



Prayer During the Day on Thursday

Thursday, 19 August 2021

Preparation

O God, make speed to save us.

All

O Lord, make haste to help us.

Teach me to do what pleases you, for you are my God;

All

let your kindly spirit lead me on a level path.

Psalm 143.10

Praise

A hymn, song, canticle, extempore praise, or

Come, my Way, my Truth, my Life:

Such a Way, as gives us breath:

Such a Truth, as ends all strife:

And such a Life, as killeth death.

Come, my Light, my Feast, my Strength:

Such a Light, as shows a Feast:

Such a Feast, as mends in length:

Such a Strength, as makes his guest.

Come, my Joy, my Love, my Heart:

Such a Joy, as none can move:

Such a Love, as none can part:

Such a Heart, as joys in Love.

George Herbert (1633)

The Word of God

Psalmody

Either, on any Thursday Psalm 133

Or, Week 4 Psalm 107.1-16

Alternatively, when Morning and Evening Prayer are also celebrated, [one of these cycles](#) may be followed.

Psalm 133

Refrain: Mercy and truth are met together,
righteousness and peace have kissed each other.

- 1 Behold how good and pleasant it is [□]
to dwell together in unity.
- 2 It is like the precious oil upon the head, [□]
running down upon the beard,
- 3 Even on Aaron's beard, [□]
running down upon the collar of his clothing.
- 4 It is like the dew of Hermon [□]
running down upon the hills of Zion.
- 5 For there the Lord has promised his blessing: [□]
even life for evermore.

Refrain: Mercy and truth are met together,
righteousness and peace have kissed each other.

Grant to your people, good Lord,
the spirit of unity,
that they may dwell together in your love,
and so bear to the world
the ointment of your healing and the
dew of your blessing;
through Jesus Christ our Lord.

(or)

Psalm 107.1-16

- 1 O give thanks to the Lord, for he is gracious,
for his steadfast love endures for ever.
- 2 Let the redeemed of the Lord say this,
those he redeemed from the hand of the enemy,
- 3 And gathered out of the lands
from the east and from the west,
from the north and from the south.
- 4 Some went astray in desert wastes
and found no path to a city to dwell in.
- 5 Hungry and thirsty,
their soul was fainting within them.
- 6 So they cried to the Lord in their trouble
and he delivered them from their distress.
- 7 He set their feet on the right way
till they came to a city to dwell in.
- 8 Let them give thanks to the Lord for his goodness
and the wonders he does for his children.
- 9 For he satisfies the longing soul
and fills the hungry soul with good.
- 10 Some sat in darkness and in the shadow of death,
bound fast in misery and iron,
- 11 For they had rebelled against the words of God
and despised the counsel of the Most High.
- 12 So he bowed down their heart with heaviness;
they stumbled and there was none to help them.
- 13 Then they cried to the Lord in their trouble,
and he delivered them from their distress.
- 14 He brought them out of darkness and out of the shadow of death,
and broke their bonds asunder.

Each psalm or group of psalms may end with

All

**Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Short readings

Week Four

As you have sent me into the world, so I have sent them into the world. And for their sakes I sanctify myself, so that they also may be sanctified in truth. I ask not only on behalf of these, but also on behalf of those who will believe in me through their word, that they may all be one. As you, Father, are in me and I am in you, may they also be in us, so that the world may believe that you have sent me. The glory that you have given me I have given them, so that they may be one, as we are one, I in them and you in me, that they may become completely one, so that the world may know that you have sent me and have loved them even as you have loved me.

John 17.18-23

Or, on any Thursday

Just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one body.

1 Corinthians 12.12,13a

Response

Silence, study, song, or words from Scripture, such as

Jesus said, I am the gate for the sheep.

All

I came that they may have life, and have it abundantly.

John 10.7,10b

Prayers

Prayers may include these concerns:

- ¶ *Local government, community leaders*
- ¶ *All who provide local services*
- ¶ *Those who work with young or elderly people*
- ¶ *Schools, colleges and universities*

A form of intercession found [here](#) may be used.

Either, the following prayer is said

O gracious and holy Father,
give us wisdom to perceive you,
diligence to seek you,
patience to wait for you,
eyes to behold you,
a heart to meditate upon you,
and a life to proclaim you,
through the power of the Spirit
of Jesus Christ our Lord.

All

Amen.

Benedict of Nursia (c.550)

Or, the Collect of the day is said

O God, you declare your almighty power
most chiefly in showing mercy and pity:
mercifully grant to us such a measure of your grace,
that we, running the way of your commandments,
may receive your gracious promises,
and be made partakers of your heavenly treasure;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
All Amen.

The Lord's Prayer is said.

(Either)

As our Saviour taught us, so we pray

All

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

(or)

Let us pray with confidence as our Saviour has taught us

All

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

The Conclusion

May God kindle in us the fire of love.

All

Amen.

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