

## **Zoom Eco-Synod Top Ten Tips**

**April 2021**

### Eco General Synod

In response to the biblical commission to care for each other and creation, the Church of England is encouraging congregations to think and act in a sustainable way.

At General Synod we wish to lead by example. As such we are seeking to promote 'Eco Synod'; collective and individual actions that reflect our commitment to creation care.

We acknowledge, that for various reasons, it is not possible for everyone to commit to all of these actions. As such, we encourage you to attempt to stick to at least five of them, remembering that all action creates change.

### Top Ten Tips for a Zoom Synod

1. Switch your document preferences from paper to online.
2. Don't keep your camera switched on throughout the Sessions. Switching it off reduces carbon, water and land footprints by 96%.
3. Stream content in standard rather than high-definition format.
4. Participate in one meat free day or meal.
5. Take short showers and turn off taps.
6. Pray twice a day.
7. Turn heating down and wear warmer clothes.
8. Recycle all paper that you don't need.
9. Use an online tool to calculate and offset your carbon footprint.
10. Begin a dialogue in your home dioceses, parishes and Churches about becoming more eco-friendly.