

¶     Prayer During the Day on Saturday

Saturday, 6 August 2022

The Transfiguration of our Lord

**Preparation**

O God, make speed to save us.

**O Lord, make haste to help us.**

Your love, O Lord, reaches to the heavens

**and your faithfulness to the clouds.**

*Psalm 36.5*

**Praise**

*A hymn, song, canticle, extempore praise or*

What shall I give you, Lord, in return for all your kindness?

Glory to you for your love.

Glory to you for your patience.

Glory to you for forgiving us all our sins.

Glory to you for coming to save our souls.

Glory to you for your incarnation in the virgin's womb.

Glory to you for your bonds.

Glory to you for receiving the cut of the lash.

Glory to you for accepting mockery.

Glory to you for your crucifixion.

Glory to you for your burial.

Glory to you for your resurrection.

Glory to you that you were preached to all.

Glory to you in whom they believed.

*Ephrem the Syrian (373)*

**The Word of God**

Â Â *Psalmody*

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Â Â Either, on any Saturday Psalm 63.1-8

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Â Â Or, Week 2 Psalm 131

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Â Â Alternatively, when Morning and Evening Prayer are also celebrated, [one of these cycles](#) may be followed.

Â Â Â

# Psalm 63.1-8

Refrain: My soul is athirst for God, even for the living God.

1 O God, you are my God; eagerly I seek you;

my soul is athirst for you.

2 My flesh also faints for you;

as in a dry and thirsty land where there is no water.

3 So would I gaze upon you in your holy place;

that I might behold your power and your glory.

4 Your loving-kindness is better than life itself;

and so my lips shall praise you.

5 I will bless you as long as I live;

and lift up my hands in your name.

6

My soul shall be satisfied, as with marrow and fatness;

and my mouth shall praise you with joyful lips,

7 When I remember you upon my bed;

and meditate on you in the watches of the night.

8 For you have been my helper;

and under the shadow of your wings will I rejoice.

Refrain: My soul is athirst for God, even for the living God.

To you we come, radiant Lord,

the goal of all our desiring,

beyond all earthly beauty;

gentle protector, strong deliverer,

in the night you are our confidence;

from first light be our joy;

through Jesus Christ our Lord.

9

10 (or)

11

# Psalm 131

Refrain: O Israel, trust in the Lord.

1 O Lord, my heart is not proud;  
my eyes are not raised in haughty looks.

2 I do not occupy myself with great matters,  
with things that are too high for me.

3 But I have quieted and stilled my soul,  
like a weaned child on its mother's breast;  
so my soul is quieted within me.

4 O Israel, trust in the Lord,  
from this time forth for evermore.

Refrain: O Israel, trust in the Lord.

Eternal God,  
calm and quieten our souls;  
keep us humble and full of wonder  
and trusting as we live in your love;  
through Jesus Christ our Lord.

Each psalm or group of psalms may end with

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

*Short readings*

*Week Two*

For this reason I bow my knees before the Father, from whom every family in heaven and earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.

*Ephesians 3.14-19*

Â Â Â

Â Â *Or, on any Saturday*

Â Â We look not at what can be seen but at what cannot be seen; for what can be seen is temporary, but what cannot be seen is eternal.

Â Â *2 Corinthians 4.18*

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Â Â **Response**

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Â Â *Silence, study, song, or words from Scripture, such as*

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Â Â Jesus said, I am the resurrection and the life.

All Â **Those who believe in me will never die.**

Â Â *cf John 11.25,26*

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Â Â **Prayers**

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Â Â *Prayers may include these concerns:*

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Â Â Â¶ *Our homes, families, friends and all whom we love*

Â Â Â¶ *Those whose time is spent caring for others*

Â Â Â¶ *Those who are close to death*

Â Â Â¶ *Those who have lost hope*

Â Â Â¶ *The worship of the Church*

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Â Â *A form of intercession found [here](#) may be used.*

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Â Â *Either, the following prayer is said*

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Â Â God be in my head, and in my understanding;

Â Â God be in my eyes, and in my looking;

Â Â God be in my mouth, and in my speaking;

Â Â God be in my heart, and in my thinking;

Â Â God be at mine end, and at my departing.

All Â **Amen.**

Â Â *Sarum Primer*

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Â Â *Or, the Collect of the day is said*

Â Â Â  
Father in heaven,  
whose Son Jesus Christ was wonderfully transfigured  
before chosen witnesses upon the holy mountain,  
and spoke of the exodus he would accomplish at Jerusalem:

Â Â  
give us strength so to hear his voice and bear our cross  
that in the world to come we may see him as he is;  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

AllAmen.

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Â Â *The Lord's Prayer is said.*

Â Â Â

Â Â (Either)

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Â Â As our Saviour taught us, so we pray

Â Â Â

All

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.**

Â  
**Forgive us our sins  
as we forgive those who sin against us.**

**Lead us not into temptation  
but deliver us from evil.**

**For the kingdom, the power,  
and the glory are yours  
now and for ever.**

**Amen.**

Â Â Â

Â Â (or)

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Â Â Let us pray with confidence as our Saviour has taught us

Â Â Â

All

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.**

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**And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

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Â Â **The Conclusion**

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Â Â May Christ dwell in our hearts by faith.

All Â **Amen.**

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