

☩ Morning Prayer on Thursday

Thursday, 11 August 2022

Clare of Assisi, Founder of the Minoreesses (Poor Clares), 1253 [Lesser Festival]

John Henry Newman, Priest, Tractarian, 1890 [Commemoration]

Preparation

O Lord, open our lips

And our mouth shall proclaim your praise.

[The Acclamation of Christ at the Dawning of the Day \(page 108\)](#) may replace the Preparation as the start of Morning Prayer on any occasion.

One or more of the following is said or sung:

One of these prayers of thanksgiving (page 109),

Blessed are you, Sovereign God, creator of all,

to you be glory and praise for ever.

You founded the earth in the beginning

and the heavens are the work of your hands.

In the fullness of time you made us in your image,

and in these last days you have spoken to us

in your Son Jesus Christ, the Word made flesh.

As we rejoice in the gift of your presence among us

let the light of your love always shine in our hearts,

your Spirit ever renew our lives

and your praises ever be on our lips.

Blessed be God, Father, Son and Holy Spirit.

All Blessed be God for ever.

(or)

Blessed are you, creator of all,

to you be praise and glory for ever.

As your dawn renews the face of the earth

bringing light and life to all creation,

may we rejoice in this day you have made;
as we wake refreshed from the depths of sleep,
open our eyes to behold your presence
and strengthen our hands to do your will,
that the world may rejoice and give you praise.
Blessed be God, Father, Son and Holy Spirit.
All Blessed be God for ever.

after Lancelot Andrewes (1626)

or a suitable hymn,

or A Song of God's Blessing

1 God be gracious to us and bless us â€¦;
and make his face to shine upon us,

2 That your way may be known upon earth, â€¦;
your saving power among all nations.

3 Let the peoples praise you, O God; â€¦;
let all the peoples praise you.

4 O let the nations rejoice and be glad, â€¦;
for you will judge the peoples righteously
and govern the nations upon earth.

5 Let the peoples praise you, O God; â€¦;
let all the peoples praise you.

6 Then shall the earth bring forth her increase, â€¦;
and God, our own God, will bless us.

7 God will bless us, â€¦;
and all the ends of the earth shall fear him.

Psalm 67

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

This opening prayer may be said

The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,
so may the light of your presence, O God,
set our hearts on fire with love for you;
now and for ever.
All Amen.

The Word of God

Psalmody

The appointed psalmody is said.

Psalm 37*

Refrain: The salvation of the righteous comes from the Lord.

1 Fret not because of evildoers;Â â€!
be not jealous of those who do wrong.

2 For they shall soon wither like grassÂ â€!
and like the green herb fade away.

3 Trust in the Lord and be doing good;Â â€!
dwell in the land and be nourished with truth.

4 Let your delight be in the LordÂ â€!
and he will give you your heartâ€™s desire.

5 Commit your way to the Lord and put your trust in him,Â â€!
and he will bring it to pass.

6 He will make your righteousness as clear as the lightÂ â€!
and your just dealing as the noonday.Â R

7 Be still before the Lord and wait for him;Â â€!
do not fret over those that prosper
as they follow their evil schemes.

8 Refrain from anger and abandon wrath;â

do not fret, lest you be moved to do evil.

9 For evildoers shall be cut off,â

but those who wait upon the Lord shall possess the land.

10 Yet a little while and the wicked shall be no more;â

you will search for their place and find them gone.

11 But the lowly shall possess the landâ

and shall delight in abundance of peace.â R

12 The wicked plot against the righteousâ

and gnash at them with their teeth.

13 The Lord shall laugh at the wicked,â

for he sees that their day is coming.

14 The wicked draw their sword and bend their bow

to strike down the poor and needy,â

to slaughter those who walk in truth.

15 Their sword shall go through their own heartâ

and their bows shall be broken.

16 The little that the righteous haveâ

is better than great riches of the wicked.

17 For the arms of the wicked shall be broken,â

but the Lord upholds the righteous.â R

18 The Lord knows the days of the godly,â

and their inheritance shall stand for ever.

19 They shall not be put to shame in the perilous time,â

and in days of famine they shall have enough.

20 But the wicked shall perish;

like the glory of the meadows

the enemies of the Lord shall vanish;â

they shall vanish like smoke.

21 The wicked borrow and do not repay,â

but the righteous are generous in giving.

22 For those who are blest by God shall possess the land,Â â!;
but those who are cursed by him shall be rooted out.Â R

23 When your steps are guided by the LordÂ â!
and you delight in his way,

24 Though you stumble, you shall not fall headlong,Â â!
for the Lord holds you fast by the hand.

25 I have been young and now am old,Â â!
yet never have I seen the righteous forsaken,
or their children begging their bread.

