. R

5 Then I acknowledged my sin to you[□]
and my iniquity I did not hide.

6 I said, 'I will confess my transgressions to the Lord,'[□]
and you forgave the guilt of my sin.

7 Therefore let all the faithful make their prayers to you
in time of trouble;[□]
in the great water flood, it shall not reach them.

8 You are a place for me to hide in;
you preserve me from trouble;[□]
you surround me with songs of deliverance. R

9 'I will instruct you and teach you
in the way that you should go;[□]
I will guide you with my eye.

10 'Be not like horse and mule which have no understanding;[□]
whose mouths must be held with bit and bridle,
or else they will not stay near you.'

11 Great tribulations remain for the wicked,[□]
but mercy embraces those who trust in the Lord.

12 Be glad, you righteous, and rejoice in the Lord;[□]
shout for joy, all who are true of heart.

Refrain: Be glad, you righteous, and rejoice in the Lord.

Give us honest hearts, O God,

and send your kindly Spirit
to help us confess our sins
and bring us the peace of your forgiveness;
in Jesus Christ our Lord.

Psalm 36

Refrain: With you, O God, is the well of life.

1 Sin whispers to the wicked, in the depths of their heart;
there is no fear of God before their eyes.

2 They flatter themselves in their own eyes
that their abominable sin will not be found out.

3 The words of their mouth are unrighteous and full of deceit;
they have ceased to act wisely and to do good.

4 They think out mischief upon their beds
and have set themselves in no good way;
nor do they abhor that which is evil. R

5 Your love, O Lord, reaches to the heavens
and your faithfulness to the clouds.

6 Your righteousness stands like the strong mountains,
your justice like the great deep;
you, Lord, shall save both man and beast.

7 How precious is your loving mercy, O God!
All mortal flesh shall take refuge
under the shadow of your wings.

8 They shall be satisfied with the abundance of your house;
they shall drink from the river of your delights.

9 For with you is the well of life
and in your light shall we see light. R

10 O continue your loving-kindness to those who know you
and your righteousness to those who are true of heart.

11 Let not the foot of pride come against me,

nor the hand of the ungodly thrust me away.

12 There are they fallen, all who work wickedness. □

They are cast down and shall not be able to stand.

Refrain: With you, O God, is the well of life.

O God, the well of life,
make us bright with wisdom,
that we may be lightened with the knowledge of your glory
in the face of Jesus Christ our Lord.

Each psalm or group of psalms may end with

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

If there are two Scripture readings, the first may be read here, or both may be read after the canticle.

Job 14

'A mortal, born of woman, few of days and full of trouble,
comes up like a flower and withers,
flees like a shadow and does not last.

Do you fix your eyes on such a one?

Do you bring me into judgement with you?

Who can bring a clean thing out of an unclean?

No one can.

Since their days are determined,
and the number of their months is known to you,
and you have appointed the bounds that they cannot pass,

look away from them, and desist,

that they may enjoy, like labourers, their days.

'For there is hope for a tree,
if it is cut down, that it will sprout again,
and that its shoots will not cease.

Though its root grows old in the earth,

and its stump dies in the ground,
yet at the scent of water it will bud
and put forth branches like a young plant.
But mortals die, and are laid low;
humans expire, and where are they?
As waters fail from a lake,
and a river wastes away and dries up,
so mortals lie down and do not rise again;
until the heavens are no more, they will not awake
or be roused out of their sleep.
O that you would hide me in Sheol,
that you would conceal me until your wrath is past,
that you would appoint me a set time, and remember me!
If mortals die, will they live again?
All the days of my service I would wait
until my release should come.
You would call, and I would answer you;
you would long for the work of your hands.
For then you would not number my steps,
you would not keep watch over my sin;
my transgression would be sealed up in a bag,
and you would cover over my iniquity.

'But the mountain falls and crumbles away,
and the rock is removed from its place;
the waters wear away the stones;
the torrents wash away the soil of the earth;
so you destroy the hope of mortals.
You prevail for ever against them, and they pass away;
you change their countenance, and send them away.
Their children come to honour, and they do not know it;
they are brought low, and it goes unnoticed.
They feel only the pain of their own bodies,
and mourn only for themselves.'

Canticle

A Song of Peace, or another suitable canticle, for example, [number 26 \(page 577\)](#), may be said

Refrain:

All Spirit of God, teach us your ways,
that we may walk in the paths of peace.

