



Archbishops' Commission on Families and Households

FOR USE WITH AGE GROUPS 16+

This is a sample session. Please feel free to adapt it to suit the needs and make up of your group. It might be easier for one person to lead the session, while another jots down notes or observations

INTRODUCTION AND BACKGROUND TO THE SESSION

Adapt this 'script' to suit your group:

The Archbishops of Canterbury and York are senior leaders in the Church of England. They want to know what helps families and households to live well today.

They have asked a group of people (called Commissioners) to help them find out. The Commissioners have already heard from a number of people, but now they want to test out what they've heard with you and hear your ideas.

There are no right or wrong answers, the Commissioners want to hear what you really think.

OPTIONAL STARTER

Preparation: Gather newspapers and magazines, sheets of A3 paper, pens, glue and scissors.

Working in 2s or 3s, ask your group to create Mood Boards that answer the question:

'What is a family?'

Ask permission to photograph the Mood Boards (ensuring that no attributable data is captured) for submission to the Commission.

Extension: Invite the group to comment on their choices of words and images. Respect their freedom to share or not to share.

Jot down some of the questions or themes from the discussion for submission to the Commission.





CORE ACTIVITY 1

Preparation: Print or write these quotes on large pieces of paper and place them around your meeting area. Have sets of different coloured sticky dots for each participant.

Introduction: The following are quotes which the Commission have heard about family relationships.

Give each participant 6 sticky dots, 3 in each of 2 colours. Invite them to move around and add their dots to the statements using colour A to agree, colour B to disagree. They do not have to use all their dots, and they can vote more than once for a statement.

Quotes

- a. A family is a group of one or two parents and their children who share love, help and support each other.
- b. There are lots of different kinds of families.
- c. A family is where you feel safe and loved.
- d. You can have more than one family.
- e. A family is a group of people connected by love.
- f. Best friends can be like family.
- g. Family doesn't have to include people who are married.

Extension: Invite the group to discuss or comment on the statements that got the most positive votes and the most negative votes.

Record how many positive and negative votes are given for each statement, along with any key comments or themes that come from the discussion.

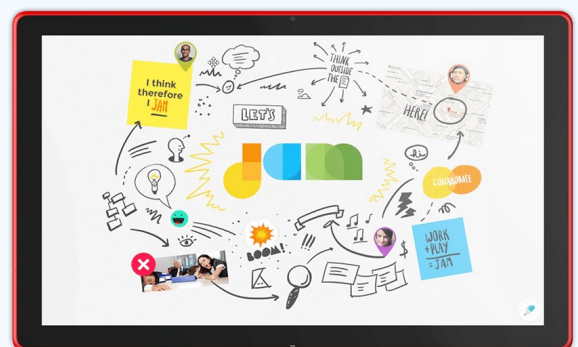
CORE ACTIVITY 2

Create a [Jamboard](#) (or similar) entitled

'What the church needs to know about families.'

and invite the group to contribute to it.

Either download or screenshot the completed board for submission to the Commissioners.





OPTIONAL ACTIVITY

Invite the group to discuss what influences their understanding of family life (e.g. social media, TV soaps, reality shows, personal experience, parents, biblical teaching).

Note down any key comments or thoughts for submission to the Commission.



OPTIONAL ACTIVITY

Preparation: Create a [Slido](#), [Mentimeter](#) (or similar) with the question,

‘What are the challenges for young people in developing romantic relationships?’

as an open text option. Enable the option for multiple entries.

Invite the group to access Slido/Mentimeter and enter up to five answers to the question.

Download or screenshot the resulting text for submission to the Commission.





A family is a group of one or two parents and their children who share love, help and support each other.



**There are lots of different kinds
of families.**



**A family is where you feel safe
and loved.**



**You can have more than
one family**



**A family is a group of people
connected by love.**



Best friends can be like family.



**Family doesn't have to include
people who are married.**