26 All the day long they are generous in lending,Â â!
and their children also shall be blest.Â R

27 Depart from evil and do goodÂ â!
and you shall abide for ever.

28 For the Lord loves the thing that is rightÂ â!
and will not forsake his faithful ones.

29 The unjust shall be destroyed for ever,Â â!
and the offspring of the wicked shall be rooted out.

30 The righteous shall possess the landÂ â!
and dwell in it for ever.Â R

31 The mouth of the righteous utters wisdom,Â â!
and their tongue speaks the thing that is right.

32 The law of their God is in their heartÂ â!
and their footsteps shall not slide.

33 The wicked spy on the righteousÂ â!
and seek occasion to slay them.

34 The Lord will not leave them in their hand,Â â!
nor let them be condemned when they are judged.Â R

35 Wait upon the Lord and keep his way;Â â!
he will raise you up to possess the land,
and when the wicked are uprooted, you shall see it.

36 I myself have seen the wicked in great power
and flourishing like a tree in full leaf.

37 I went by and lo, they were gone;
I sought them, but they could nowhere be found.

38 Keep innocence and heed the thing that is right,
for that will bring you peace at the last. R

39 But the sinners shall perish together,
and the posterity of the wicked shall be rooted out.

40 The salvation of the righteous comes from the Lord;
he is their stronghold in the time of trouble.

41 The Lord shall stand by them and deliver them;
he shall deliver them from the wicked and shall save them,
because they have put their trust in him.

Refrain: The salvation of the righteous comes from the Lord.

Blessed and holy God,
ever merciful and forgiving,
may we turn from what is evil
and do what is good in your sight,
for you have saved us by the cross of your Son,
our Saviour Jesus Christ.

Each psalm or group of psalms may end with

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

If there are two Scripture readings, the first may be read here, or both may be read after the canticle.

1 Samuel 17.1-30

Now the Philistines gathered their armies for battle; they were gathered at Socoh, which belongs to Judah, and encamped between Socoh and Azekah, in Ephesdammim. Saul and the Israelites gathered and encamped in the valley of Elah, and formed ranks against the Philistines. The Philistines stood on the mountain on one side, and Israel stood on the mountain on the other side, with a valley between them. And there came out from the camp of the Philistines a champion named Goliath, of Gath, whose height was six cubits and a span. He had a helmet of bronze on his head, and he was armoured with a coat of mail; the weight of the coat

was five thousand shekels of bronze. He had greaves of bronze on his legs and a javelin of bronze slung between his shoulders. The shaft of his spear was like a weaver's beam, and his spear's head weighed six hundred shekels of iron; and his shield-bearer went before him. He stood and shouted to the ranks of Israel, "Why have you come out to draw up for battle? Am I not a Philistine, and are you not servants of Saul? Choose a man for yourselves, and let him come down to me. If he is able to fight with me and kill me, then we will be your servants; but if I prevail against him and kill him, then you shall be our servants and serve us." And the Philistine said, "Today I defy the ranks of Israel! Give me a man, that we may fight together." When Saul and all Israel heard these words of the Philistine, they were dismayed and greatly afraid.

Now David was the son of an Ephrathite of Bethlehem in Judah, named Jesse, who had eight sons. In the days of Saul the man was already old and advanced in years. The three eldest sons of Jesse had followed Saul to the battle; the names of his three sons who went to the battle were Eliab the firstborn, and next to him Abinadab, and the third Shammah. David was the youngest; the three eldest followed Saul, but David went back and forth from Saul to feed his father's sheep at Bethlehem. For forty days the Philistine came forward and took his stand, morning and evening.

Jesse said to his son David, "Take for your brothers an ephah of this parched grain and these ten loaves, and carry them quickly to the camp to your brothers; also take these ten cheeses to the commander of their thousand. See how your brothers fare, and bring some token from them."

Now Saul, and they, and all the men of Israel, were in the valley of Elah, fighting with the Philistines. David rose early in the morning, left someone in charge of the sheep, took the provisions, and went as Jesse had commanded him. He came to the encampment as the army was going forth to the battle line, shouting the war cry. Israel and the Philistines drew up for battle, army against army. David left the things in charge of the keeper of the baggage, ran to the ranks, and went and greeted his brothers. As he talked with them, the champion, the Philistine of Gath, Goliath by name, came up out of the ranks of the Philistines, and spoke the same words as before. And David heard him.

All the Israelites, when they saw the man, fled from him and were very much afraid. The Israelites said, "Have you seen this man who has come up? Surely he has come up to defy Israel. The king will greatly enrich the man who kills him, and will give him his daughter and make his family free in Israel." David said to the men who stood by him, "What shall be done for the man who kills this Philistine, and takes away the reproach from Israel? For who is this uncircumcised Philistine that he should defy the armies of the living God?" The people answered him in the same way, "So shall it be done for the man who kills him."

His eldest brother Eliab heard him talking to the men; and Eliab's anger was kindled against David. He said, "Why have you come down? With whom have you left those few sheep in the wilderness? I know your presumption and the evil of your heart; for you have come down just to see the battle." David said, "What have I done now? It was only a question." He turned away from him towards another and spoke in the same way; and the people answered him again as before.

Canticle

A Song of the Covenant, or another suitable canticle, for example, [number 44 \(page 596\)](#), may be said

Refrain:

All have given you as a light to the nations,
and I have called you in righteousness.