1 Come, let us go up to the mountain of God,[□]
to the house of the God of Jacob;

2 That God may teach us his ways,[□]
and that we may walk in his paths.

3 For the law shall go out from Zion,[□]
and the word of the Lord from Jerusalem.

4 God shall judge between the nations,[□]
and shall mediate for many peoples.

5 They shall beat their swords into ploughshares,[□]
and their spears into pruning hooks.

6 Nation shall not lift up sword against nation,[□]
neither shall they learn war any more.

7 O people of Jacob, come:[□]
let us walk in the light of the Lord.

Isaiah 2.3-5

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

All Spirit of God, teach us your ways,
that we may walk in the paths of peace.

Scripture Reading

One or more readings appointed for the day are read.

The reading(s) may be followed by a time of silence.

Romans 7.7-end

What then should we say? That the law is sin? By no means! Yet, if it had not been for the law, I would not have known sin. I would not have known what it is to covet if the law had not said, 'You shall not covet.' But sin, seizing an opportunity in the commandment, produced in me all kinds of covetousness. Apart from the law sin lies dead. I was once alive apart from the law, but when the commandment came, sin revived and I died, and the very commandment that promised life proved to be death to me. For sin, seizing an opportunity in the commandment, deceived me and through it killed me. So the law is holy, and the commandment is holy and just and good.

Did what is good, then, bring death to me? By no means! It was sin, working death in me through what is good, in order that sin might be shown to be sin, and through the commandment might become sinful beyond measure.

For we know that the law is spiritual; but I am of the flesh, sold into slavery under sin. I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

So then, with my mind I am a slave to the law of God, but with my flesh I am a slave to the law of sin.

A suitable song or chant, or a responsory in this or another form, may follow

Open my eyes, O Lord

that I may see the wonders of your law.

All Open my eyes, O Lord

that I may see the wonders of your law.

Lead me in the path of your commandments

All that I may see the wonders of your law.

Glory to the Father and to the Son

and to the Holy Spirit.

All Open my eyes, O Lord

that I may see the wonders of your law.

from Psalm 119

Gospel Cantic

The Benedictus (The Song of Zechariah) is normally said,
or [The Song of Christ's Glory \(page 619\)](#) may be said

Refrain:

All I will give you shepherds after my own heart
who will feed you with knowledge and understanding.

1 Blessed be the Lord the God of Israel,[□]
who has come to his people and set them free.

2 He has raised up for us a mighty Saviour,[□]
born of the house of his servant David.

3 Through his holy prophets God promised of old[□]
to save us from our enemies,
from the hands of all that hate us,

4 To show mercy to our ancestors,[□]
and to remember his holy covenant.

5 This was the oath God swore to our father Abraham:[□]
to set us free from the hands of our enemies,

6 Free to worship him without fear,[□]
holy and righteous in his sight
all the days of our life.

7 And you, child, shall be called the prophet of the Most High,[□]
for you will go before the Lord to prepare his way,

8 To give his people knowledge of salvation[□]
by the forgiveness of all their sins.

9 In the tender compassion of our God[□]
the dawn from on high shall break upon us,

10 To shine on those who dwell in darkness and the shadow of death,[□]
and to guide our feet into the way of peace.

Luke 1.68-79

All Glory to the Father and to the Son
and to the Holy Spirit;

as it was in the beginning is now

and shall be for ever. Amen.

Refrain:

All I will give you shepherds after my own heart

who will feed you with knowledge and understanding.

Prayers

Intercessions are offered

¶ for the day and its tasks

¶ for the world and its needs

¶ for the Church and her life

Prayers may include the following concerns from the [cycle on pages 362–363](#)

¶ All who are sick in body, mind or spirit

¶ Those in the midst of famine or disaster

¶ Victims of abuse and violence, intolerance and prejudice

¶ Those who are bereaved

¶ All who work in the medical and healing professions

One of the forms of prayer found [on pages 362–371](#) may be used.

These responses may be used

Lord, in your mercy

hear our prayer

(or)

Lord, hear us.

Lord, graciously hear us.

Silence may be kept.

The Collect of the day is said

O God, from whom all blessings flow,

by whose providence we are kept

and by whose grace we are directed:

help us, through the example of your servant Thomas Ken,

faithfully to keep your word,

humbly to accept adversity
and steadfastly to worship you;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
All Amen.

The Lord's Prayer is said

As our Saviour taught us, so we pray

All Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.

(or)

Let us pray with confidence as our Saviour has taught us

All Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.

For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

The Conclusion

The Lord bless us, and preserve us from all evil,
and keep us in eternal life.
AllAmen.

Let us bless the Lord.
AllThanks be to God.

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