1 Thus says God, who created the heavens, "I
who fashioned the earth and all that dwells in it;

2Who gives breath to the people upon it

and spirit to those who walk in it,

3 I am the Lord and I have called you in righteousness;

I have taken you by the hand and kept you;

4 I have given you as a covenant to the people,

a light to the nations, to open the eyes that are blind,

5 To bring out the captives from the dungeon,

from the prison, those who sit in darkness.

6 I am the Lord, that is my name;

my glory I give to no other.

Isaiah 42.5-8a

All Glory to the Father and to the Son

and to the Holy Spirit;

as it was in the beginning is now

and shall be for ever. Amen.

All I have given you as a light to the nations,

and I have called you in righteousness.

Scripture Reading

One or more readings appointed for the day are read.

The reading(s) may be followed by a time of silence.

Luke 23.56b-24.12

On the sabbath the women rested according to the commandment.

But on the first day of the week, at early dawn, they came to the tomb, taking the spices that they had prepared. They found the stone rolled away from the tomb, but when they went in, they did not find the body. While they were perplexed about this, suddenly two men in dazzling clothes stood beside them. The women were terrified and bowed their faces to the ground, but the men said to them, "Why do you look for the living among the dead? He is not here, but has risen.

Remember how he told you, while he was still in Galilee, that the Son of Man must be handed over to sinners, and be crucified, and on the third day rise again."

Then they remembered his words, and returning from the tomb, they told all this to the eleven and to all the rest. Now it was Mary Magdalene, Joanna, Mary the mother of James, and the other women with them who told this to the apostles. But these words seemed to them an idle tale, and they did not believe them. But Peter got up and ran to the tomb; stooping and looking in, he saw the linen cloths by themselves; then he went home, amazed at what had happened.

A suitable song or chant, or a responsory in this or another form, may follow

Fear not, for I have redeemed you.

I have called you by name; you are mine.

All Fear not, for I have redeemed you.

I have called you by name; you are mine.

When you pass through the waters, I will be with you.

When you walk through fire, you shall not be burned.

All I have called you by name; you are mine.

Glory to the Father and to the Son

and to the Holy Spirit.

All Fear not, for I have redeemed you.

I have called you by name; you are mine.

from Isaiah 43

Gospel Cantic

The Benedictus (The Song of Zechariah) is normally said,

or [Gloria in Excelsis \(A Song of God's Glory\) \(page 635\)](#) may be said

Refrain:

All They who wait upon the Lord shall renew their strength;

they shall mount up with wings as an eagle.

1 Blessed be the Lord the God of Israel, â€œ

who has come to his people and set them free.

2 He has raised up for us a mighty Saviour, â€œ

born of the house of his servant David.

3 Through his holy prophets God promised of old â€œ

to save us from our enemies,

from the hands of all that hate us,

4 To show mercy to our ancestors, â€œ

and to remember his holy covenant.

5 This was the oath God swore to our father Abraham: â€œ

to set us free from the hands of our enemies,

6 Free to worship him without fear, â€œ

holy and righteous in his sight

all the days of our life.

7And you, child, shall be called the prophet of the Most High, â€¦

for you will go before the Lord to prepare his way,

8To give his people knowledge of salvation â€¦

by the forgiveness of all their sins.

9In the tender compassion of our God â€¦

the dawn from on high shall break upon us,

10To shine on those who dwell in darkness and the shadow of death, â€¦

and to guide our feet into the way of peace.

Luke 1.68-79

AllGlory to the Father and to the Son

and to the Holy Spirit;

as it was in the beginning is now

and shall be for ever. Amen.

Refrain:

AllThey who wait upon the Lord shall renew their strength;

they shall mount up with wings as an eagle.

Prayers

Intercessions are offered

Â¶ for the day and its tasks

Â¶ for the world and its needs

Â¶ for the Church and her life

Prayers may include the following concerns from the [cycle on pages 362â€¦363](#)

Â¶ Local government, community leaders

Â¶ All who provide local services

Â¶ Those who work with young or elderly people

Â¶ Schools, colleges and universities

Â¶ Emergency and rescue organizations

One of the forms of prayer found [on pages 362â€¦371](#) may be used.

These responses may be used

Lord, in your mercy

hear our prayer

(or)

Lord, hear us.

Lord, graciously hear us.

Silence may be kept.

The Collect of the day is said

God of peace,

who in the poverty of the blessed Clare

gave us a clear light to shine in the darkness of this world:

give us grace so to follow in her footsteps

that we may, at the last, rejoice with her in your eternal glory;

through Jesus Christ your Son our Lord,

who is alive and reigns with you,

in the unity of the Holy Spirit,

one God, now and for ever.

All Amen.

The Lord's Prayer is said

As our Saviour taught us, so we pray

All Our Father in heaven,

hallowed be your name,

your kingdom come,

your will be done,

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Lead us not into temptation

but deliver us from evil.

For the kingdom, the power,

and the glory are yours

now and for ever.

Amen.

(or)

Let us pray with confidence as our Saviour has taught us

All Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come;

thy will be done;

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation;

but deliver us from evil.

For thine is the kingdom,

the power and the glory,

for ever and ever.

Amen.

The Conclusion

The Lord bless us, and preserve us from all evil,

and keep us in eternal life.

All Amen.

Let us bless the Lord.

All Thanks be to God.

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